



Paddler Guide

IVF Va'a World Elite & Club Sprint Championships 2016

Welcome, this [Paddler Guide](#) provides paddler and competition specific information. A range of accompanying general event information is included in our [Visitor Guide](#).

[Race Results and Information](#) at <http://vaaworldsprints.com/race/> is continually updated and includes Race Results and Schedules and links to the Visitor and Paddler Guides. Additional event information is available online at [Va'a World Sprints](#).





Competition Rules

The IVF Va'a World Elite & Club Sprint Championships are run in accordance with the [International Va'a Federation Race Rules](#). All competitors should ensure they are familiar with these rules. [International Va'a Federation Race Rules](#) supersede all other information and the following is provided as a brief only.

All competition is under the direction of the Competition Director Trish Johnston.

Para Classifications

Classification of Para Competitors is schedule for Thu 5 May to Sat 7 May in the [Para Classifiers Room \(PC\), Stadium Ground Floor](#).

Training

Area Co ordinators have been provided with allocated Training times. Training is only available during allocated times and in line with allocation guidelines. These times and guidelines must be strictly adhered to and canoes must be on the beach ready for the next team at the end of each training. Teams should arrive a minimum of 15 minutes prior to the allocated training time and present to the Training Co ordinator at the loading zone in the Race Area. Only training team members and officials should enter the loading zone. During training the Area Co ordinator is responsible for the management, coordination, health and safety of their team members and all equipment used by them. The use of equipment and time allocations is dependent upon the cooperation of all IVF Area teams.

Area Co ordinators Meeting

An Area Co ordinators meeting is scheduled for 10:00 Sat 07 May in the [Corporate Lounge \(CL\) Stadium L2](#). Area Co ordinators (or representatives) of all IVF Areas are required to attend this meeting. Paddler Identification Cards and event information will be provided.

Opening Ceremony

A Paddler March in parade is part of the opening ceremony and paddlers should assemble in their marked IVF Area within the [Competitor Tent](#) at 14:45 Sat 07 May in uniform and ready to march onto the [Main Field](#) when called. Each IVF Area should have a representative carrying their flag lead in their team and a representative of each IVF Area should also be available to approach the [Main Stage](#) and place their hand print on the Touching Hands Canoe.

Uniforms

As per Item 19 g. of the [International Va'a Federation Race Rules](#)

Paddlers must wear matching team uniform tops in competition. Uniform design must be consistent for all team members: short sleeve, tank top (singlet) or long sleeve must match. In a V12 event, all 12 paddlers must wear the same uniform. Underlayers may be worn by one or more of the crew and are not part of the uniform. Clothing worn below the waist need not be uniform. Headwear is optional, and may be worn by only those needing or wanting to wear them.

Any individual in a team may wear a hat or sunglasses. Underlayers and headwear are not part of the uniform. They are not a basis for infractions or protests.





Paddler Identification Cards

All registered paddlers will be issued with Photo Identification by their Area Co ordinator. This identification will be scanned for Race Check In. You must present at Race Check In with the correct Identification Card to be able to race. If you do not have correct Identification Card when you present at Check In you cannot race.



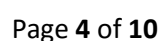
Athlete Insurance

[Arthur J. Gallagher](#) is provider of Insurance Solutions and a major sponsor of the Va'a World Sprints 2016. In conjunction with the Australian Outrigger Canoe Racing Association [Arthur J. Gallagher](#) is providing Registered Athletes with complementary minimum level Paddler Insurance. The [Athlete Insurance Brochure](#) provides an outline of this offer. Details are available at [AJG AOCRA](#).

Canoes

New and refurbished [canoes](#) have been secured for the Va'a World Sprints 2016. All canoes are of matched design, weight, and rigging. To minimise canoe damage and maximise paddler safety please treat all canoes and competitors with respect.

When loading V1's stand between the canoe and ama, facing the ama. Lower yourself onto the seat and then swing your legs in. Do not to lead with the feet as the hull and gunnels are not strong enough to sustain the weight at these points without damage occurring.





Race Call

Race Announcers will call teams 3 times.

1. 1st Call Race # - Teams get ready.
2. 2nd Call Race # – Teams on their way to Pre Holding in the Race Area.
3. 3rd and final Call Race # – Teams at Pre Holding awaiting Check In.

