



RACE SCHEDULE - DAY 1

2013 ActivePost National Secondary School Waka Ama
Tue, 19 Mar 2013



Race	Event	Round	No	Est. Start	Progressions
001	U16 Girls - W1 250m	Heat	1 / 4	10:05 AM	
002	U16 Girls - W1 250m	Heat	2 / 4	10:10 AM	
003	U19 Mixed - WT12 250m	Heat	1 / 6	10:15 AM	
004	U16 Girls - W1 250m	Heat	3 / 4	10:22 AM	
005	U19 Mixed - WT12 250m	Heat	2 / 6	10:27 AM	
006	U16 Girls - W1 250m	Heat	4 / 4	10:34 AM	See Race 030
007	U19 Mixed - WT12 250m	Heat	3 / 6	10:39 AM	
008	U16 Boys - W1 250m	Heat	1 / 5	10:46 AM	
009	U19 Mixed - WT12 250m	Heat	4 / 6	10:51 AM	
010	U16 Boys - W1 250m	Heat	2 / 5	10:58 AM	
011	U19 Mixed - WT12 250m	Heat	5 / 6	11:03 AM	
012	U16 Boys - W1 250m	Heat	3 / 5	11:10 AM	
013	U19 Mixed - WT12 250m	Heat	6 / 6	11:15 AM	See Race 027
014	U16 Boys - W1 250m	Heat	4 / 5	11:22 AM	
015	U16 Mixed - WT12 250m	Heat	1 / 5	11:27 AM	
016	U16 Boys - W1 250m	Heat	5 / 5	11:34 AM	See Race 034
017	U16 Mixed - WT12 250m	Heat	2 / 5	11:39 AM	
018	U19 Girls - W1 250m	Heat	1 / 3	11:46 AM	
019	U16 Mixed - WT12 250m	Heat	3 / 5	11:51 AM	
020	U19 Girls - W1 250m	Heat	2 / 3	11:58 AM	
021	U16 Mixed - WT12 250m	Heat	4 / 5	12:03 PM	
022	U19 Girls - W1 250m	Heat	3 / 3	12:10 PM	See Race 040
023	U16 Mixed - WT12 250m	Heat	5 / 5	12:15 PM	See Race 035
024	U19 Boys - W1 250m	Heat	1 / 4	12:22 PM	
025	U19 Boys - W1 250m	Heat	2 / 4	12:27 PM	
026	U19 Boys - W1 250m	Heat	3 / 4	12:32 PM	
027	U19 Mixed - WT12 250m	Bowl Semi	1 / 2	12:37 PM	
028	U19 Boys - W1 250m	Heat	4 / 4	12:44 PM	See Race 044
029	U19 Mixed - WT12 250m	Bowl Semi	2 / 2	12:49 PM	See Race 031
030	U16 Girls - W1 250m	Plate Semi	1 / 2	12:56 PM	
031	U19 Mixed - WT12 250m	Plate Semi	1 / 2	1:01 PM	
032	U16 Girls - W1 250m	Plate Semi	2 / 2	1:08 PM	See Race 048
033	U19 Mixed - WT12 250m	Plate Semi	2 / 2	1:13 PM	See Race 041
034	U16 Boys - W1 250m	Plate Semi	1 / 3	1:20 PM	
035	U16 Mixed - WT12 250m	Plate Semi	1 / 3	1:25 PM	
036	U16 Boys - W1 250m	Plate Semi	2 / 3	1:32 PM	
037	U16 Mixed - WT12 250m	Plate Semi	2 / 3	1:37 PM	
038	U16 Boys - W1 250m	Plate Semi	3 / 3	1:44 PM	See Race 050
039	U16 Mixed - WT12 250m	Plate Semi	3 / 3	1:49 PM	See Race 045
040	U19 Girls - W1 250m	Plate Semi	1 / 2	1:56 PM	
041	U19 Mixed - WT12 250m	Champ Semi	1 / 2	2:01 PM	
042	U19 Girls - W1 250m	Plate Semi	2 / 2	2:08 PM	See Race 054
043	U19 Mixed - WT12 250m	Champ Semi	2 / 2	2:13 PM	See Race 051



