



Scott+Dibben Chemist

Back to School with ease

16th January - 18th February 2024



Your back-to-school basics sorted

As the school holidays wrap up, you might find yourself going through your to do list with some angst. We are here to support you and make the transition to routine as stress free as possible for both kids and parents preparing for a return to the classroom. Explore our wide range of products and start the school year with confidence and good health.

\$26.98

Moov HEAD Lice SOLUTION
KILLS HEAD LICE & EGGS QUICKLY

500mL

\$11.48

PHARMACY MEDICINE
KEEP OUT OF REACH OF CHILDREN

Vermox[®] ORANGE TABLETS
Mebendazole 100 mg one tablet - once!

KILLS WORMS

6 ORANGE FLAVOURED TABLETS
TREATMENTS FOR THREADWORM

6 Tablets[^]

\$19.98 each
SAVE \$9.97*

INNER HEALTH 3-in-1 PROBIOTIC GUMMIES
NATURAL BERRY FLAVOUR

INNER HEALTH KIDS 3-in-1 PROBIOTIC GUMMIES
NATURAL ORANGE FLAVOUR

50 Pack 50 Pack

\$11.48 each
SAVE \$5.47*

Hydravite
Apple Backsweetened Effervescent Electrolyte Tablets

20 Tablets

\$9.98

PHARMACY MEDICINE
KEEP OUT OF REACH OF CHILDREN

Children's Paracetamol Pain & Fever Suspension 1-5 Years

Paracetamol 24 mg/mL

200 mL

200mL[^]

\$17.48

PHARMACY MEDICINE
KEEP OUT OF REACH OF CHILDREN

NUROFEN FOR CHILDREN
IBUPROFEN 200mg/5mL

50mL

50mL[^]

LifeClub[™]

SHOP & SAVE

Receive a **\$5 voucher!**

Member-exclusive offer
Not a member? Join today.

Simply spend \$40 or more and scan your LifeClub card today!**

Always read the label and follow the directions for use. [^]Always read the label and follow the directions for use. Incorrect use could be harmful. *Saving claims are based on the supplier Recommended Retail Price. While stock lasts. Not all products stocked in all participating pharmacies. Excludes prescriptions. Offer is valid from 16th January - 18th February 2024. **Terms and Conditions apply. Excludes prescriptions. Offer valid 16th January - 18th February 2024. Spend \$40 or more in one transaction on non-prescription items to receive a \$5 LifeClub voucher, redeemable on your next purchase greater than \$10. Voucher is valid till 29/02/2024. Voucher is not transferable and cannot be used in conjunction with any other offer. Normal LifeClub conditions apply. See in store for full terms and conditions.

When illness happens, we have you covered

If you are needing to stay home from work to care for your child when they are ill or injured, remember that our Pharmacists can provide Absence from Work Certificates for sick leave or carers leave. Conditions do apply and if the illness or injury is outside a Pharmacist's scope to assess, they will refer you to a Doctor or other relevant healthcare professional. Simply speak to our Pharmacist and make sure you utilise this convenient service when necessary.



Pain & fever

\$14.98

200mL[^]

\$12.98 each

200mL[^]

\$12.98 each

200mL[^]

\$59.98

SAVE \$15.97*

\$9.48

25g

\$8.98

50g

BACK TO SCHOOL CHECKLIST

+ Parent's Tool Kit

- Head Lice Treatment & Comb
- Plasters
- Immunity Supplements
- Pain Relief
- Rehydration Solution (such as ice blocks)

✎ Stationery

- Coloured Pencils
- Pencil Sharpener
- Pencil Case
- Grey Lead Pencils
- Glue Stick

🎒 School Bag Supplies

- Hat
- Lunchbox
- Water Bottle
- Hand Wipes & Sanitiser
- SPF 50+ Sunscreen

Afternoon Re-Hydration Station

Create a bit of fun for hot sweaty days after school. Keep a few different flavours of effervescent tablets on hand and set up a rehydration station for your kids to choose their flavour of the day!



\$8.98 each

SAVE \$2.51*

20 Tablets

\$11.48 each

SAVE \$5.47*

20 Tablets

20 Tablets

20 Tablets

Scan the QR code to view the full checklist.



60mL

60mL

\$2.98 each

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Back to school, back to you

Finding the right balance between an overflowing to-do-list and self-care, can feel like just another thing to add to the load. While you're in the midst of organising school uniforms, lunch boxes and so much more, it can be easy to forget about your own wellbeing. Our friendly and knowledgeable Pharmacists are here to support your wellbeing and health needs to help you take care of yourself while embracing the back-to-school journey. We can also make it easier to order your medicines on-the-go with our handy pharmacy app. Speak to us today for your wellbeing needs.



