

2011

Hoe Tonga Secondary Schools Waka Ama Championships Information Pack





Prepared for:

- Regional Secondary School Sport Coordinators
- Hoe Tonga Affiliated Clubs
- Other stakeholders

Prepared by:

Hoe Tonga Pacifica Waka Ama Association in association and endorsed by College Sport Wellington

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INTRODUCTION

From 29 March 2011 to 1 April 2011 Nga Kaihoe o Aotearoa Inc (NKOA) will host the 10th annual National Secondary Schools Waka Ama Champs at Lake Tipitapu (Blue Lake), Rotorua.

Hoe Tonga Pacifica Waka Ama Association and College Sport Wellington, is pleased to offer our Secondary School students the chance to practice their race day strategies before travelling away to Rotorua to experience the real thing.



We recognise the efforts Schools make to ensure all students are given the opportunity to participate in sport at any level and feel waka ama delivers an experience of a lifetime. We wish to acknowledge those involved in delivering programmes to students, particularly clubs who provide access to equipment and coaching and of course the many parents and teachers who offer their support and guidance.

Waka Ama is a sport that is steadily growing in numbers and this event Secondary School Waka Ama Championships, in particular has been increasing in numbers since its inception.

It is our hope that students enjoy this unique experience and consider joining one of the many clubs within our region to further develop their skills and engage fully in the many different aspects waka ama provides. Waka ama provides individuals with the opportunity to develop connections to our community, develop leadership skills and adopt a healthier lifestyle and sense of hauora or wellbeing.







For CLUB contact details and to make arrangements for coaching and training (see page 4).

BACKGROUND - HOE TONGA WAKA AMA ASSOCIATION

Hoe Tonga Pacifica Waka Ama Association (Hoe Tonga) is the organisation representing Waka Ama (Outrigger Canoeing) in the lower North Island. The region comprises the sub-areas Wellington, Horowhenua, the Manawatu, the Wairarapa and Whanganui.

Hoe Tonga is one of six regional associations in New Zealand and affiliated to the New Zealand Maori Polynesian Canoe Sporting Federation (Nga Kaihoe o Aotearoa). Nga Kaihoe o Aotearoa represents Waka Ama at the national level.

Hoe Tonga's functions include:

- Representing and governing Waka Ama in the region
- Developing and growing Waka Ama in the region
- Assisting in the development and management of clubs
- Informing (and communicating with) its stakeholders
- Facilitating the organisation of events and competitions
- Assisting in the development of coaches and high performance paddlers.

Our vision

More people participate in, enjoy and achieve in Waka Ama

Our mission

To lead, inspire and promote Waka Ama in the lower North Island region

Our core values

Manaaki: Showing kindness

We value inclusiveness, behaving positively and acting in a spirit of generosity and fair play. This means sharing resources and making a genuine effort to help each other.

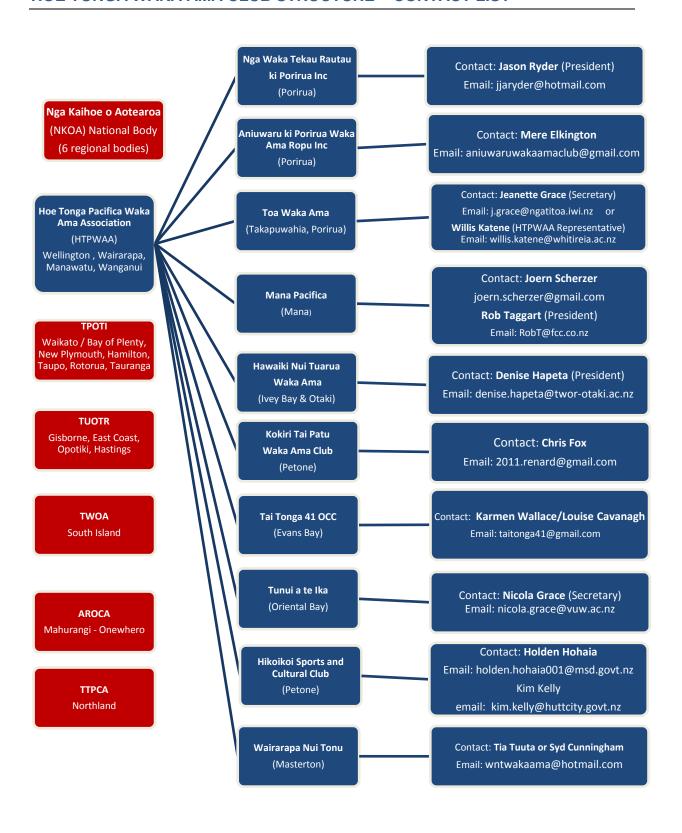
Hauora: Wellbeing

We value the wellbeing of all waka ama participants as members of a larger paddling community that shows respect for people, equipment and the environment.

