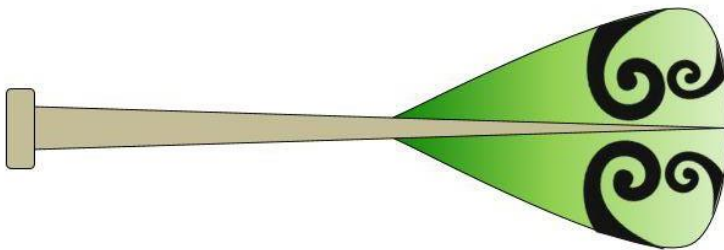


Waka Ama Sport Development Plan – The Model

Our goal is to create a visual model that represents the whole sport of Waka Ama (Va'a, Vaka, Outrigger Canoeing). The model will be used as a tool to identify where our sport is currently and help us create a Sport Development plan towards achieving our goals and vision, where we want to be. It will have identifiable pathways for our Athletes, Coaches, Officials and Administrators. It will be simple and easy for our members to understand and identify where they fit in the pathway and what they need to do to progress to all aspects of our sport.

The Paddle - Hoewai (The Broad bladed paddle)



When we paddle our waka we set the blade of the paddle into the water, the people pull the paddle to make our waka move forward. The paddle is also used to steer our waka in the direction we want it to go. We can look at it as the **Waka** being our sport, the **Blade** of the paddle being our infrastructure and the **People** are what make our sport happen.

For our Sport Development model we will use the blade of the Hoewai (the broad bladed paddle). The blade of the paddle has four quarters joined together by the spine of the blade. In order for the blade of the paddle to be stable through the water all four quarters must be equal, our blade must be symmetrical.

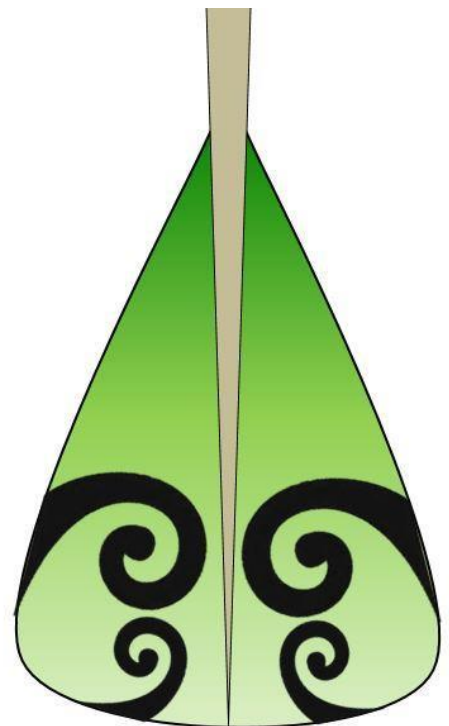
The strength of our blade is in spine, the spine holds the blade together and stops the blade from breaking.

In this case the four quarters of the blade will represent the four key areas of our sport.

- Athlete
- Coach
- Officials, Events and Coach/Athlete support
- Sport Administration