Please listen for race calls and be at Pre Holding early, race Check In will close on the final call. You must know your Race and Lane Number. Race Calls will be 30 to 45 minutes prior to your race. Early races will be Called Up quickly and you should be prepared to go directly to Pre Holding Area as soon as called. Race times and orders are indicative only and are subject change. Please listen to race calls and be prepared to race.

Check In and Holding

Paddlers will be called from Pre Holding for Check In. When your team is called (all team paddlers must be present) your Paddler ID will be used to confirm your identification and details, if you do not have your Paddler ID you will be unable to proceed. All team members must be in the correct uniform. All paddlers in any one team shall wear the same uniform top (colour, style and printing).

Once your team is checked in you will proceed into the Holding Area. You cannot leave the Holding Area until your race is completed. Toilets are provided within the Holding Area. Once the preceding race is loaded you will be called to lane rows ready to load canoes. A Drop Zone is provided for personal items do not leave valuables.

Loading

When called you will load canoes and proceed to the area behind the Pre Start line for your race. You must follow all instructions and transit in single file well clear of all race lanes, stop paddling when a race passes, wait before the flag station if the flags are in use, and wait in line behind your Pre Start line. Starts will not be held for crews that are not waiting in line. Refer to the [Lanes](#) diagram to ensure you are clear on the lane markings and how to identify the required lane.



Race Start

Competitors must be present at the start for their race and act as directed. Starting signals shall be given regardless of absentees. No assistance can be provided except in case of an emergency or as requested by officials.

Start Flags are located on the left side of the course as viewed from the canoe approximately 60m in front of the start line. An aligner is located in line with the Start Line.

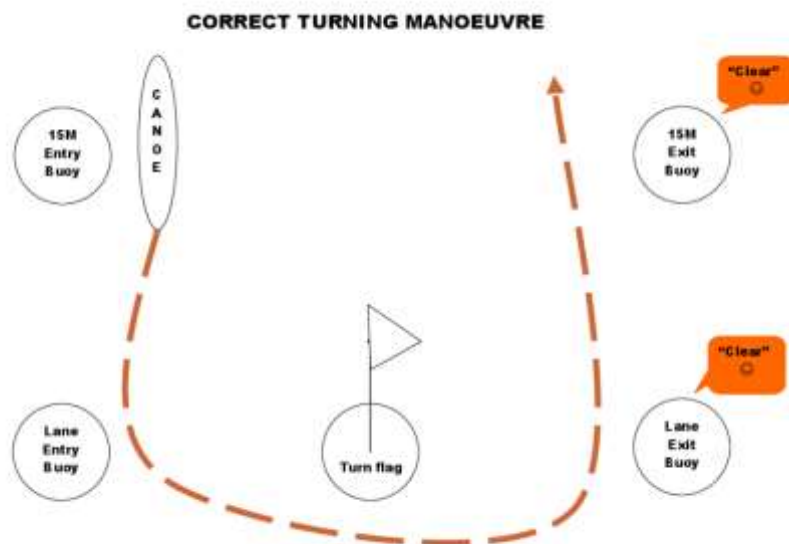
Start Process:

1. **White Flag** - "Move to the Pre Start Line and Hold." - Race is in the aligner's control. All canoes align on the Pre Start line.
2. **Red Flag** - "Move to the Start Line and Stop" - Race start any time within two minutes.
3. **Green Flag** – Race Start
4. **Black Flag** - Indicates a rule violation (canoe bow over start line). Check your position and correct. Canoes are responsible to correct themselves. If the rule violation is corrected the Black Flag is lowered. If the rule violation is not corrected and the Black Flag is up when the Green Flag is raised for race start there is a rule violation and at least one team is subject to disqualification.

