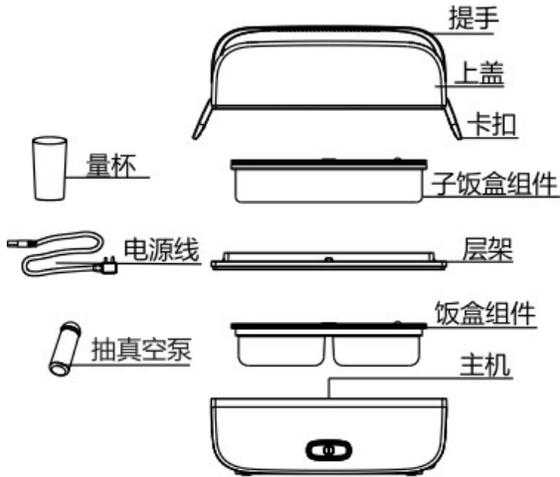


## What Bear says



This product is a series of cooking lunch boxes independently developed by our company. The appearance adopts a novel rectangular structure, the lunch box is a square stainless steel liner, and the operation mode is a very simple one-button control mode, which is safe and reliable. Cooking lunch box heats food with steam, and the cooked food not only keeps the nutrition of food from losing, but also keeps the food clean and hygienic, which is an ideal health product. Let Bear share a healthy future with you.

## Name of each part



量杯	Measuring glass
电源线	Power cord
抽真空泵	Vacuum pump
提手	Handle
上盖	Upper cover
卡扣	Card buckle
子饭盒组件	Child lunch box assembly
层架	Stratum shelf
饭盒组件	Lunch box assembly
主机	Host

### **Main features**

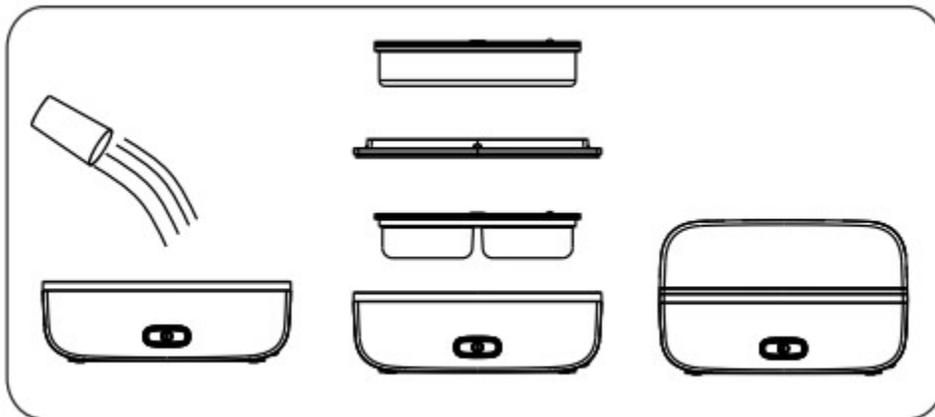
- 1 New rectangular appearance, exquisite craft.
2. One-click operation; Simple, convenient and quick.
3. It has automatic protection against dry burning and power failure.
4. Cooking by steaming keeps the delicious taste and nutrition of food.
5. Have the functions of hot meals, steamed rice and stewed soup.
6. Rice, vegetables and soup should be packed separately.
7. Separated shelf structure, which can be used freely.
8. The container of lunch box can be vacuumized, which makes the food fresh-keeping longer and healthier.

### **Usage method**

Use of steamed rice

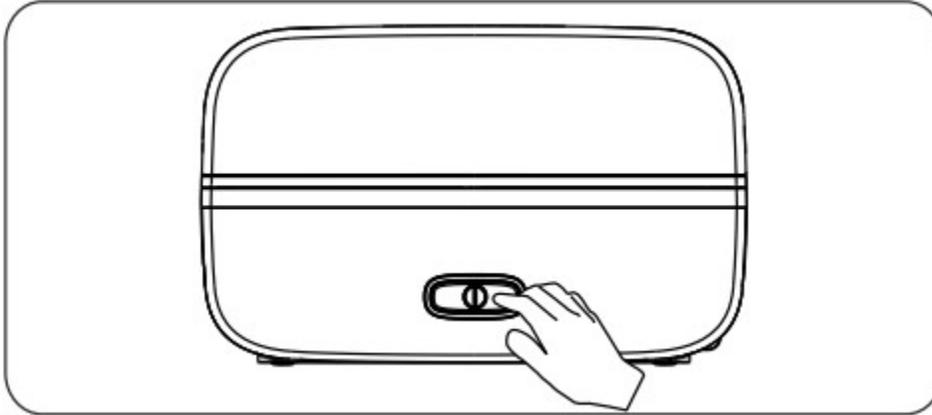
Tips: Please take off the sealing cover when cooking meals.

Add proper amount of water into the machine body (refer to the matching table in the manual for details), put the food to be heated into the matching stainless steel lunch box, put the double-box lunch box into the machine body, then cover the shelf, put the single-box lunch box on the shelf and cover it with the upper cover, or use only one lunch box as required.