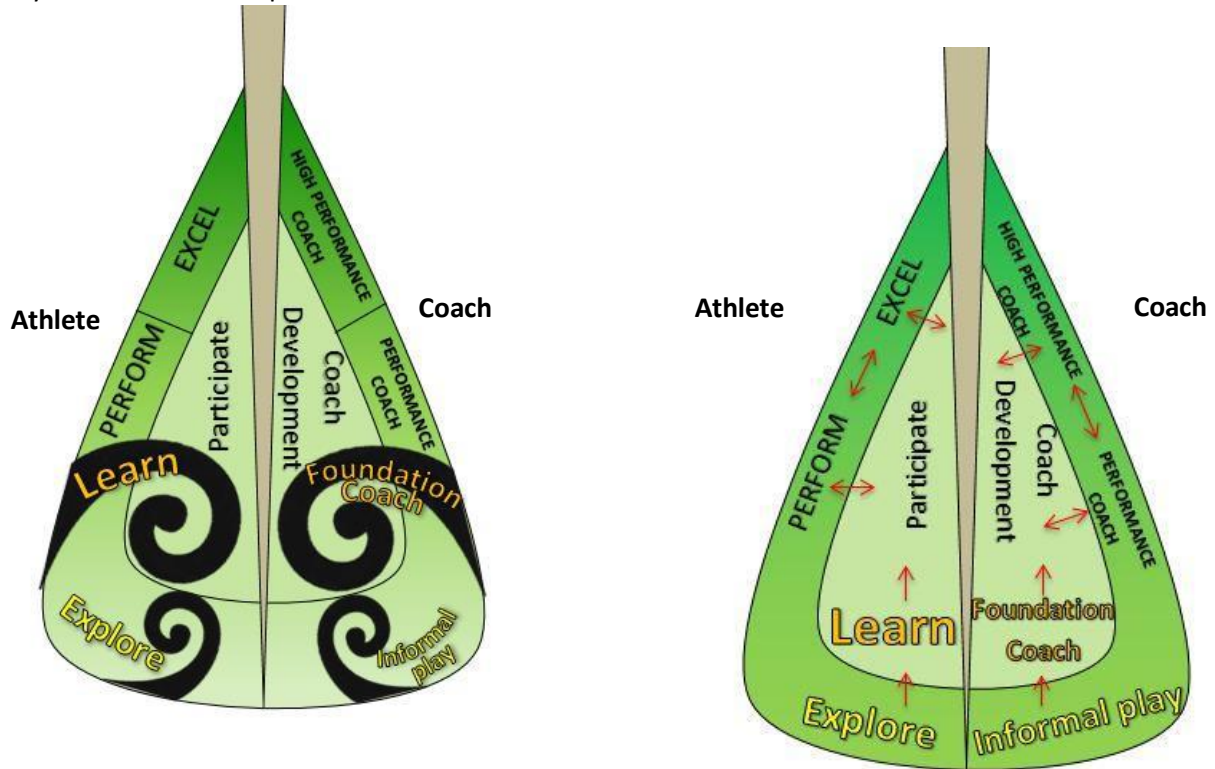
The Spine of the blade will represent everything that makes our sport special and unique, this is what makes people want a have lifetime involvement in our sport. Our sports backbone and foundations come from:

- Tikanga
- History
- Whanaungatanga
- Core Values



The Back of the Blade - The Athlete and Coach Pathway

This is the side of the blade that all the paddlers in the waka see as they are looking forward. This side sets the structures that support the people who represent Waka Ama and are seen by those not yet involved in our sport.



It is necessary for us to put in place structures to create pathways for both our Athletes and our Coaches so that anyone can be involved in our sport and progress to a level that is suitable to their ability. This model shows both a pathway for the Athlete and the Coach, it is very clear that in order for our athletes to progress from an entry level (Explore and Learn phase) through to an Elite level (Excel) we need to have an identical system for our Coaches (Foundation Coach to High Performance Coach).

Waka Ama NZ Coach Pathway - (Athlete Pathway to come)

High Performance Coach

Supports paddlers in the 'Excel' phase

The High Performance Coach will aid the development of athletes in:

- International Success
- National Representation (e.g. Elite World Sprints)

Coaching Modules

- Program Management
- Strength and Conditioning
- Nutrition and Hydration
- Mind Management

Performance Coach

Supports paddlers in the 'Perform' phase

The Performance Coach will aid the development of athletes towards:

- National Representation (age group)
- National and Regional Success
- Competing in International events

Coaching Modules

- Sprint Racing Skills (advanced)
- Long Distance Racing Skills (advanced)
- W1 Skill (advanced) (advanced)
- Technique (advanced)

Development Coach

Supports paddlers in the 'Participate' phase

The Development Coach will aid the development of athletes towards:

- Competing at National events
- Competing at Regional and Club events
- Participating in regular Waka Ama activities

Coaching Modules

- W1 Basics
- Sprint Racing Skills
- Long Distance Racing Skills
- Community specific (detailed list TBC)
- Technique Basics

