



## ***Resources, resources!***

The AMEB Series Two Viola Technical Book is quite comprehensive and based on past conventions combined with fresh material and inspiration from many sources. While meeting the needs of many students for exam preparation, it's not intended as a complete technical regime. For further support for teachers and advanced students, publications offering a variety of useful approaches to viola technique are found within AMEB Viola Syllabus bibliography. A selection from this list follows:

- Barber, B. Fingerboard geography. An intonation, note-reading, theory, shifting system (Alfred 2010)
- Benedict, R. Scale up! A new scales method for viola (Partitura I 2019)
- Blackwell, K & D. Viola Time Scales. Pieces, puzzles, scales, and arpeggios (OUP 2007)
- Elisha, L. Advanced Scale Studies for Viola. An Organised Method of Practicing Three-Octave Scales, Arpeggios, Chromatic Scales and Complete Set of Double Stops (Carl Fischer 2023)
- Erwin, J., Horvath, K., McCashin, R. and Mitchell, B. A scale in Time (The FJH Music Company 2012)
- Fischer, S. Scales for viola. Scales and scale studies for viola (Edition Peters 2017)
- Flesch, C. Scales System adopted for viola by Charlotte Karman (Carl Fischer Inc. 1942)
- Galamian, I. The Galamian Scale System for viola. Enlarged, arranged and edited by Karen Olson (Galaxy Music Corporation ECS publishing 1997)
- Kimber, M. Scales, Arpeggios and Double Stops for the violist (Soundpost Music 4th edition 2011)
- Kimber, M. Twentieth-Century Idioms for Violists (Soundpost Music 2012)
- Mackay, N. Position Changing for viola (Oxford: Oxford University Press, 1966)
- Matson, M. One-position finger pattern scales for viola. A guide to developing a reliable and versatile left hand.(mmm publications 2007)
- Moyer, C. Scales and arpeggios with shifting practices, preparatory to Galamian and Flesch (Galaxy Music Corporation ECS publishing 2018)
- Rolland, P. The teaching of action in string playing (Urbana: Illinois String Research Associates, 1974)
- Rose, E. Extreme Viola. A 12-week Guided Course in Scales, Arpeggios, and Double-stops (ESOR Publications Dallas TX 2016)
- Sassmannshaus, K. Violin masterclass ([www.violinmasterclass.com](http://www.violinmasterclass.com))
- Sharp, Molly. Making Double Stops Ring: A Guided Exploration of Just Intonation – Viola (vlatutti.com)
- Teploff, A. The Karen Tuttle Legacy. A resource and guide for viola students, teachers, and performers. Contributions from Jeffrey Irvine, Kim Kashkashian, Michelle LaCourse, Lynne Ramsey, Karen Ritscher and Carol Rodland (Carl Fischer 2020)
- Weinberger, R. A new common sense approach to violin & viola technique. Includes major, minor, jazz, blues & pentatonic scales. (independently published 2019)
- Werff, I. van der A Notebook for Viola Players (OUP 2022)