Pono: - Acting with Integrity

We value having a professional approach, being open about the way we make decisions and behave, being accountable and having sound consultation processes.

HOE TONGA WAKA AMA CLUB STRUCTURE - CONTACT LIST



HOE TONGA REPRESENTATION 2010

The following schools participated at the National Secondary Schools Waka Ama Sprint Champs 2010 from our region. It is hoped that more schools will take the opportunity to introduce students to waka ama this year, and our clubs offer assistance through coaching and providing a comprehensive programme that promotes leadership, confidence, health and wellbeing among our rangatahi.

Aotea College Te Kura-a-iwi o Whaktupuanga Rua Mao

Mana College Te Kura Maori o Porirua
Otaki College Wellington East Girls' College
Porirua College Wellington Girls' College

Rongotai College

HOE TONGA SECONDARY SCHOOLS WAKA AMA CHAMPS REGATTA

Host: Hoe Tonga Pacifica Waka Ama Association

Race Director: Chris Fox (027 651 5379)

Venue: Onepoto Domain, Porirua Harbour

Date: Saturday 5 March 2011 (whole day)

Time: 9am – 4pm (approx.)

• Open to all Secondary Schools in Wellington, Wairarapa, Manawatu, Wanganui

CATEGORI	ES	
W1 250m	J16/J19 Boys & Girls	Note: Must be competent W1 paddlers (rudderless)
		Must supply own w1 canoe
Boys W6 Und	der 16	Boys W6 Under 19
Girls W6 Und	ler 16	Girls W6 Under 19
Mixed W6 U	nder 16	Mixed W6 Under 19

Organising Committee: Chris Fox, Mere Elkington

Postponement: Reserve date Sunday 6 March 2011. If this event is postponed due to adverse weather conditions, the race director will advise paddlers and participants via a website notice on www.hoetonga.co.nz before Friday 4 March 2011 at 12 noon.

ENTRY FEES FOR THIS EVENT

\$90 **per team** – W6

\$5 per person - W1 entry

Note: W1 will not be provided- students will have to make own arrangements and be competent to paddle a W1 rudderless.

ACCOUNTS

Each school will be sent an account after online entries have closed. The invoice is based on your team entries at the time of registration. Schools will be invoiced for registered teams regardless of whether they are there to race and late entries will be accepted. Closing date for registrations is Friday 24 February.

REGISTRATION PROCESS – HOE TONGA SECONDARARY SCHOOLS WAKA AMA CHAMPS

To be made by school representatives (Sports Coordinators) online through the College Sport Wellington website www.collegesport.org.nz. This is a password protected site and the school Sports Coordinators will need to manage this. Any enquiries should be directed to College Sport Wellington Executive Director, John Hornal, and email: john@collegesport.org.nz

PO Box 26 042, Newlands, Wellington, New Zealand

Ph: (04) 939 1102 | Fax: (04) 939 1103

On-line registrations open 31 January 2011.

Registrations close **Friday, 24 February 2011**. There will be no late registrations or registrations on the day. This is to allow for the preparation of the race schedule and lane draw and to reduce the time pressure on the organising committee.

Information regarding Wellington Secondary School Waka Ama Champs can also be viewed on www.wakaama.co.nz (go to the race notice in the race calendar) and on www.hoetonga.co.nz

LANE DRAW AND RACE SCHEDULE

Unless otherwise notified the lane draw and final race schedule will be published by 9pm, Thursday March 3, 2011 on the Hoe Tonga website at: www.hoetonga.co.nz

Races may be combined or shortened at the sole discretion of the organising committee and is dependant on the number of entries received.

IMPORTANT TIMES ON RACE DAY

7.00am Volunteers, officials and race committee meet at Onepoto Reserve (set up)

8.00am Sign-in commences

8.40am Volunteer and officials briefing at registration/information

8.50am Karakia, race and safety briefing

9.00am to 4.00pm Racing

EVENT AREA

Paddlers and Schools are to keep clear of the entrances of the rowing club and kayak club storage sheds.

Schools are encouraged to provide shelter (sun, rain) for their paddlers. Please observe the event area layout and keep club tents and gazebos clear from areas that are clearly marked for official use. (see event area layout as follows).

All rubbish must be removed and disposed of at the end of the event. Please ensure each School brings along a rubbish bag to make things a little easier during the day.