Foundation Coach

Supports paddlers in the 'Learn' phase

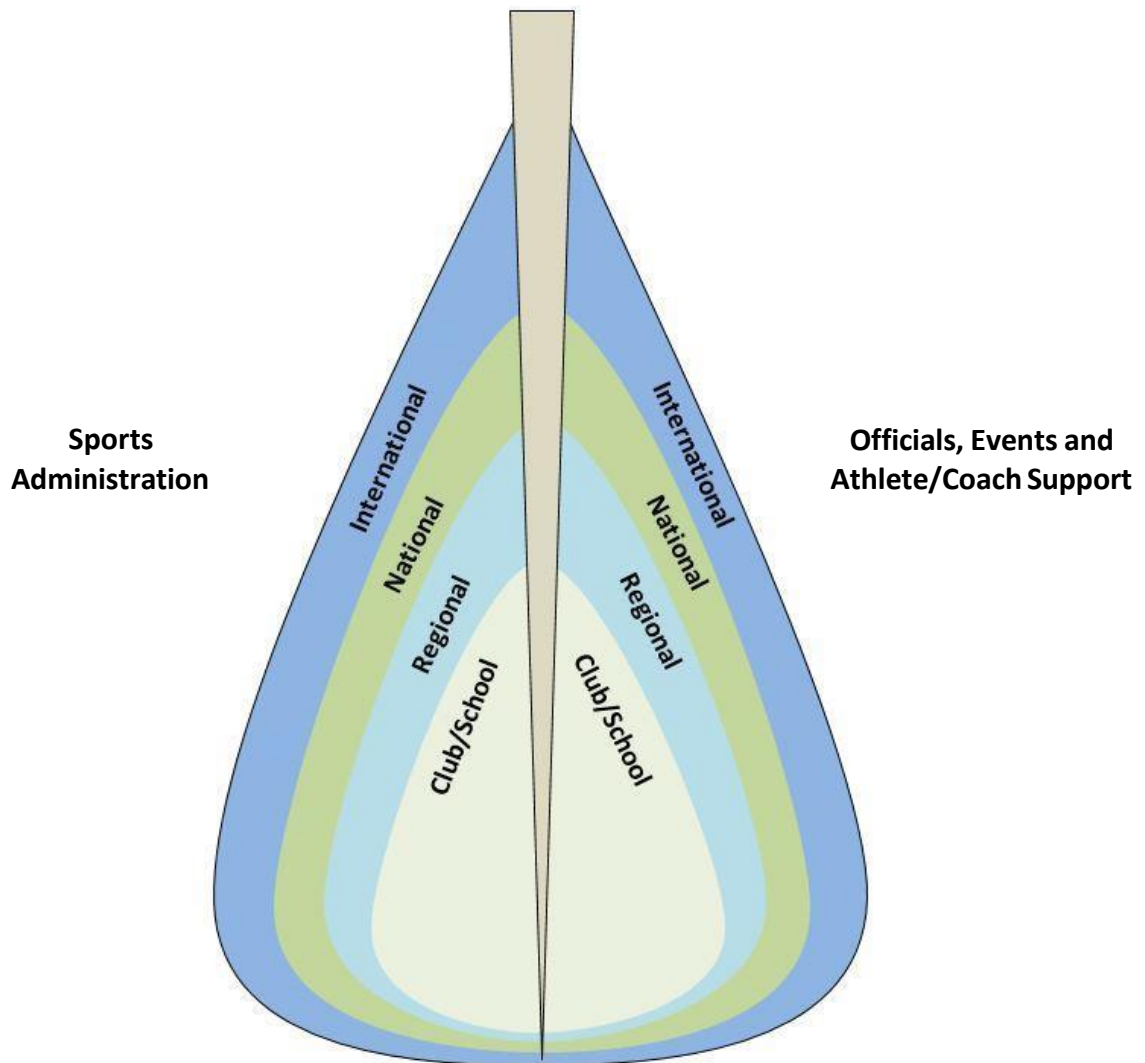
The Foundation Coach will aid novice paddlers who:

- Participate in 'Have a go' days
- Participate but not regularly
- Are considering regular participation

Coaching Modules

- Waka Ama Tikanga
- How to Coach (generic)
- CBE Waka Ama Safety Basics
- Waka Ama Basics (Paddling and Steering)

The front of the paddle – Sports Administration, Officials, Events and Athlete/Coach Support



When paddling the a waka this is the side of the paddle that is not seen by the paddlers looking forward– This is the side of the paddle that represents all the work that goes on behind the scenes that allows our sport to continue to grow and support those who are participating. Without this side of the paddle there would be no sport.