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2013 ActivePost National Secondary School Waka Ama
Tue, 19 Mar 2013



Race	Event	Round	No	Est. Start	Progressions
044	U19 Boys - W1 250m	Plate Semi	1 / 2	2:20 PM	
045	U16 Mixed - WT12 250m	Champ Semi	1 / 2	2:25 PM	
046	U19 Boys - W1 250m	Plate Semi	2 / 2	2:32 PM	See Race 060
047	U16 Mixed - WT12 250m	Champ Semi	2 / 2	2:37 PM	See Race 055
048	U16 Girls - W1 250m	Champ Semi	1 / 2	2:44 PM	
049	U16 Girls - W1 250m	Champ Semi	2 / 2	2:49 PM	See Race 062
050	U16 Boys - W1 250m	Champ Semi	1 / 2	2:54 PM	
051	U19 Mixed - WT12 250m	Bowl Final	1 / 1	2:59 PM	See Race 053
052	U16 Boys - W1 250m	Champ Semi	2 / 2	3:06 PM	See Race 063
053	U19 Mixed - WT12 250m	Plate Final	1 / 1	3:11 PM	See Race 057
054	U19 Girls - W1 250m	Champ Semi	1 / 3	3:18 PM	
055	U16 Mixed - WT12 250m	Plate Final	1 / 1	3:23 PM	See Race 059
056	U19 Girls - W1 250m	Champ Semi	2 / 3	3:30 PM	
057	U19 Mixed - WT12 250m	Champ Final	1 / 1	3:35 PM	
058	U19 Girls - W1 250m	Champ Semi	3 / 3	3:42 PM	See Race 064
059	U16 Mixed - WT12 250m	Champ Final	1 / 1	3:47 PM	
060	U19 Boys - W1 250m	Champ Semi	1 / 2	3:54 PM	
061	U19 Boys - W1 250m	Champ Semi	2 / 2	3:59 PM	See Race 065
062	U16 Girls - W1 250m	Plate Final	1 / 1	4:04 PM	See Race 066
063	U16 Boys - W1 250m	Plate Final	1 / 1	4:09 PM	See Race 067
064	U19 Girls - W1 250m	Plate Final	1 / 1	4:14 PM	See Race 068
065	U19 Boys - W1 250m	Plate Final	1 / 1	4:19 PM	See Race 069
066	U16 Girls - W1 250m	Champ Final	1 / 1	4:24 PM	
067	U16 Boys - W1 250m	Champ Final	1 / 1	4:29 PM	
068	U19 Girls - W1 250m	Champ Final	1 / 1	4:34 PM	
069	U19 Boys - W1 250m	Champ Final	1 / 1	4:39 PM	
W1 PRIZEGIVING					



