



*Maitahi Outrigger Canoe Club invites you to:*

# **Tuna e Hoe Ana**

**"Paddling with eels" -  
the unique alpine waka ama experience**

**Friday February 15 and Saturday February 16, 2013  
Lake Rotoiti, Nelson Lakes**



## Race overview

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All races are held in Kerr Bay, Lake Rotoiti, on an M-shaped course which has lots of turns. The course is visible from the shore at all times, so makes for great spectator viewing.

The races have a relay format, with crews able to change paddlers after each lap. Crew changes can be made in the water or on the beach, in designated areas (water changes are made from a floating pontoon).

Spectators/family/friends are welcome to take part in fun races in the lunchtime break – please register your interest at the registration tent. Paddlers and spectators are also welcome to take part in a community festival at the lake on Saturday and Sunday – visit [www.festivalnelsonlakes.co.nz](http://www.festivalnelsonlakes.co.nz). Please note that dogs are not permitted in Kerr Bay as it's in a national park.

### Race distances

W6 rangatahi and novice	10km	2 laps of course
W1 and W2	10km	2 laps of course
W6 open and masters	20km	4 laps of course
Stand-up paddle boards	5km	1 lap of course

### Crew numbers

**W6:** up to 9 paddlers  
**W2:** up to 4 paddlers  
**W1:** up to 2 paddlers

## Registrations

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<b>Closing date:</b>	Monday February 4, 2013. <i>No late entries will be accepted.</i>
<b>Entry fees:</b>	Must be paid on registration. Refunds available for cancelled entries up until February 8. <i>Note - no payments accepted on race day!</i>
<b>Registration queries:</b>	Sally Grimmatt - email <a href="mailto:grimmatt@xtra.co.nz">grimmatt@xtra.co.nz</a> , ph 021-548-072
<b>Waka inquiries:</b>	Contact Peter Bywater if you have waka available for others to use or require waka. Email <a href="mailto:peterbywater@hotmail.com">peterbywater@hotmail.com</a> or mob 027-430-2001  Note: If you borrow a W6 through race organisers there is a \$50 fee, payable with entry fees – this will be passed on to the club lending the waka.

Thanks to our supporters:



# Itinerary

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## Friday February 14

4pm on Registrations for W1, W2 and SUP races – all competitors must register and pick up race numbers.

Event 1: W1 novice women 5km, W1 open/masters women 10km, W2 women/mixed 10km, SUP women 5km

4.30pm Waka and equipment inspected – all participants must be checked by safety officers  
4.45pm Karakia and race briefing  
5.00pm Race start

Event 2: W1 novice men 5km, W1 open/masters men 10km, SUP men 5km

6.00pm Waka and equipment inspected – all participants must be checked by safety officers  
6.15pm Race briefing  
6.30pm Race start

## Saturday February 15

7.30am on Registrations for W6 races – all crews must register and pick up race numbers

Event 3: W6 rangatahi, W6 novice 10km

8.00am Waka and equipment inspected – all crews must be checked by safety officers  
8.15am Karakia and race briefing  
8.30am Race start

Event 4: W6 open/masters women, W6 open/masters mixed 20km

9.30am Waka and equipment inspected – all crews must be checked by safety officers  
9.45am Race briefing  
10.00am Race start  
12pm Lunch break and fun races for locals and spectators

Event 5: W6 open/masters men 20km

12.30pm Waka and equipment inspected - all crews must be checked by safety officers  
12.45pm Race briefing  
1.00pm Race start

Prizegiving and dinner

3.00pm on Free cups of tea/coffee available at Lake Rotoiti Community Hall, main road St Arnaud village (see map)  
4.00pm Prizegiving at Lake Rotoiti Community Hall  
5.00pm Dinner, Lake Rotoiti Community Hall (BYO beverages – no bar)

Note: There is likely to be a dance in the hall, from 9pm, as part of the festival at the lake. Paddlers and spectators are welcome – more information available at [www.festivalnelsonlakes.co.nz](http://www.festivalnelsonlakes.co.nz)





## Race rules

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### Waka

All waka must meet NKOA safety requirements. W1, W2 can use rudders.

### Safety equipment

- Lifejackets: All waka must carry an MNZ approved lifejacket for each paddler. Rangatahi crews must wear their lifejackets.
- Sprayskirts: optional.
- Bailers: All W6, and W1s and 2s with cockpit, must carry a bailer.
- Spare paddles: all waka must carry 1 spare paddle .
- SUP paddlers: must wear a flotation device and have a leash connected to their leg.

### Crew experience

All paddlers must be suitably skilled to handle expected conditions, capable of swimming in open water conditions, and capable of righting and bailing an overturned or swamped waka. It is the responsibility of the captain to ensure that this is the case.

### Safety

The race director has the discretion to withdraw any competitor or crew, who they believe will endanger people's safety.

### Assistance

If a crew requires assistance during the race, paddlers should hold their paddles up to attract the attention of the support boat.

### Dress


Polypros/merino are recommended.

### Criteria for race categories

- Novice: Paddling for a year or less. Novice W6 can have an experienced steerer.
- Rangatahi: 12 - 16 years old
- Mixed: must have a minimum of three women paddlers.
- Masters: Women at least 35, men at least 40.

