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How to Be an active ally



Pride Beyond Performance

Pride isn't just performative. Some queer people don't feel represented by theatrics. Simple actions, like adding pronouns to your email signature or using inclusive language, can be powerful and inclusive



Always Better Together

Change happens when we unite, whether you're straight or LGBTQIA+. Within the rainbow community, ensure no one feels left out. We're often excluded — don't let it infiltrate our community. Straight/cis allies, your support is essential; we're stronger together.

My name is

My pronouns are

Power of Pronouns

Using correct pronouns creates a safe space beyond words. Gender-queer people face tough battles, and supporting them is like building a bridge across an ocean. Affirming names post-transition is crucial; make the effort to see them as they truly are.



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Stand up & Speak Out

Queer individuals may not always be able to stand up for themselves due to safety concerns or other barriers. Straight allies play a crucial role in advocating for the queer community. Stand up, speak out, and challenge homophobia whenever you encounter it.



Listen and Learn

Language and inclusion are constantly evolving. Listen to others' perspectives and understand their identities. Ask questions, show genuine interest, and take the initiative to educate yourself. Active learning fosters a more inclusive and understanding environment.

Promise of Privacy

Learning from the community is important, but recognise that some people may be uncomfortable to share their knowledge and stories. Respect the privacy of those who share their identity or experiences. You're not entitled to their stories. If they confide in you, don't share their details without consent.



Recognise Relevance of the Rainbow

The rainbow unites us in vibrant joy but isn't just a symbol, and is definitely not a barcode to identify and represent the LGBTQIA+ community. Its use must be backed by genuine action and commitment to inclusivity.

Allyship is a journey, U. not a destination.

Allyship is an ongoing commitment with no end game. Continuously champion inclusion and equality. Keep learning, growing, and supporting the queer community every step of the way.

Be the safe space someone seeks



Creating a safe space for someone to be their authentic self is vital. It's exhausting to pretend to be someone else. Your support can make a significant difference in their life, offering them the freedom to be themselves.



Ally for all seasons

Queer people exist year-round, not just during Pride Month. Many struggle to find safety daily. Be an ally every day, not just in June, and support the queer community continuously.

