

Te ao, te ao Te ao mata kū, te ao mata kā Ka whai mana Ko te mana tūtū, ko te mana kākā

Waka Oranga - Waka 4 Life

Te Puu Ao and the Otangarei Trust 'Business House' Waka Ama Regatta

When:	Saturday 6 th April 2013
Where:	Kowharewa bay, Tutukaka
Time:	10am – 3pm
Cost:	\$100 per team

Races will be 250m & 500m. Steerers will be provided if required.

Please register your business team as soon as possible on the attached registration form.

The day is about bringing whānau together to 'Celebrate Life', to have fun and remember those that we have lost to suicide.

'A time to remember whānau - He wā kia mahara'

Contact details:

Ralph Ruka ph. 021 221 4008 email: <u>ralph.ruka@northlanddhb.org.nz</u> Auriole Ruka ph. 027 2930774 email: <u>auriole.ruka@ccsdisabilityaction.org.nz</u>



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E ngā mana, e ngā reo, rau rangatira mā, tēnā tātou, E mihi ana ki te matua i runga rawa, nō reira E ngā mate haere, haere, haere atu rā Ka hoki ki te hunga ora, tēnā koutou e ngā kaihoe me ngā whānau, ngā mihi anō ki a koutou, heoi anō, Mauri ora.

(Greetings to you all. I mihi and acknowledge our god and those that have passed on. I return my korero back to the living, to our paddlers and the whānau, greetings).

Waka Oranga encompasses a kaupapa borne out of wanting to 'Celebrate life'. In 2009 Te Puu Ao and Otangarei Youth Trust worked in partnership with families who had lost whānau to suicide, to raise awareness about suicide and the impact on those who are left behind.

Waka Oranga means Waka 4 Life. Later in 2009 we held a concert lead by youth called 'Hip Hop 4 Life'. Since then both organisations have worked with youth in the community to foster positive role modelling and the importance of whānau supporting each other.

This year our regatta is to remember those that whānau have lost to suicide and invest time and resource in our youth to achieve greatness and to celebrate life.

Te Puu Ao have 50 members consisting of a majority of children and youth to travel to Rarotonga in November 2013 to compete at the Vaka Eiva Festival to experience other cultures and in so doing, treasure their own. For us this is **Whānau ora** in action in bringing together our families, tamariki, mokopuna in a safe, happy and fun environment.

We invite you as organisations to invest your time and resources to participate and support our Business House Regatta on Saturday 6th April, 2013.



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Programme for the day

9.00am	Registrations
10.00am	Karakia/Mihimihi/Welcome

'He wā kia mahara' – A small ceremony to celebrate and remember loved ones.

- **Guest Speaker** Martin Kaipo; Te Hau Awhiowhio Collective
- **10.30am** Business House Regatta Starts

250m heats/semis 500m heats/semis

- **12.30pm** Lunch Break Hot soup will be provided for paddlers
- 1.00pmFinals for 250m/500m3.00pmPrizegiving Spot prizes3.30pmKarakia Whakamutunga

Cost \$100 per team – steerers can be provided Division – Mens & Womens/Mixed over 18 years (6 people per waka)

Safety gears/Waka equipment will be provided



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'Waka 4 Life' Registration form **Business/Organisation** Contact person Name: Ph: Email Team Name Steering required Yes / No (delete one) Ralph Ruka ph. 021 2214008 Our contacts Auriole Ruka ph. 027 2930774 First 20 teams will be registered.