RACE SCHEDULE - DAY 2

2013 ActivePost National Secondary School Waka Ama
Wed, 20 Mar 2013



Race	Event	Round	No	Est. Start	Progressions
070	U16 Girls - W6 500m	Heat	1 / 6	9:30 AM	
071	U16 Girls - W6 500m	Heat	2 / 6	9:37 AM	
072	U16 Girls - W6 500m	Heat	3 / 6	9:44 AM	
073	U16 Girls - W6 500m	Heat	4 / 6	9:51 AM	
074	U16 Girls - W6 500m	Heat	5 / 6	9:58 AM	
075	U16 Girls - W6 500m	Heat	6 / 6	10:05 AM	See Race 122
076	U16 Boys - W6 500m	Heat	1 / 6	10:12 AM	
077	U16 Boys - W6 500m	Heat	2 / 6	10:19 AM	
078	U16 Boys - W6 500m	Heat	3 / 6	10:26 AM	
079	U16 Boys - W6 500m	Heat	4 / 6	10:33 AM	
080	U16 Boys - W6 500m	Heat	5 / 6	10:40 AM	
081	U16 Boys - W6 500m	Heat	6 / 6	10:47 AM	See Race 124
082	U19 Girls - W6 500m	Heat	1 / 8	10:54 AM	
083	U19 Girls - W6 500m	Heat	2 / 8	11:01 AM	
084	U19 Girls - W6 500m	Heat	3 / 8	11:08 AM	
085	U19 Girls - W6 500m	Heat	4 / 8	11:15 AM	
086	U19 Girls - W6 500m	Heat	5 / 8	11:22 AM	
087	U19 Girls - W6 500m	Heat	6 / 8	11:29 AM	
088	U19 Girls - W6 500m	Heat	7 / 8	11:36 AM	
089	U19 Girls - W6 500m	Heat	8 / 8	11:43 AM	See Race 126
090	U19 Boys - W6 500m	Heat	1 / 6	11:50 AM	
091	U19 Boys - W6 500m	Heat	2 / 6	11:57 AM	
092	U19 Boys - W6 500m	Heat	3 / 6	12:04 PM	
093	U19 Boys - W6 500m	Heat	4 / 6	12:11 PM	
094	U19 Boys - W6 500m	Heat	5 / 6	12:18 PM	
095	U19 Boys - W6 500m	Heat	6 / 6	12:25 PM	See Race 129
250M STARTLINE					
096	U16 Girls - W6 250m	Heat	1 / 6	12:42 PM	
097	U16 Girls - W6 250m	Heat	2 / 6	12:49 PM	
098	U16 Girls - W6 250m	Heat	3 / 6	12:56 PM	
099	U16 Girls - W6 250m	Heat	4 / 6	1:03 PM	
100	U16 Girls - W6 250m	Heat	5 / 6	1:10 PM	
101	U16 Girls - W6 250m	Heat	6 / 6	1:17 PM	See Race 148
102	U16 Boys - W6 250m	Heat	1 / 6	1:24 PM	
103	U16 Boys - W6 250m	Heat	2 / 6	1:31 PM	
104	U16 Boys - W6 250m	Heat	3 / 6	1:38 PM	
105	U16 Boys - W6 250m	Heat	4 / 6	1:45 PM	
106	U16 Boys - W6 250m	Heat	5 / 6	1:52 PM	
107	U16 Boys - W6 250m	Heat	6 / 6	1:59 PM	See Race 150
108	U19 Girls - W6 250m	Heat	1 / 8	2:06 PM	
109	U19 Girls - W6 250m	Heat	2 / 8	2:13 PM	
110	U19 Girls - W6 250m	Heat	3 / 8	2:20 PM	
111	U19 Girls - W6 250m	Heat	4 / 8	2:27 PM	



RACE SCHEDULE - DAY 2

2013 ActivePost National Secondary School Waka Ama
Wed, 20 Mar 2013



Race	Event	Round	No	Est. Start	Progressions
112	U19 Girls - W6 250m	Heat	5 / 8	2:34 PM	
113	U19 Girls - W6 250m	Heat	6 / 8	2:41 PM	
114	U19 Girls - W6 250m	Heat	7 / 8	2:48 PM	
115	U19 Girls - W6 250m	Heat	8 / 8	2:55 PM	See Race 152
116	U19 Boys - W6 250m	Heat	1 / 6	3:02 PM	
117	U19 Boys - W6 250m	Heat	2 / 6	3:09 PM	
118	U19 Boys - W6 250m	Heat	3 / 6	3:16 PM	
119	U19 Boys - W6 250m	Heat	4 / 6	3:23 PM	
120	U19 Boys - W6 250m	Heat	5 / 6	3:30 PM	
121	U19 Boys - W6 250m	Heat	6 / 6	3:37 PM	See Race 155
W12 PRIZEGIVING					