VALUE PACK
Ural \$27.98
DAILY SUPPLEMENT
SAVE \$6.97*
HIGH STRENGTH
CRANBERRY
60,000mg
Vaccinium
macrocarpon (fresh) 60g
ONE A DAY:
• HELPS REDUCE THE OCCURRENCE OF MEDICALLY DIAGNOSED CYSTITIS.
• SUPPORTS URINARY TRACT HEALTH.
90 SOFT GEL CAPSULES
AUST L 13082

90 Capsules

\$34.98
SAVE \$30.01*
BLACKMORES
EXECUTIVE B
STRESS FORMULA

160 Tablets

\$21.98
Centrum
ADVANCE
ADULTS
Supports energy, immunity,
muscle function + healthy skin
100 Film Coated Tablets
MULTIVITAMIN & MINERAL DAILY SUPPLEMENT

100 Tablets

ASK YOUR PHARMACIST
PHARMACIST ONLY MEDICINE
KEEP OUT OF REACH OF CHILDREN
Fleurstat
BVgel
45g NET
with 120 (revised) live organisms
For vaginal use only
Contains no live organisms
Resistant to antibiotics
45g
Ask your pharmacist about this product.

PHARMACY MEDICINE
KEEP OUT OF REACH OF CHILDREN
Maltofer Tablets \$24.98
Iron polymaltose 370mg EQUIVALENT TO 100mg OF ELEMENTAL IRON PER TABLET
Oral Iron
Favourable tolerability
Special formula with supplements
30 TABLETS
AUST R 121203

30 Tablets

\$33.48
SAVE \$14.47*
INNERHEALTH
PLUS KIDS
DAILY DEFENCE
60g
Everyday general & immune health
Natural laboratory derived
60g POWDER / 1-2 DOSES A DAY

60g

TIP!

Whilst the big kids are in school, take the opportunity to pop in and grab the essentials for the whole family - from the little humans to the parents! We hope you can also take the opportunity to have some well-deserved down time to rest and reset. Take care amongst the busyness and ask for help when you need it. And remember, our Pharmacists and Pharmacy team are always here to help.



Did you know SB Floractiv is suitable for children?

Probiotic support that helps reduce the occurrence of symptoms of traveller's diarrhoea, and relieves diarrhoea in children and adults.

\$33.48
SAVE \$14.47*
INNERHEALTH
PLUS BABY & KIDS
60g
POWDER / 1-2 DOSES A DAY

60g

\$32.98 each
SAVE \$2.62*
Novalac
Colic
0-12
800g²

800g²

PHARMACY MEDICINE
KEEP OUT OF REACH OF CHILDREN
Chemists' Own \$4.98
Children's Pain & Fever
1 Month - 2 Years
Paracetamol 100 mg/mL
For effective temporary relief of fever and pain
✓ Cherry vanilla flavour
✓ Sugar and Colour free
✓ Alcohol free
One dosing device included
20 mL[^]
ORAL LIQUID
AUST R 121203

20mL[^]

Bonjela can now only be purchased from a pharmacy. You can find it in the Baby section!



PHARMACY MEDICINE
KEEP OUT OF REACH OF CHILDREN
bonjela \$8.98
Mouth Ulcer & Teething Gel
Choline salicylate 87mg/g
15g
AUST R 121203

15g

\$29.98
BioCeuticals
SB Floractiv
Saccharomyces cerevisiae (boulardii) 250 mg (5 billion CFU)
30 Capsules
ASK YOUR PHARMACIST
Vegan PRACTITIONER ONLY

30 Capsules

Always read the label and follow the directions for use. [^]Always read the label and follow the directions for use. Incorrect use could be harmful. ²Breast milk is best for babies. *Saving claims are based on the supplier Recommended Retail Price. While stock lasts. Not all products stocked in all participating pharmacies. Excludes prescriptions. Offer is valid from 16th January - 18th February 2024.

Kick start the new year

by looking after your

Heart

Health

easyclinic



If you're living with cardiovascular disease, high blood pressure, or high cholesterol, we want to share with you some simple, empowering tips, where you can make small changes that can have a big overall impact on your heart health and quality of life.

Pick up your FREE heart health booklet in-store today!



Speak to us today about monitoring your blood pressure in-store or at home.

Support your heart

When taking certain cholesterol lowering medications, your natural levels of CoQ10 can be lowered¹ and our bodies need CoQ10 for energy, and maintenance of heart health. A CoQ10 supplement might help energy levels and can support a healthy cardiovascular system.

