

Safety Briefing - Checklist

Your Safety Briefing should cover the following:

- Explain the **Safety Waiver**
- Expected conditions** and local weather patterns
- Tide** times and likely effect (if any)
- Wind direction** and likely effect
- Required **safety equipment**
- Race course**
 - Explain any **hazards** on the course
 - Explain **exit points** if paddlers need to withdraw from the race
 - Give detailed information about race course – use a **physical map** to emphasise and explain key points/hazards/turning buoys
- Safety Checking** process
- Race start** time/s and race start procedure
- Finish** line location and finish procedure
- Safe **launching** and **exiting** of the water
- The number of **Safety Boats** on the water and how to identify them, explain which boat will be the lead boat etc – Use bright flags to indicate Lead Boat and Support Boats
- How to **raise assistance** in an emergency – ‘paddle in the air’
- The **course can be changed** during the race, explain the procedure
- At any time the Race Director or Race Official can **stop a paddler/s from competing/completing** if they show signs that they will not complete the race in an acceptable time or acceptable condition.
- All paddlers must check out (if they withdraw from race)
- Encourage **good practice** e.g. hydration, appropriate clothing and equipment
- Prize giving** ‘where and when’