



Regional W1 Event Guidelines

RACE DIVISION	TTCPA	AROCA	TPOTI	TUOTR	HTPWAA	TWOA
INT MEN	4	5	7	7	5	4
INT WOMEN	4	9	6	5	4	4
JUNIOR 16 MEN	5	8	5	5	5	4
JUNIOR 16 WOMEN	4	4	7	9	4	4
JUNIOR 19 MEN	4	8	7	4	5	4
JUNIOR 19 WOMEN	4	5	4	11	4	4
OPEN 23 MEN	5	9	6	4	4	4
OPEN 23 WOMEN	4	5	6	9	4	4
PREMIER MEN	6	7	5	6	4	4
PREMIER WOMEN	4	4	7	8	5	4
MASTER MEN	5	6	5	4	5	7
MASTER WOMEN	4	4	9	7	4	4
SNR MASTER MEN	7	7	5	4	5	4
SNR MASTER WOMEN	4	8	7	5	4	4
GOLDEN MASTER MEN	7	8	5	4	4	4
GOLDEN MASTER WOMEN	6	4	6	8	4	4
70+ MEN	4	4	8	5	4	5
70+ WOMEN	4	4	4	4	4	4

REGISTRATIONS

Paddlers are to register and pay for the sprints through their Clubs. **Registrations CLOSE 5th December 2016.** The clubs will be invoiced Race Registration Fee no later than the 7th December, 2016. All registrations need to be paid to TUOTR by December 14th, 2016

No late entries after 5th December, 2016: 11.59pm will be accepted

RACE REGISTRATION FEE:

\$10.00 Adult J19 +
\$5.00 Child

EVENT DATE

Date: 17th December, 2016

Postponement date: 18 December, 2016

Event Postponement will be advised on the TUOTR facebook page by Friday 16th December Midday

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DRAW FORMAT

Races will run in the following order, Intermediates, Juniors, Open 23, Golden masters, Senior Masters, Masters and Opens.

Each paddler will be given 2 races, with the fastest time of the 2, being submitted for the qualifying quota. If a paddler opts out of either race then the following **penalties will be invoiced to your Club/Roopu:**

Adult \$20.00 (J19+)

Child \$10.00

All penalties **must be paid, before paddlers will be registered/uploaded to NKOA for the Club National Sprints 2017.**

The only Exceptions will be due to injury as waived by the medical volunteer onsite.

NB: these penalties apply to NO SHOWS as well

W1 250m DASH

Will be run at the end of the Day

Quota to be filled:

J19M x 2

J19W x 2

Open Men x 2

Open Women x 2

The fastest 2 times in each division will be registered as our Regional Representatives for 2017.

LIFE JACKETS

It is **compulsory** that all paddlers **13yrs and under** wear Life Jackets.

It is **strongly recommended** all paddlers wear Life Jackets.

GOLD MEDALIST

If a paddler is a gold medallist in the current year they will receive an instant spot in the quota. Though to get a preferred lane for the Nationals they will be required to trial. Otherwise will be placed at the end of seeding. EG: if there is a quota of 5, the gold medallist does not wish to trial they will be given space 5, with seeding 1, going to the fastest trialist at the regional trials.

WAITLISTED

Paddlers who are not able to be present at the trials, regardless of the reason will be waitlisted. The club will be notified by the Region should a spot become available for the paddler. The club are to notify the region within 2 working days if the paddler will take the spot, so they can offered to the next WAITLISTED paddler.

SELF RANKING

For divisions in which the quota is either just full or under quota, the options are to:

1: Race on the day to determine seeding

2: Self ranking, in which case paddlers will communicate with one another and agree on seeding.

Paddlers will then communicate outcome to TUOTR Trails' administrator no later than December 12th, 11.59pm.

ALL PADDLERS MUST AGREE on an option.

UNIFORMS

All Paddler, must wear their Club/Roopu uniform.



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NON-REGIONAL (TUOTR) MEMBERS

Paddler(s) from other Regions will not have their registration accepted for TUOTR W1 trials.

ie. These trials are for paddlers paddling for TUOTR at the National Sprints. Paddlers paddling for other regions at the National Sprints will not be permitted to enter.

RACE CALLS

There will be 3 calls for each Race as per Waka Ama Sprint Nationals process:

First Call: Get ready for race

Second Call: To be at loading bay

Third Call: Loading out onto waka

All Paddler(s) are required at the Loading Bay by their FINAL CALL.

IF YOU ARE NOT PRESENT BY THE 3RD CALL THE RACE WILL GO AHEAD WITHOUT YOU

WAKA USAGE

Although we are aware of the challenges that many Roopu face of more participants than waka, it is the responsibility of Clubs to organise the allocation of their waka ensuring there are a minimum of 3 RACES between the use of any one waka. Races will NOT be delayed, waiting for WAKA. The draw release will provide all Clubs with sufficient time to assess and manage their waka allocations and if need be make other arrangements.

WAKA WEIGH IN

All Waka must be weighed to a Minimum 16Kgs. Paddlers must bring their own weights if they know their waka does not meet the minimum weight restriction. All waka are to be sprayed before entering the River, no waka can enter onto the water without completing this.

Weigh In and Waka Wash Station will be open: Friday Evening 5pm – 7.30pm & Sat 6.30am – 11am

NUMBER HOLDERS

All Waka must have number holders, it is the paddlers' responsibility to provide these. There will be a limited number holders available at \$5.00ea

PROTEST PROCESS

Paddlers are to go through their Club Representatives to lodge a protest. They have 15mins to lodge a Protest at the Admin Tent, from the time Results are posted. All protests will be considered by the Protest Committee. The Protest Committee will endeavour to provide the result within 30mins of receiving the protest.

Procedure for protests:

- 1: Contact Club Representative and advise your protest
- 2: Club rep completes Protest Form at Admin Tent (within 15mins of results posted)
- 3: Protest committee review Protest
- 3: Result advised within 30mins to Club Rep

Protests will only be discussed with your CLUB REPRESENTATIVE who will communicate to you the outcome. Protest Committee's decision is final and NO further negotiations will be entered into.

RACE Faults

- Going over the "Start Line", before the green Flag is raised
- Going Out of Lane
- Impeding another waka
- Not finishing in paddlers own lane

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Penalty: 10 sec Time penalty
Max penalty per race is 10 seconds



FLAGS

“WHITE FLAG” – MOVE UP TO THE FALSE START LINE AND HOLD

“RED FLAG” – MOVE UP TO THE START LINE AND STOP

If during this time at least the bow of one canoe is over the start line – the BLACK FLAG will be raised. (This allows for canoes to correct themselves if they find they are over the start line.)

“GREEN FLAG” – RACE STARTS

NB • If the BLACK FLAG is lowered when the GREEN FLAG is raised – No teams will be disqualified for START LINE FAULTS • If the BLACK FLAG is raised and then remains risen as the race starts – There will be at least one team disqualified for a START FAULT.

Race Rules:

This event will be run in line with all NKOA W1 Sprint Rules, in any instance these rules conflict those of NKOA then the rules of NKOA will take precedence.