Omega-3s are essential for a healthy heart and they are found in some of the foods we eat. Omega-3s can help to lower triglyceride levels and the Heart Foundation recommends 2-3 serves of fish per week as part of a healthy heart diet². You might benefit from a supplement to support your diet if you aren't getting the recommended Omega-3 levels.

Talk to your Pharmacist to see if a CoQ10 or an Omega-3 boost is right for you.

OMRON
Automatic Blood Pressure Monitor
HEM-7144T

\$109
SAVE \$58^{95*}

connect
amazon
Bluetooth
IntelliSense
CLINICALLY VALIDATED CE 0197
All for Healthcare

INCLUDES STORAGE CASE

IDEAL FOR BASIC MEASUREMENTS

Hem-7144T

Take the leap and start your smoke-and-vape-free journey today!

When you stop smoking, your risk of heart attack and stroke decreases almost straight away.³

KEEP OUT OF REACH OF CHILDREN

nicorette QuickMist
nicotine 1mg spray

mouthspray

freshmint

for fast nicotine craving relief

150 Sprays

\$32.98
SAVE \$12^{02*}

KEEP OUT OF REACH OF CHILDREN

Nicabate

CLEAR 21mg PATCH

CONTINUOUS RELEASE

STEP 1
SMOKERS OF 10 OR MORE A DAY

21mg

24 HOUR STOP SMOKING AID

14 CLEAR PATCHES 2 WEEK KIT

EACH 24 HOUR PATCH CONTAINS 14mg OF NICOTINE TRANSDERMAL DELIVERY SYSTEM

14 Clear Patches

\$44.98
SAVE \$5^{02*}



1. Deichmann R, Lavie C, Andrews S. Coenzyme q10 and statin-induced mitochondrial dysfunction. Ochsner J. 2010 Spring;10(1):16-21. PMID: 21603349; PMCID: PMC3096178. 2. [https://www.heartfoundation.org.au/Bundles/Healthy-Living-and-Eating/Keeping-your-heart-healthy](https://www.heartfoundation.org.au/getmedia/4adbe011-d9a-4777-8a99-d66365e27cb1/Consumer_QA_Fish_Omega3_Cardiovascular_Health.pdf). Always read the label and follow the directions for use. *Saving claims are based on the supplier Recommended Retail Price. While stock lasts. Not all products stocked in all participating pharmacies. Excludes prescriptions. Offer is valid from 16th January - 18th February 2024.



Give your gut some love

Have you overindulged during the holiday break?

With the festive season behind us, we know that can leave some of us feeling less than our best, after a season of overindulgence! Now is a great time to give your gut and overall wellbeing some love. A good place to start is with healthy food habits - focusing on incorporating nutritious, unprocessed foods rich in fibre, healthy fats, wholegrains, vitamins and minerals. Check out the heart-healthy recipes at the HeartFoundation.org.au for some tips.

If you're suffering from tummy complaints in the new year, come see us in store - there's a **Chemists' Own** for every gut upset.



Chemists' Own®

Effective Digestive relief at a great value price



100mL



200 Tablets



30 Sachets



14 Tablets



20 Capsules

The use of the name "Chemists' Own" does not constitute or imply endorsement or recommendation of the Chemists' Own products or brand by pharmacists. Chemists' Own® is a registered trade mark of Arrow Pharmaceuticals Pty Ltd.

Trust the brand chemists call their own

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Ask our Pharmacist about monitoring your Blood Pressure today!



Recharge this new year

As the new year kicks off, it's a good time to review your current vitamin and supplement regime and decide whether an adjustment might be needed to complement your new year health goals.

From understanding what types of vitamins are beneficial for your overall well-being to determining when or how they should be taken—our team is here to help you choose the right vitamins and supplements tailored to your new year wellness resolution.



TIP!

Do a clean-out of your medicine cabinet and dispose of any out-of-date vitamins and supplements. You can bring them in to us at the pharmacy for disposal.

Quality sleep

Sleep enables virtually all systems of the body to function effectively¹. It sharpens thinking and memory, strengthens physical health, and boosts mood and emotional regulation.



50 Tablets



60 Capsules



60 Capsules



200 Tablets



60 Tablets



30 Tablets

Ask your pharmacist about this product.



360g

Unwind

Managing stress is one of the best things you can do for your health and quality of life. It's worth finding healthy ways to reduce stress that work for you, such as meditation or mindfulness. You could try a meditation app such as Headspace, or try mini-mindfulness activities, such as mindful walking or drinking a cup of tea mindfully.



