

# MINISTRY: Coach

## ROLE: Coach Mentor

COACH is a community strengthening program that aims to empower disadvantaged families and build resilience in individuals through one-to-one mentoring. A COACH mentor is a friend with purpose, offering practical help and mentoring towards life goals.

We are currently looking for more mentors! There is particularly a need for male mentors with the referrals we have coming through.

If you would like to be involved in the COACH program through becoming a mentor, you can register your interest in attending a COACH mentors training which is run face to face (1 day) and online (7 short training videos) . This is an opportunity to find out more about what it looks like to become a COACH mentor!

The commitment of a COACH mentor is 1 hour once a week/fortnight to catch up with your mentee.

Please contact Miranda Lewtas - COACH Coordinator via email: [miranda.lewtas@newhope.net.au](mailto:miranda.lewtas@newhope.net.au) or phone: 9890 7999 if you are interested or have any questions.