This side of the blade is split into two halves, one half being **Officials, Events, Athlete and Coach Support** and the other half: **Sports Administration**. Each side of the blade is held together by the spine of the paddle, this is the strength of our sport, the culture, history, tikanga, these are all the things that make our sport unique and makes all of us want to be part of this special whanau.

Sports Administration would include:

- Management and Administration
 - Organisation structures
 - Committee structures
 - Decision making process
 - Etc.
- Membership
 - Affiliation/Membership
 - Recruitment
- Increase Participation
 - Foundation programs, have a go etc.
 - Introduction opportunities
 - School, Youth and Novice activities
 - Opportunities for targeted groups, people with disabilities etc.
- Media and Promotion
 - Websites
 - Press and Media cover
 - News letters
- Finance
 - Assets
 - Affiliation/Membership fees
 - Income and Expenses
 - Funding
 - Policy (methods of control)
 - Budgeting
 - Sponsorship
- Partners and Relationships
 - Corporate
 - Other Sports organisations

Officials, Events and Athlete and Coach Support

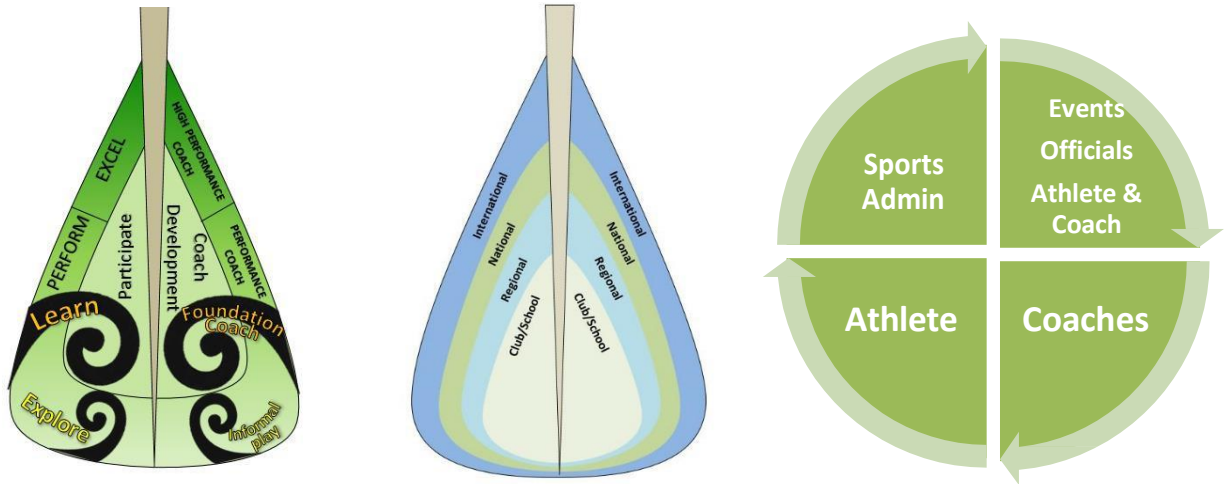
- Competition Structure
 - Club, Regional, National, International
 - Inter School/Tertiary
- Race Rules
- Events
- Facilities
 - Club, Regional, National (Office, club rooms)
 - Official race venues/courses
 - Joint use with other organisations

The paddle is symmetrical on both halves and progresses in layers from **Club/School** in the centre of the blade on to **Regional** then **National** and then **International**.

In an ideal situation all the layers of the paddle would be functioning to their full potential both in Sports Administration, Events, Officials and Coach/Athlete Support. Each layer would have a full understanding of the needs of the layers beneath them and work closely and be supported by the layers above them. It is important that all the layers are working in order for all the sport pathways to be complete and seamless.

The Complete Paddle

This model will allow us to create identifiable pathways for every aspect of our sport from athlete to administration.



It is very clear that each quarter of our paddle relies on another quarter to function, it is necessary for all four quarters of our paddle to be working in order for our sport to reach its full potential.

This model will be used to identify our sports current situation and will highlight the areas that our sport is succeeding and also identify the areas that need to be worked on. From this we can develop a plan that outlines our goals and how they will be achieved, it will ensure that resources are maximised and priorities are identified. The plan will act as a guide to insure everyone is working towards the same goal and vision.