



Children's Services

Minda's Children's Services offers dedicated support for young people with disability, and their families. Our services include short-term accommodation and respite at Variety House; your child can stay for the day, overnight, a weekend or longer.

All our programs are designed to help your child achieve their goals, and provide support for young people to live their best lives.

VARIETY HOUSE

Variety House offers your child the opportunity to meet new friends and learn new skills away from home.

Located in a quiet, residential street in Adelaide's inner southern suburbs, Variety House is a safe and welcoming home-away-from-home for children aged 5 - 17 with disability.



Your child's wellbeing is at the centre of everything we do at Variety House. We get to know your family, follow your established routines and tailor support to your child's unique needs and personality. Most importantly, all our staff are passionate about supporting children with disability to live their best lives.

ABOUT OUR APPROACH

Person-centred support is the foundation of our approach, putting your family and your child's needs and preferences first.

Our team of highly qualified Youth Disability Support staff are trained in support strategies for intellectual disability, Autism Spectrum Disorder, Positive Behaviour Support, high needs care and person-centred practice.

All our staff are medication trained.



OUR FACILITIES

Variety House is a safe and secure gated property, designed specifically for young people with disability.

The home features large, individual bedrooms, allowing for children to bring comfort items from home, calming sensory areas and a large communal living and dining space.

Outside, there are two large play areas equipped with accessible play equipment.

We also have an onsite vehicle for transport, if required and funded in your child's NDIS plan.

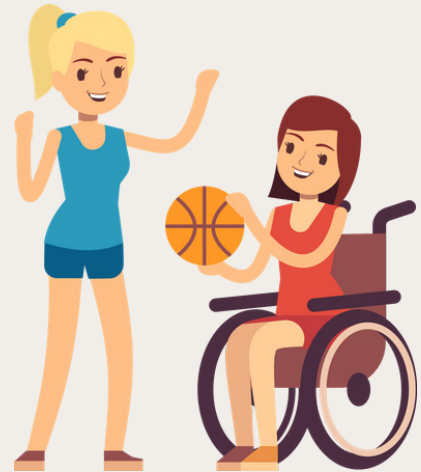


SHORT-TERM ACCOMMODATION

Minda offers short-term accommodation at Variety House. Short-term accommodation is available for the day or overnight, weekdays, evenings and weekends, all year round.

Our Short-Term Accommodation service provides;

- Individualised support.
- Staff ratio dependent on your child's needs.
- Fun activities including visiting the beach, going to a park, or staying in and watching a movie.
- Opportunity to make new friends.
- Personal care including showering and dressing.
- Delicious and healthy meals provided on-site (with all dietary requirements catered for).
- Transport to and from school, if required.
- Capacity building and skill development towards independence.



Short Term Accommodation and Respite Services include food, bedding, towels, basic toiletries, access to activities (specific activities may cost extra and will be negotiated), access to vehicle (mileage to be negotiated).



OUR PROGRAMS

We tailor your child's support to their age, abilities and NDIS goals, but programs can include:

- Social participation.
- Gross motor skills.
- Daily living skills, including cooking and cleaning.
- Shopping/budgeting skills.
- Emotional regulation guidance.
- Communication skills.



CANCELLATION POLICY

Our cancellation policy is in line with the NDIA cancellation rules. If you do not attend your service or if you cancel a service at short notice, you will be charged.

GET IN TOUCH

Contact our friendly Children's Services team via phone or email and they will assist you and help empower you to reach your goals.



1800 164 632



info@minda.asn.au

Minda is a registered NDIS provider and licensed facilitator under the 'Children and Young People (Safety) Act 2017'.