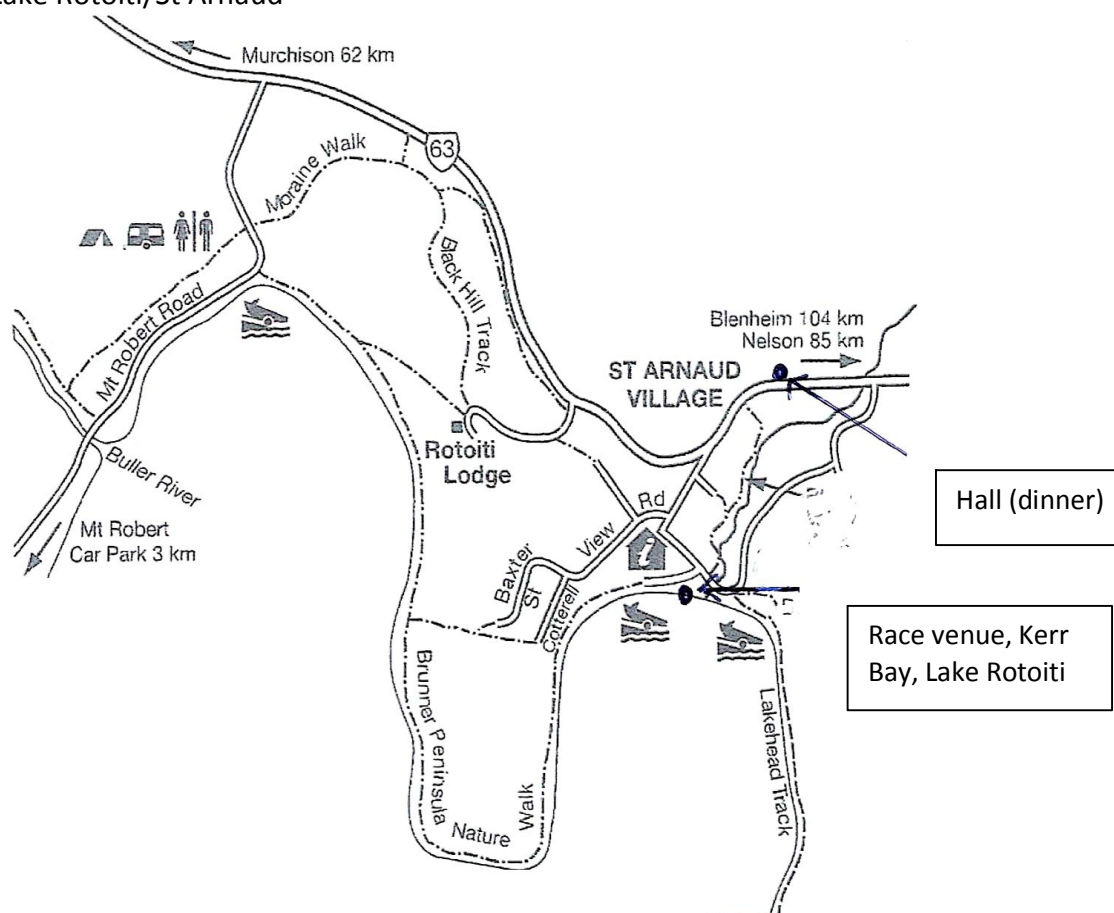
### Environment

Please remember that the race venue is in the Nelson Lakes National Park. Respect the lake and bush environment and take note that no dogs are allowed in the park – including on the lake foreshore. Note also that the lake has didymo, so if your waka and equipment are going to be used on freshwater after the race, you will need to clean and dry them. For more information visit [www.doc.govt.nz](http://www.doc.govt.nz)



## Useful information

Map of Lake Rotoiti/St Arnaud



### Accommodation options

Backpacker accommodation	Alpine Lodge <a href="http://www.alpinelodge.co.nz">www.alpinelodge.co.nz</a>	Email: <a href="mailto:enquiries@alpinelodge.co.nz">enquiries@alpinelodge.co.nz</a>	ph 03 521-1869 Reservations 0800 367 777
Self-contained units and apartments	Alpine Lodge <a href="http://www.alpinelodge.co.nz">www.alpinelodge.co.nz</a>  Tophouse Historic Hotel <a href="http://www.tophouse.co.nz">www.tophouse.co.nz</a>	Email: <a href="mailto:enquiries@alpinelodge.co.nz">enquiries@alpinelodge.co.nz</a>	ph 03 521-1869 Reservations 0800 367 777  Ph: 03 5211848 0800 544 545
Campsites	DOC campsite Kerr Bay <a href="http://www.doc.govt.nz">www.doc.govt.nz</a>	Book online – bookings necessary to secure a spot	
Motel accommodation	Nelson Lakes Motels <a href="http://www.nelsonlakes.co.nz">www.nelsonlakes.co.nz</a>	Email: <a href="mailto:info@nelsonlakes.co.nz">info@nelsonlakes.co.nz</a>	Ph 03 521-1887
Holiday houses	<a href="http://www.starnaudholidaycottages.co.nz">www.starnaudholidaycottages.co.nz</a>		