Event area lay-out - OC6



PRE RACE GUIDANCE

- Paddlers are to follow officials instructions at all times
- When teams races are called, teams are to assemble at the loading bay. Teams must not load into canoes without going through the loading bay.
- Loading bay officials will advise paddlers/teams when to load. W6 will be allocated to lanes and teams by the officials in loading bay.
- Once on the water, teams are to paddle directly up to the start line
- Teams are to wait on the water in the vicinity of the start area for their race.

Please familiarise yourselves with the layout below showing where the start lines are for 250m races and 500m turn races.

Race course lay-out and "traffic" rules



No alcohol, drugs or smoking is allowed at the event. This event is AUAHI KORE - SMOKEFREE, please inform your supporters to smoke away from the regatta

GENERAL INFORMATION

NKOA race rules and the New Zealand Secondary School Sports Council (NZSSSC) bylaws apply to Schools entering this event. The following information has been used as a guideline in preparation for the Hoe Tonga Secondary Schools Regatta by hosts Hoe Tonga Pacifica Waka Ama Association. We aim to give Secondary Schools within our region as much preparation as possible for National Secondary School Waka Ama Championships and hope to offer an exciting experience for all paddlers.

A list of all affiliated clubs in our region has been provided pg 4. Sports Coordinators and schools will need to make arrangements with these clubs who are able to provide training for this regional and the national event. Some schools may already have existing relationships with clubs in their area and we encourage you to continue to develop these relationships further. All paddlers are expected to have experienced at least 1 x capsize drills during training and viewed, by Sports Coordinators or team managers, as competent to complete course racing at regatta (must be able to right waka).

RACES

• W1/W6 250 metres – straight race

• W6 500 metres – turn race (at 250m buoy)

Format for all races will involve heats and finals.

CANOE TYPE

W6- Mahi Mahi where possibile for turn races and 1990 for the straights

NB: Hoe Tonga Waka Ama Association will arrange to supply W6 specifically for this event with its affiliated clubs. Any team causing damage to any W6 contracted waka for this event will incur the cost of the repairs which will be charged to the team's school. All contracted W6 waka are used solely for this competition.

CATEGORIES	
W1 250m	
J16/J19 Boys & Girls Categories	Note: Must be competent W1 paddlers (rudderless) and must make arrangements to supply own waka.
Boys W6 Under 16	Boys W6 Under 19
Girls W6 Under 16	Girls W6 Under 19
Mixed W6 Under 16	Mixed W6 Under 19

- **UNDER 16 W6 Team** Must consist of 6 paddlers, this includes the steerer. You can have any combination of students under 16 as at 1 January 2011 only, of the same gender from the same school in this division.
 - o If your school cannot field an entire UNDER 16 team and you need to mix UNDER 16 with UNDER 19 then the team must register as a UNDER 19 team.
 - One UNDER 19 paddler in a UNDER 16 team constitutes the team to be registered as a UNDER 19 team.
- **UNDER 19 W6 Team** Must consist of 6 paddlers, this includes the steerer. You can have any combination of students under 19 as at 1 January 2011 only, of the same gender from the same school in this division.

UNDER 16 W6 Mixed Teams

- This division is applicable to co-ed secondary schools only— Must consist of 6 paddlers, this includes the steerer. You can have a combination of students under 16 as at 1 January 2011 only, and the team must consist of 3 BOYS, and 3 GIRLS from the same school in this division.
- If your school cannot field an entire UNDER 16 team and you need to mix UNDER 16 with UNDER 19 then the team must register as a UNDER 19 team.
- One UNDER 19 paddler in a UNDER 16 team constitutes the team to be registered as a UNDER 19 team.

UNDER 19 W6 Mixed Teams

- This division is applicable to co-ed secondary schools only— Must consist of 6 paddlers, this includes the steerer. You can have a combination of students under 19 as at 1 January 2011 only, and the team must consist of 3 BOYS, and 3 GIRLS from the same school in this division.
- Competitors must be Full time Secondary School Students under 19 as at 1 January 2011
- Competitors may only compete for one school at this regatta. This must be the school at which they are enrolled and attend full time.
- A student may only paddle for one crew in any one event/category.
- W6 Boys and W6 Girls teams must all be students from the same school.

UNIFORMS

- All paddlers must paddle in a team uniform. Standardisation of team uniform on the water to include tops (e.g. T Shirts/Singlets), shorts / i.e. lavalava etc... These must be standardised for the whole team. Mixed teams may have two different uniforms.
- Hats and sunglasses are permitted if individual paddlers wish to wear them.

• Appropriate additional items of uniform may be worn in line with weather conditions. These items must be worn underneath their race uniform.

