

## Senior Knock Out Cup Competition Rules

In knockout cup competitions players become cup tied. Once a player has been named on the team sheet in the cup competition, that player is locked into that team.

Players cannot play for another team in the same age group and cannot go down to lower age groups for cup games.

The minimum number of players to commence the game is 6 players.

Games will consist of two twenty-minute halves.

In the event of a draw at full time, 5 minutes each way extra time shall be played on a “golden goal” basis, i.e. the match will conclude when the first goal is scored in extra time.

Cup game times are not to be shortened; if early games go to extra time, then later games may start late, this is for all cup games.

If there are no goals in extra time, a penalty shootout will be held, as per FIFA rules. Each team will nominate 9 players from their team sheet to take part in the penalty shootout. Goalkeeper can be changed during a penalty shootout.

The Cup Final will consist of two twenty-five-minute halves; In the event of a draw at full time, 5 minutes each way extra time shall be played, on a “golden goal” basis, i.e. the match will conclude when the first goal is scored in extra time.

If there are no goals in extra time, a penalty shootout will be held, as per FIFA rules. Each team will nominate 9 players from their team sheet to take part in the penalty shootout. Goalkeeper can be changed during a penalty shootout.

All players must be registered for the current season, if you do not have a registration number for each player contact the Association.

Players must have played for the cup team prior to the semi-final in order to be eligible to play in the semi-final or final of the knockout cup competition.

No newly registered players can play in a semi-final or final.

**All teams knocked out of the draw will play friendly games during the next Cup Rounds.**