



Speaking up for your child



About this guide



This guide helps parents and carers speak up when their child is not treated fairly.



Sometimes you need to **advocate** for your child. To advocate means helping them by speaking up.



It can be hard to know what to say or how to advocate.



Here are some tips to help you advocate.

Tips to advocate

1



Think about the problem:

- What is wrong
- How it makes your child feel
- Who can fix it
- How it should be fixed

2



Talk to the person who can fix the problem. Ask them for a meeting so you can talk about it more.

3



It is important that you are ready for this meeting. Think about what you want to say.

4



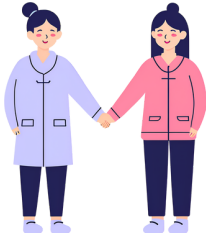
Learn the rules that protect your child. These are called **rights**. Knowing them can make your points stronger.

5



You can ask other parents for advice. Joining the Kiind Families Facebook group can help.

6



Bring support to the meeting. Take someone with you like a:

- Friend
- Family member
- Advocate

An advocate is a worker who can help you speak up.

6



Stay calm during the meeting. This will make people listen to you more.

7



Take notes during the meeting. Write down:

- The date of the meeting
- Who went to the meeting
- What you talked about
- How the problem was solved
- What will happen after the meeting

Want to know more?



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