QUALIFICATIONS AND FINALS

Progression will depend on the number of entries and lanes in the event.

Should there be any withdrawals, the Race Director may:

- eliminate a heat
- place competitors in other heats

SAFETY

- All W1/W6 shall carry bailers at all times
- Approved Personal Flotation Devices, jacket type are compulsory and must be worn by ALL
 competitors. Schools must provide their own team PFD's, as correct sizing is an important
 part of the safety. Waist type belts/ tubes are not approved.
- There will be at least one support boat monitoring racing
- In case of adverse weather conditions on race day, the Race Director retains the right to stop, postpone and/or cancel races on race day. Note that organisers are unable to refund race fees in this case.

PADDLES

- Paddles must be a single blade, and may be any size or shape.
- Paddles may be constructed from any material.
- Not provided by race organisers.

COURSE SET UP AND MARKERS

- The numbering of a buoy shall mark lanes. All numbering explanations are from the start of the 250m-straight course.
- The lane running closest to the finish line viewing will be Lane one (1) and the furthest shall be Lane four (4)
- Lanes shall be marked with a buoys
- In races requiring turns there shall be a turning flag/buoy. Different coloured flags shall be
- attached to each turn buoy to help crews identify their lanes. Turn flag buoys shall be
 positioned equidistant from the numbered buoys i.e. in the centre of the lane at each end of
 the specific course being used for the turn events.

LANES

W6 races will be 250m (straight) and for the turn races waka will start from boatshed end of course and turn around a buoy set at 250m therefore, turn races will be 500m in total. The Organising Committee of any specific event will:

- Set the length of turn races for that competition.
- The lanes shall be set so a canoe will finish on the left of the buoy representing the number of its lane assignment.
- The Waka must complete the entire race within its designated lane.
- In any race involving turns the canoe must turn counter-clockwise around the flag but may start or finish with the flag on any side so long as they are within their designated lane.
- A lane or area shall be designated so that the contestants may proceed safely to the starting line without interfering with the racecourse. When a race is in progress paddlers who are not racing will not be permitted on or near the course unless so directed by the Race Director.

In straight races the lanes may be split in two depending on entries. Canoes must finish with the turning flag to the side to which they started.

TURNS

Waka will turn counter clockwise around the flagged buoy.

STARTS

Competitors must be present at the start line for their event as shown on the programme.

Starting signals shall be given regardless of absentees.

• The start shall be taken up by two parties, one to align Waka and one to start the race when aligning has been achieved.

The order of the start is:

- i) Raising the white flag indicates two minutes to the race start. The race shall start any
 - a) time within that two minutes. (waka move to the false start line)
- ii) Raising of the red flag Waka move to a starting position behind the startline.
- iii) Raising of the green flag indicates the start of the race.

Crossing that start line at any time before the raising of the green flag will result in a disqualification. Not following starter orders will result in disqualification.

DISQUALIFICATIONS

Disqualification will occur for any fault that is made before, during or after any race. This includes any breach of the Race Rules.

- Disqualification may occur for any misconduct or bad behaviour at an event. This will be at the total discretion of the Race Director or Head course Judge.
- The following provisions, as stated in these rules, are cause for automatic disqualification.
 - o Competing for more than one School in an event will disqualify both crews
 - o Paddling at any time during a race outside ones lane, impeding another waka
 - o Starting or finishing outside one's lane
 - Paddling in a non-seated position (Standing in a Waka at any time)
 - Crossing the line at any time before the raising of the green flag.
 - Not rounding the flags in a counter clockwise direction
 - o Not rounding the turn flag with the entire waka including the ama.
 - o Failing to complete a turn within the designated lane and buoys
 - Not following the starting rules
 - Complete a race with less than 6 paddlers' (W6)
 - Paddling out of uniform.

Note: Start and Turn faults during Heats MAY incur time penalties.

Racing DQ's are called by the following stations

Aligner and Starter Lane Registration Officials

On the Water Boats Loading Bay Officials Time Keepers

Race Director Video Officers

CODE OF GOOD CONDUCT

Schools are responsible for the behaviour of their students on and off the water. Supervisory staff and support adults will ensure that all race rules are observed and that their students display a good sportsperson type attitude when competing.



HOE TONGA PACIFICA WAKA AMA ASSOCIATION WAIVER

School			
Team Name			

These are the terms and conditions of participation for a team member competing at the **Hoe Tonga Secondary School Waka Ama Sprints, Porirua 5/6 March 2011.** It is the team manager's responsibility to make these known and understood to each individual team member. Please copy and distribute to all team members. Team members will be asked to individually sign this waiver before the [REGATTA] competition starts.