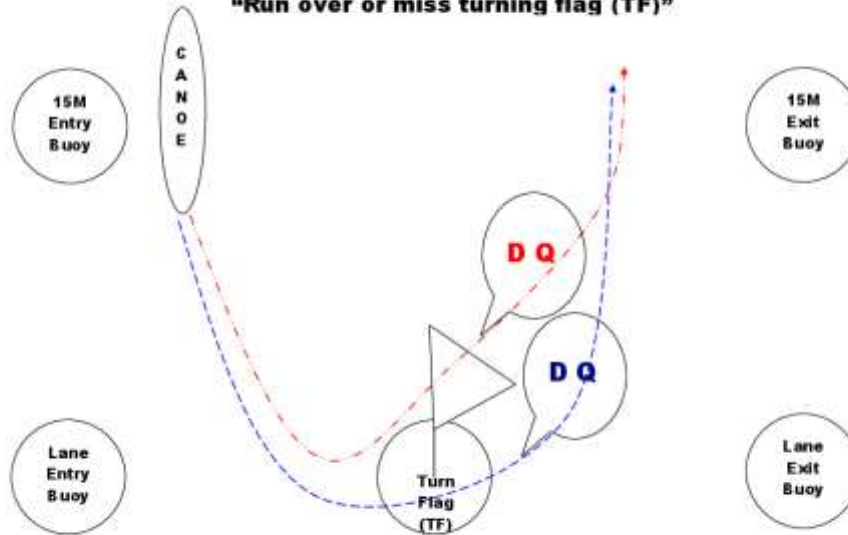
Race Infractions

[International Va'a Federation Race Rules](#) Item 25. Disqualification outlines reasons for disqualification. [International Va'a Federation Race Rules](#) supersede all other information and the following is provided as a brief only.

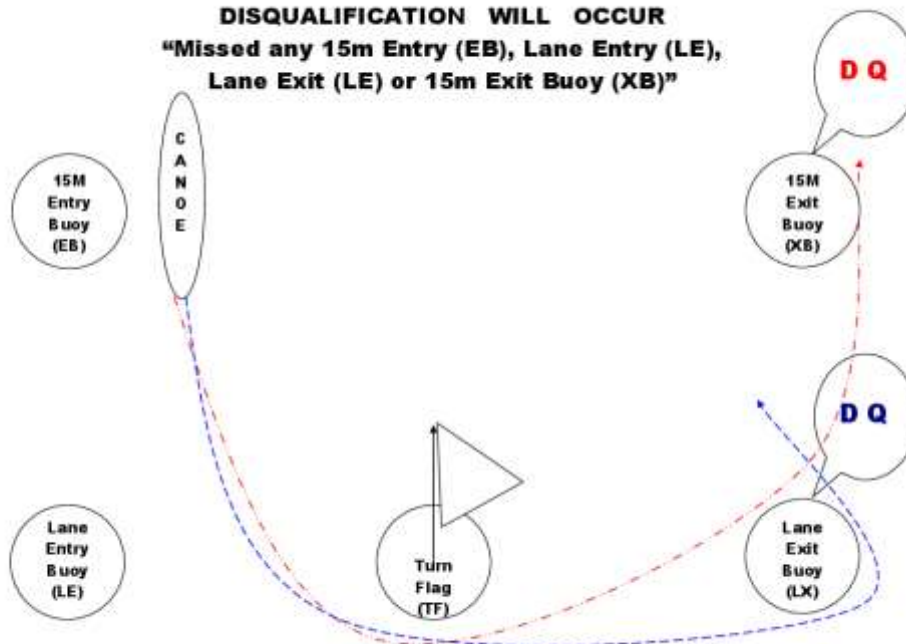
No part of the canoe can cross outside the allocated lane at any time. Paddlers must remain seated during the race. For turns races canoes must complete a counter-clockwise turn around the turn flag. The turn flag must be on the outside of the ama at all times. The [Turns Diagram](#) provides a visual brief of requirements.

