Allied Health Therapies

Reach your goals and build skills to improve your health, quality of life and wellbeing. Our allied health therapists are here to support you to live your best, healthiest life!





Allied Health Therapies

Whatever your health and wellbeing goals, our team can tailor a program to help you achieve them.

Our experienced allied health team includes:

- Behavioural Intervention Support (Developmental Education)
- Physiotherapy and Exercise Physiology

- Occupational Therapy
- Speech Pathology
- Dietetics
- Psychology

We offer appointments in-home, at our clinic at Brighton and through telehealth.

Ready to book your appointment?

Appointments are available across all allied health therapies at Minda. Please call 1800 164 632 to book your appointment today.

Alternatively, visit our website at mindainc.com.au or email hello@minda.asn.au for more information.