



Support to Speak Up

Supported Decision Making for people at Minda.





Helping people at Minda to have a say



Minda want to make sure they are helping the people they support to have a voice.

Minda have asked 2 organisations to help with this.



• SACID.

SACID stands for South Australian Council on Intellectual Disability.



• Our Voice South Australia.



SACID and Our Voice SA will be an **independent advocacy** service for people in Supported Independent Living at Minda.

Independent means SACID and Our Voice SA do not work for Minda.



Advocacy means helping people to

- Speak up about a problem.
- Make decisions.



Anyone in Supported Independent Living at Minda can use this service.



SACID



08 8352 4416



Our Voice SA



08 8373 8327

What the advocacy service will do

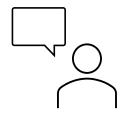
The advocacy service will:



Listen to people at Minda.



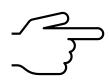
Run peer support meetings.



- Teach people at Minda about
 - o Their rights.
 - o How to speak up and use their voice.



Teach Minda staff about the rights of people with disability.



Help people at Minda to make choices and decisions.



• Help make things safer at Minda.

How the advocacy service will run



If you have a

- Problem.
- Worry.
- Question.

about something that is happening at Minda you can contact SACID or Our Voice SA.



You might contact us for support about:

- Making a complaint.
- Problems with Minda staff.
- Feeling unsafe.
- Privacy worries.
- Getting information you can understand.
- Services provided by Minda.
- Your supports at Minda.
- Transport.



SACID and Our Voice SA will

- Listen.
- Take notes.
- Talk about options.
- Support you to make decisions.
- Help connect you to the right people.
- Follow up if nothing changes.







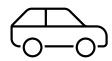
You can contact SACID or Our Voice SA by:

- Phone.
- Email.
- In person.



You can choose who you contact.

SACID and Our Voice SA will work together to support you.







You can choose how we meet.

- SACID or Our Voice SA can come to you.
- You can meet us at the SACID or Our Voice SA office.
- You can talk to us on the phone.
- You can talk to us online on TEAMS or ZOOM.



SACID and Our Voice SA will visit Minda.

This will help you get to know us.



The advocacy service will use a Peer Support model.

This means there will be staff with intellectual disability working in the advocacy service.



Contact SACID or Our Voice SA if you have any questions.

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This document was tested by people withi intellectual disability.

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