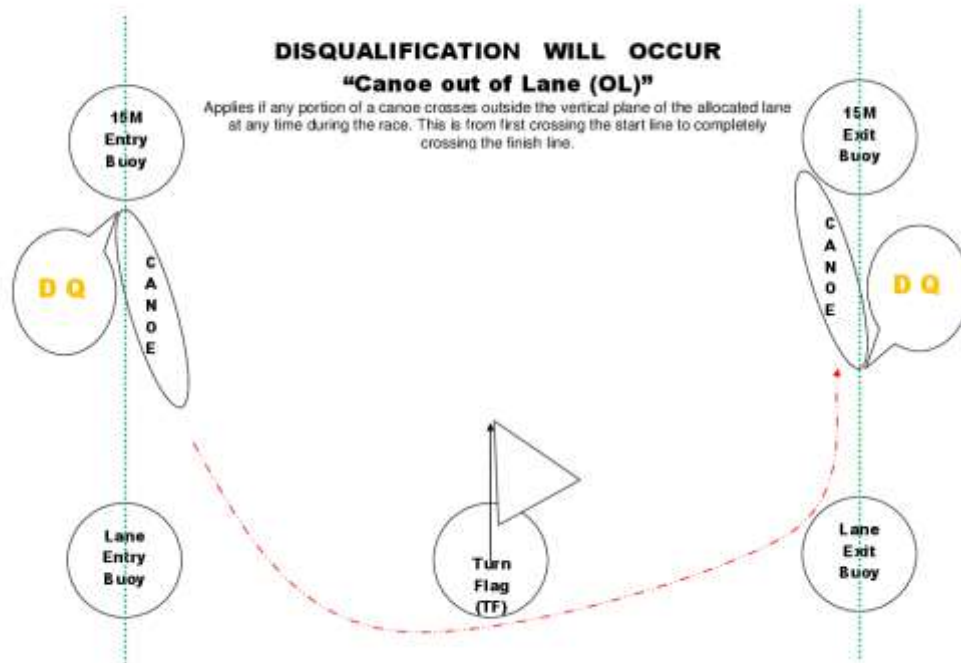


DISQUALIFICATION WILL OCCUR
"Run over or miss turning flag (TF)"



DISQUALIFICATION WILL OCCUR
"Missed any 15m Entry (EB), Lane Entry (LE),
Lane Exit (LE) or 15m Exit Buoy (XB)"





Race Finish

On Race Finish continue paddling through any waiting canoes (turns races) and go promptly to the unloading area, do not stop in the way of the next race start. Canoes should land at the lane number area indicated.

Unloading

Exit canoe and clear the unloading area promptly. Collect your items in the Drop Zone and leave the Holding Area.

Results and Protests and Appeals

Race timing is recorded using remote triggered Photo Finish and Timing equipment, Course Judges and support boats monitor all lanes, starts, turns and finishes are recoded.

Results are posted on the Results Board in the Race Area.

Any disqualifications will be confirmed in writing by the Competition Director to the relevant Area Co ordinator. The protest time starts at the time this notice is given. The disqualification is then publicly announced and posted.

A protest to any result or disqualification may be lodged by submitting a Protest Form to the Infractions Officer beside the Judging Tower within 30 minutes from the publication of the results where there is a disqualification, or from issue of the disqualification to the Area Co ordinator or from the end of the inquiry with the Infractions Officer, which must begin within 20 minutes of either of the preceding.



Once a protest has been received all parties involved in the race will be notified and 20 minutes is allowed for other or counter protests to be received before the protest committee closes the case and starts deliberating. The written decision of the protest committee will be given to the affected Area Co ordinators. Any counter protest must be submitted within the following 15 minutes. All protests shall be made in writing and be accompanied by a fee equivalent to US\$100.00. This is refunded if the protest is upheld. Any appeal must be submitted within 20 minutes.

Progressions

A seeding lane order fastest in middle lanes to slowest in outside lanes is used for progressions.

For 8 lanes the progression lane order; fastest to slowest; is 4, 5, 3, 6, 2, 7, 1, 8.

For 6 lanes the progression lane order; fastest to slowest; is 3, 4, 2, 5, 1, 6.

An outline of the progression order for different races is displayed in the [Progression Charts](#).

Awards Presentations

Awards presentations are scheduled on the [Main Stage](#) each race day except Fri 13 May approximately half an hour after the last race. Awards for Fri 13 May will be presented at the Awards Presentations the following day. Award recipients should be in uniform.

The latest race updates are available at <http://vaaworldsprints.com/race/>



Sponsors and Supporters



The Australian Outrigger Canoe Racing Association in partnership with the Sunshine Coast Regional Council is host of the 2016 IVF Va'a World Elite & Club Sprint Championships.



The Naturally Refreshing Sunshine Coast is host region and official destination partner for the 2016 Va'a World Sprints.



Va'a World Sprints 2016 are presented by



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