

# Complex Care

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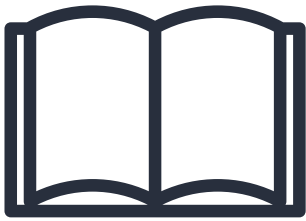


**Easy English**

# About this book



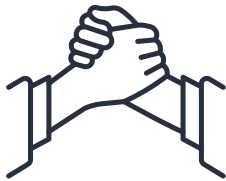
You can ask someone to help you with this book.



Some words are [blue](#) in this guide. To find out what this word means, go to page 8.

# What is Complex Care?

Complex care helps support people with disability with high support needs.



People need different types of support.



Some people with disability need support.



Some people need support with physical health problems.

# What is Complex Care?



Some people need support with mental health.



Some people need support with [behavioural needs](#).



Some people need support as they age.

## Complex care

At our complex care accommodation you can:



- Meet new people

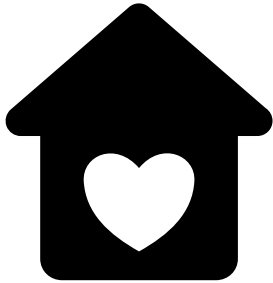


- Learn new skills



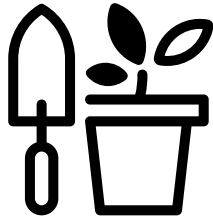
- Reach your goals

# Location

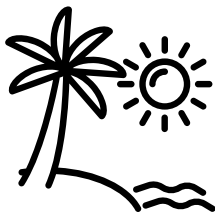


Our complex care accommodation is located at North Brighton.

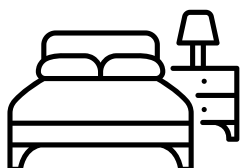
Our accommodation includes:



- nice gardens



- close to the beach



- big bedrooms

## Next steps



To get support you must have an NDIS plan.



Minda can help you with this.



Contact Minda to find out more.

# Contact us

You can contact Minda by:



Phone: 1800 164 632



Email: [hello@minda.asn.au](mailto:hello@minda.asn.au)



# What do these words mean?

**Behavioural needs** the way you might act towards others and how we can support you.



[mindainc.com.au](http://mindainc.com.au)

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