RACE SCHEDULE - DAY 3

2013 ActivePost National Secondary School Waka Ama
Thu, 21 Mar 2013



Race	Event	Round	No	Est. Start	Progressions
122	U16 Girls - W6 500m	Bowl Semi	1 / 2	9:30 AM	
123	U16 Girls - W6 500m	Bowl Semi	2 / 2	9:37 AM	See Race 131
124	U16 Boys - W6 500m	Bowl Semi	1 / 2	9:44 AM	
125	U16 Boys - W6 500m	Bowl Semi	2 / 2	9:51 AM	See Race 133
126	U19 Girls - W6 500m	Bowl Semi	1 / 3	9:58 AM	
127	U19 Girls - W6 500m	Bowl Semi	2 / 3	10:05 AM	
128	U19 Girls - W6 500m	Bowl Semi	3 / 3	10:12 AM	See Race 135
129	U19 Boys - W6 500m	Bowl Semi	1 / 2	10:19 AM	
130	U19 Boys - W6 500m	Bowl Semi	2 / 2	10:26 AM	See Race 138
131	U16 Girls - W6 500m	Plate Semi	1 / 2	10:33 AM	
132	U16 Girls - W6 500m	Plate Semi	2 / 2	10:40 AM	See Race 140
133	U16 Boys - W6 500m	Plate Semi	1 / 2	10:47 AM	
134	U16 Boys - W6 500m	Plate Semi	2 / 2	10:54 AM	See Race 142
135	U19 Girls - W6 500m	Plate Semi	1 / 3	11:01 AM	
136	U19 Girls - W6 500m	Plate Semi	2 / 3	11:08 AM	
137	U19 Girls - W6 500m	Plate Semi	3 / 3	11:15 AM	See Race 144
138	U19 Boys - W6 500m	Plate Semi	1 / 2	11:22 AM	
139	U19 Boys - W6 500m	Plate Semi	2 / 2	11:29 AM	See Race 146
140	U16 Girls - W6 500m	Champ Semi	1 / 2	11:36 AM	
141	U16 Girls - W6 500m	Champ Semi	2 / 2	11:43 AM	See Race 174
142	U16 Boys - W6 500m	Champ Semi	1 / 2	11:50 AM	
143	U16 Boys - W6 500m	Champ Semi	2 / 2	11:57 AM	See Race 175
144	U19 Girls - W6 500m	Champ Semi	1 / 2	12:04 PM	
145	U19 Girls - W6 500m	Champ Semi	2 / 2	12:11 PM	See Race 176
146	U19 Boys - W6 500m	Champ Semi	1 / 2	12:18 PM	
147	U19 Boys - W6 500m	Champ Semi	2 / 2	12:25 PM	See Race 177
250M STARTLINE					
148	U16 Girls - W6 250m	Bowl Semi	1 / 2	12:47 PM	
149	U16 Girls - W6 250m	Bowl Semi	2 / 2	12:54 PM	See Race 157
150	U16 Boys - W6 250m	Bowl Semi	1 / 2	1:01 PM	
151	U16 Boys - W6 250m	Bowl Semi	2 / 2	1:08 PM	See Race 159
152	U19 Girls - W6 250m	Bowl Semi	1 / 3	1:15 PM	
153	U19 Girls - W6 250m	Bowl Semi	2 / 3	1:22 PM	
154	U19 Girls - W6 250m	Bowl Semi	3 / 3	1:29 PM	See Race 161
155	U19 Boys - W6 250m	Bowl Semi	1 / 2	1:36 PM	
156	U19 Boys - W6 250m	Bowl Semi	2 / 2	1:43 PM	See Race 164
157	U16 Girls - W6 250m	Plate Semi	1 / 2	1:50 PM	
158	U16 Girls - W6 250m	Plate Semi	2 / 2	1:57 PM	See Race 166
159	U16 Boys - W6 250m	Plate Semi	1 / 2	2:04 PM	
160	U16 Boys - W6 250m	Plate Semi	2 / 2	2:11 PM	See Race 168
161	U19 Girls - W6 250m	Plate Semi	1 / 3	2:18 PM	
162	U19 Girls - W6 250m	Plate Semi	2 / 3	2:25 PM	
163	U19 Girls - W6 250m	Plate Semi	3 / 3	2:32 PM	See Race 170