**Function usage:**

1. Turn on the power supply and press the switch button. If the indicator light is on, the button has been pressed. At this time, the indicator light indicates that the cooking lunch box has started to work.



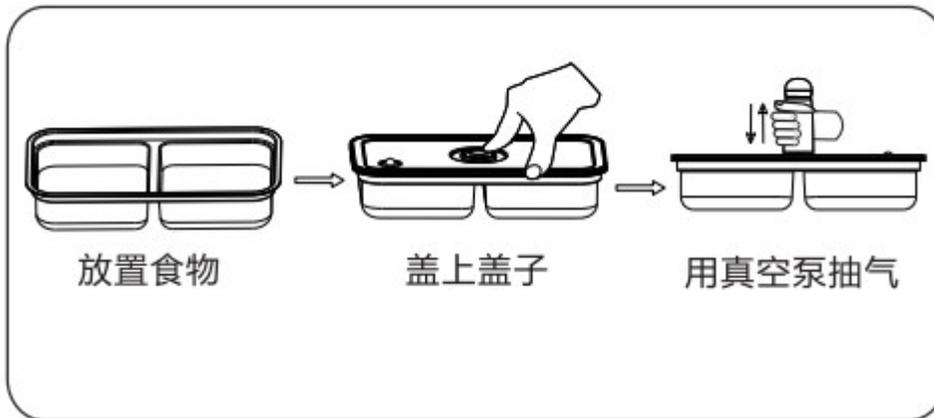
2. After the cooking lunch box is boiled and dried, the power will be cut off automatically, and the working indicator light will go out, indicating that the food has been cooked.

Hint:

When the amount of water added to the product is too small and the amount of food to be heated is too large, it may happen that the real thing is not fully heated after the water is dried up and the power is automatically cut off.

Stainless steel lunch box use:

1. Use of vacuum seal:



放置食物	Place food
盖上盖子	Cover the lid
用真空泵抽气	Pumping with vacuum pump

Check the middle silicone check valve when covering the lid of rice cooker to ensure that the check valve and lid are assembled in place.

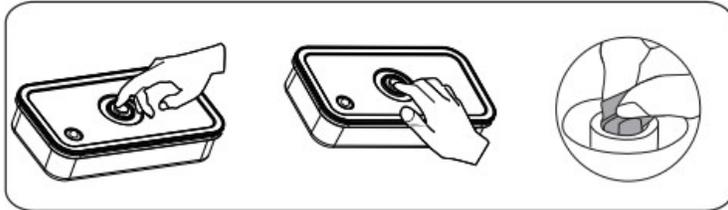
Vacuum airbag status indication



正常状态, 保险塞上凸	In normal state, the safety plug protrudes upward
真空状态, 保险塞下凹	In vacuum state, the safety plug is concave

2. Opening method of vacuum lunch box:

The upper cover can only be opened after taking out the middle silica gel one-way valve for venting. After opening the cover, install the one-way valve back on the upper cover to avoid loss and facilitate the next use.



Reference table of water addition and time (for reference only, you can adjust it according to your experience)

Product model	Combination mode	Cooking food category	Cooked degree	Food quantity	Water added in food (mL)	Water added in the body (mL)	Cooking time (minutes)	Remarks
DFH-B10G1	Single layer use	Hot meals	Heating	Fill lunch boxes	/	80	15	
DFH-B10Q3	Double-layer use				/	100	20	
DFH-B10J2	Single layer use	Steamed rice/raw rice	Well done	1 cup of rice	80	150	30	
				2 cups of rice	160			
				3 cups of rice	240			
DFH-B10E4	Double-layer use			Two cups of rice on each floor	160mL per layer	160	35	

Warm reminder:

1. Please don't cover the matching lunch box when cooking the above hot meals.
2. Do not touch the upper cover when the machine is working. Avoid burns!

**Matters needing attention**

- 1 before use, check whether the rated voltage on the nameplate of the product is consistent with the voltage you use.
2. Please use a power supply with grounding protection to ensure personal safety.
3. When in use, the product should be placed on a stable platform and out of the reach of children.
4. Do not press the switch button too hard to prevent the button switch from being damaged.
5. Do not use this product on or near the surface of heat-resistant objects such as carpets and plastics, and do not place objects damaged by steam above this product.
6. If the product burns dry, please add water to the product or unplug the power supply. Do not touch the heating plate with your hands to prevent burns.
- 7 When the product is used, a large amount of steam will be sprayed from the steam port, so be careful of being scalded by steam.
8. After cooking the food, there is still a lot of steam in the body. Do not open the upper cover immediately, wait for a few minutes before opening it, so as to prevent steam burns.
9. The machine has the function of thermal protection. If it is necessary to cook food continuously, the machine must be cooled properly before cooking food for the second time, otherwise the working indicator light will not light.
10. Do not immerse the machine in water or let the liquid flow into the electric lunch box when cleaning, so as to avoid danger.
11. If the power cord is damaged, it must be replaced with a special cord or a special component bought from its manufacturer or maintenance department.
12. Stainless steel products (for food contact) should be cleaned with detergent for the first time, and then washed with boiling water just boiled for more than one minute to sterilize them.