60 Tablets



100 Tablets

¹ <https://www.ninds.nih.gov/health-information/public-education/brain-basics/brain-basics-understanding-sleep>. Always read the label and follow the directions for use. *Saving claims are based on the supplier Recommended Retail Price. While stock lasts. Not all products stocked in all participating pharmacies. Excludes prescriptions. Offer is valid from 16th January - 18th February 2024.

Easy wins for managing your pain

Medicines for relief from pain, inflammation and fever come in a variety of forms. Some pain relievers help with a range of pain relief needs, while others are designed to be more suited to specific pain needs, so it is recommended to talk with your Pharmacist if you aren't sure about the best option for you.



Dissolves in water for fast effective pain relief, at an affordable price.



Contains ibuprofen for relief from pain, inflammation and fever.



Contains paracetamol with caffeine, plus Optizorb technology for fast effective relief from pain and fever.



Dual action formula combining paracetamol with ibuprofen.



Natural support for joint pain

Traditionally, turmeric in Western herbal medicine eases mild joint pain and inflammation, which **Cenovis® Turmeric 3100** also provides.



Chemists' Own Provance Joint Health maintains joint health, supports flexibility, and relieves mild joint pain and symptoms of mild osteoarthritis.



The Vital V's



Helps energy production and supports red blood cell production.



Assists in the breakdown of dietary fat and glucose.



24 Capsules Ask your pharmacist about this product.

Helps to maintain retina and macula health as you age as well as support healthy eyesight and vision.



150 Tablets



120 Tablets



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Simply spend \$40 or more and scan your LifeClub card.** Not a member? Join today.



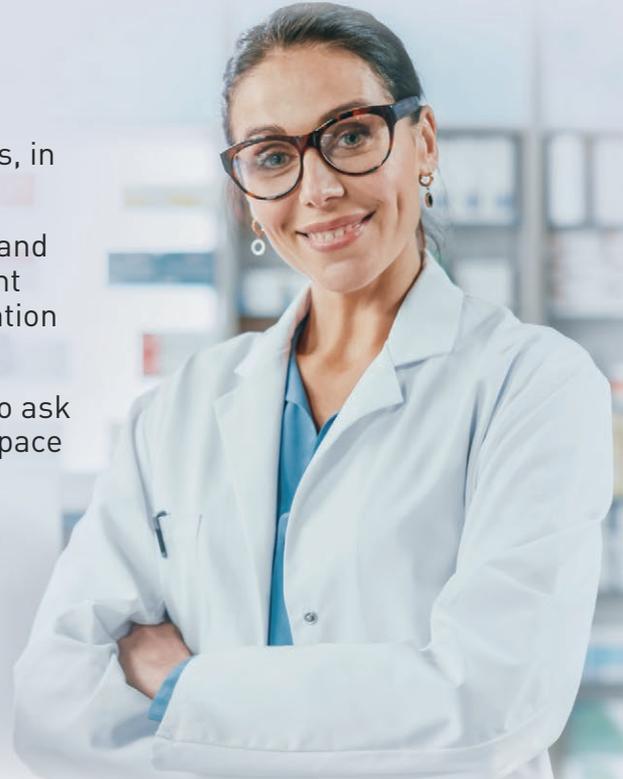
Scott+Dibben Chemist

Discover Our Services!

We provide a comprehensive suite of clinic services, in the comfort and convenience of our pharmacy.

The clinic services available include: vaccinations and travel vaccinations, Pharmacist providing treatment for women's health, sick leave certificates, medication reviews, and more.

Our services continue to expand in 2024. Be sure to ask us in-store for services available, and watch this space for continued expansion.



Speak to our friendly team about the extensive range of services we offer.



Mark & Jason
Your local Pharmacists

The team at Scott+Dibben Chemist can assist with:

- At-home or in-Pharmacy medication reviews
- Weight management advice
- Blood pressure monitoring
- Diabetes management
- Quit smoking support
- Vaccinations

Speak to our professional and caring Pharmacists today about your health care concerns or simply just to have a chat about your health.

OPEN
7 DAYS

Shop FH2, Lower Level, Westfield Kotara
Phone 4957 5287 **Email** office@scottdibben.com

See our website for opening hours
www.scottdibbenchemist.com.au

 [/ScottDibbenChemist/](https://www.facebook.com/ScottDibbenChemist/)

We acknowledge the Traditional Custodians of the Awabakal land on which this Pharmacy stands.
We acknowledge Elders past, present and emerging.