RACE SCHEDULE - DAY 3

2013 ActivePost National Secondary School Waka Ama
Thu, 21 Mar 2013



Race	Event	Round	No	Est. Start	Progressions
164	U19 Boys - W6 250m	Plate Semi	1 / 2	2:39 PM	
165	U19 Boys - W6 250m	Plate Semi	2 / 2	2:46 PM	See Race 172
166	U16 Girls - W6 250m	Champ Semi	1 / 2	2:53 PM	
167	U16 Girls - W6 250m	Champ Semi	2 / 2	3:00 PM	See Race 186
168	U16 Boys - W6 250m	Champ Semi	1 / 2	3:07 PM	
169	U16 Boys - W6 250m	Champ Semi	2 / 2	3:14 PM	See Race 187
170	U19 Girls - W6 250m	Champ Semi	1 / 2	3:21 PM	
171	U19 Girls - W6 250m	Champ Semi	2 / 2	3:28 PM	See Race 188
172	U19 Boys - W6 250m	Champ Semi	1 / 2	3:35 PM	
173	U19 Boys - W6 250m	Champ Semi	2 / 2	3:42 PM	See Race 189



RACE SCHEDULE - DAY 4

2013 ActivePost National Secondary School Waka Ama
Fri, 22 Mar 2013



Race	Event	Round	No	Est. Start	Progressions
174	U16 Girls - W6 500m	Bowl Final	1 / 1	9:30 AM	See Race 178
175	U16 Boys - W6 500m	Bowl Final	1 / 1	9:37 AM	See Race 179
176	U19 Girls - W6 500m	Bowl Final	1 / 1	9:44 AM	See Race 180
177	U19 Boys - W6 500m	Bowl Final	1 / 1	9:51 AM	See Race 181
178	U16 Girls - W6 500m	Plate Final	1 / 1	9:58 AM	See Race 182
179	U16 Boys - W6 500m	Plate Final	1 / 1	10:05 AM	See Race 183
180	U19 Girls - W6 500m	Plate Final	1 / 1	10:12 AM	See Race 184
181	U19 Boys - W6 500m	Plate Final	1 / 1	10:19 AM	See Race 185
182	U16 Girls - W6 500m	Champ Final	1 / 1	10:26 AM	
183	U16 Boys - W6 500m	Champ Final	1 / 1	10:33 AM	
184	U19 Girls - W6 500m	Champ Final	1 / 1	10:40 AM	
185	U19 Boys - W6 500m	Champ Final	1 / 1	10:47 AM	
186	U16 Girls - W6 250m	Bowl Final	1 / 1	10:54 AM	See Race 190
187	U16 Boys - W6 250m	Bowl Final	1 / 1	11:01 AM	See Race 191
188	U19 Girls - W6 250m	Bowl Final	1 / 1	11:08 AM	See Race 192
189	U19 Boys - W6 250m	Bowl Final	1 / 1	11:15 AM	See Race 193
190	U16 Girls - W6 250m	Plate Final	1 / 1	11:22 AM	See Race 194
191	U16 Boys - W6 250m	Plate Final	1 / 1	11:29 AM	See Race 195
192	U19 Girls - W6 250m	Plate Final	1 / 1	11:36 AM	See Race 196
193	U19 Boys - W6 250m	Plate Final	1 / 1	11:43 AM	See Race 197
194	U16 Girls - W6 250m	Champ Final	1 / 1	11:50 AM	
195	U16 Boys - W6 250m	Champ Final	1 / 1	11:57 AM	
196	U19 Girls - W6 250m	Champ Final	1 / 1	12:04 PM	
197	U19 Boys - W6 250m	Champ Final	1 / 1	12:11 PM	

W6 PRIZEGIVING