### **Repair and maintenance**

1. After use, please unplug the power plug from the power socket in time.
2. Rice, dishes, shelves and covers can be cleaned with detergent and sponge. Do not use hard steel wire to avoid damaging the surface.
3. When the machine body is dirty, it can be wiped with a wet towel. Please do not put the machine body into water for cleaning, so as to avoid leakage and failure.
4. When the product is not used for a long time, please clean it, put it in a packing box, and put it in a ventilated and dry place, so as not to get damp and affect the use.

### **Analysis of common problems**

1. The power indicator is not on:
  - a. Is there a power outage?
  - b. Is the power cord plugged into the socket?
  - c. Is the power outlet closed?
  - d. Is the tail plug of the power cord of the cooking lunch box tightly connected with the tailstock of the machine body?
  - e. Whether the switch button is closed.
  - f. Is the water dry, and the machine body is under protection against dry burning?
2. Rice cooked too well or too raw;
  - a. Add too much or too little water (more water is cooked too well, less water is cooked too raw)?
  - b. is there too thick scale on the heating plate?

Remarks: the above phenomena can not be eliminated or other faults can not be solved after analysis. Please contact the maintenance point or distributor of our company. It is strictly forbidden for non-professionals to disassemble and assemble this machine by themselves.

**Product specification**

Product model	DFH-B10G1/DFH-B10Q3/DFH-B10E4/DFH-B10J2/DFH-B10E4
Rated voltage	220V~
Rated frequency	50HZ
Rated capacity	1.0L
Rated power	270W
Appearance dimension	240X125X150mm
Product picture	

**Material Details for Food Contact**

This product and food contact materials meet the requirements of relevant national standards for food safety:		
Part name	Material	Standard
Lunch box container (stainless steel)	Stainless steel 06Cr19Ni10(304)	GB4806.9-2016
Lunch box cover	Carbonyl dichloride, polymer with 4,4'-cyclohexylidene bis (2- methylphenol), 4,4'-isopropylidenediphenol (bisphenol A) and bis [4-(1- methyl -1- phenylethyl) phenyl] ester (PC)	GB4806.7-2016
Shelf/upper cover/main body	Polypropylene (propylene homopolymer)/diene ethylene copolymer (PP)	GB4806.7-2016

Heat transfer plate /PTC heater	Teflon coating /YZAlSi11 Cu3	GB4806.9-2016 GB4806.10-2016
Gas exchange valve/sealing ring	Polydimethylsiloxane (silicone rubber)	GB4806.11-2016
Tips: The materials of food contact parts used in different models may be different. Please refer to the actual purchased models.		
Conditions of use: Stainless steel parts should be protected from strong acidic substances.		

**Environmental protection instructions**

- This product meets the requirements of Administrative Measures for Restricting the Use of Harmful Substances in Electrical and Electronic Products.
- During the period of environmental protection use, consumers will not have any problems affecting consumers' health such as leakage and precipitation of harmful substances during normal use, so they can use it with confidence.
- The environmental protection service period of our products is 10 years, and the "environmental protection service period" is valid only when the products are used under the normal conditions described in this manual. ⑩

Name and content of harmful substances in products

Part name	Harmful substance					
	Lead (Pb)	Mercury (Hg)	Cadmium (Cd)	Hexavalent chromium (Cr(VI))	Polybrominated biphenyls (PBB)	Polybrominated dibenzyl ether (PBDE)
Plastic components	○	○	○	○	○	○
Circuit board assembly	×	○	○	○	○	○
container	○	○	○	○	○	○
Heating element assembly	×	○	×	○	○	○
Power cord	×	○	○	○	○	○

This form is prepared according to SJ/T11364  
 ○: indicates that the content of the harmful substance in all homogeneous materials of the part is below the limit specified in GB/T26572  
 X: indicates that the content of the harmful substance in at least one homogeneous material of the component exceeds the limit specified in GB/T26572  
 Remark: Some of the components marked "×" above contain harmful substances exceeding the standard due to the limitation of the current technical level of the industry, and it is temporarily impossible to realize substitution or reduction.

BEAR ELECTRIC APPLIANCE CO.,LTD .

Add: No.5-21, Fuan Intensive Industrial Zone, Fuyu Village Committee, Leliu Street, Shunde District, Foshan City

Tel: 400-662-2580 Fax: 0757-23663265

E-mail: bears@bears.com.cn

Postal code of <http://www.bears.com.cn>: 528300

# Bear

## Cooking lunch box

DFH-B10G1

DFH-B10Q3

DFH-B10J2

DFH-B10E4

DFH-B10E4

## Operation instruction



Please keep the instruction manual properly

Please read this instruction manual carefully before using the product!

This product is only used at home or similar places.

Executive standards: GB4706.1-2005, GB4706.19-2008、GB4806.1-2016