In addition before any replacement team member takes part in training, the team manager must inform that person of these terms and conditions:

- 1. Non-swimmers are not permitted in the waka. All members must be confident swimmers and able to swim at least 50 metres in light clothes.
- 2. No alcohol or drugs is to be consumed within the 12 hours before the use of a waka.
- 3. Jeans are not permitted in the waka. Board shorts / thermals are most appropriate.
- 4. If the waka capsizes during the [Regatta] team members must stay with the waka until the rescue craft arrives. Do not attempt to swim to shore.
- 5. All teams members must understand the capsize rules and have had at least one capsizing drill on the water.
- 6. Team members must comply with any direction given by the [PEOPLE IN CHARGE] and rescue craft operator during the [Regatta].
- 7. Wearing an approved floatation device or life preserver/life jacket while participating / competing in the [Regatta] is required. The terms and condition and effect of this waiver are no different whether a life jacket is worn or not.

Important Qualification

Waka ama team members participate at their sole risk. No organiser, sponsor, other person, or organisation associated in any way with the [Regatta] will be liable in any way or accept any responsibility for any personal injury, loss, damage or expense suffered or incurred by any waka ama team member during racing or in any other way in connection with the participation of that person as a team member. The signing of this safety waiver by the team member is personal acknowledgment that no claim can be made on the organisers and their associates in respect of any matter connected with the training and the competition.

I have read, understood and agree to the terms and conditions set out above, and as a condition of and in consideration for the entry and participation in the [Regatta] on behalf of my team I hereby (i) accept and agree to be bound by and observe the terms and conditions set out above and (ii) waive any claim or claims I may otherwise have against any one or more of the persons specified in the paragraph above, in respect of any injury, loss, damage or expense suffered or incurred by my team members during waka ama racing or in any other way in connection with my team's participation in the [Regatta], and that I and all members of my team are [11?] years of age or older and each can swim to the standard required.

Date	Team Manager OR Team member

VOLUNTEER INFORMATION – HOE TONGA SECONDARY SCHOOLS WAKA AMA CHAMPS

Please note that all schools are encouraged to provide TWO adult Volunteers to assist in the running of the regatta. The volunteers will assist for a minimum of half a day and ideally the same volunteer for the whole time is preferred. Hoe Tonga will provide team leaders for key areas who will be able to guide volunteers and assist at each station.

All volunteers will receive a lunch pack and will be well taken care of during the day.

Please circle any of the areas you feel you could assist in:

- Computer Use / Administration
- General administration, photocopying, sorting papers etc
- Helping assist paddlers in and out of waka loading bay
- Time keeping / lining up / race starts
- Knowledge of Waka Ama Rules turn judging
- Boat skills, on water activities start flag duties
- People Organisational Skills paddler registration

Please advise below any other area you feel you would be able to contribute to efficiently. You may be allocated to areas outside of your preference if we are require assistance.

Volunteer Detail

Name	Area/s I can be of assistance	Morning	Afternoon
School I am supporting:			
Email and cell phone contact:			
Previous experience in:			
Hoe Tonga wishes to thank all	those who give up their time willing	gly to help make	this event a success
We hope you enjoy this day as	we look forward to some exciting r	acing.	

NATIONAL SECONDARY SCHOOLS WAKA AMA CHAMPS INFORMATION







IMPORTANT DATES

NATIONAL SECONDARY SCHOOLS WAKA AMA CHAMPS

Lake Tikitapu (Blue Lake), Rotorua

Race Dates: Tuesday 29th March – Friday 1st April 2011

Registration Opens	31st January 2011	
Friday, (Midnight)	11 March 2011	Online Team Entries Close
	11 March 2011	Paddler ID Card registration Close
	11 March 2011	Deadline for Volunteer Forms
Tuesday, (Midnight)	15 March 2011	Deadline for Team Name Changes
Thursday, (Midnight)	24 March 2011	Last changes to Paddler Roster
Monday, (4pm)	28 March 2011	Final Schools Check in, on site
		Lake Tikitapu (Blue Lake)

Team Entry and Paddler ID registration is available online at: www.enternow.co.nz/wakaama

Your school should already have a login from last year. If not, request one from: schools@wakaama.co.nz

Any other queries:

Emma Taylor schools@wakaama.co.nz

Phone: (07) 348 5051 Fax: (07) 348 5032

This event is sanctioned by the New Zealand Secondary School Sports

Council and must comply with all NZSSSC Bylaws. Additional information and Panui can be located on www.wakaama.co.nz website.