

Low Tide: approx. 7am High Tide: approx. 1pm

Hosted by Parihaka Waka Ama Inc.

Supported by Whangarei Cruising Club WCC Parua Bay Clubhouse Whangarei Heads Road

*** RACE PROGRAMME ***

6:30am Registration / Rigging

Support Boat Crew Meeting

7:30am Welcome / Opening Karakia

8:00am Race 1 Start 18km W6 Women and Mixed 10:30am Race 2 Start 8km W6 Novice and Juniors 12:00pm Race 3 Start 18km W6 Men

2:30pm Hangi / Prizegiving / Closing Karakia

Please Note: ALL RACE BRIEFINGS will be held 15-30mins before each race start

Race Enquiries: parihakawakaama@gmail.com

Fees:

Adult racing in senior division: \$40 per paddler Junior racing in junior division: \$20 per paddler

Junior racing in both junior and senior division: \$40 per paddler

Novice racing in novice division: \$30 per paddler

Steerers steering novice division and racing in senior division: \$40 per paddler

Registration fee entitles you to free soup after the race, a hangi meal and eligibility for any potential spot prizes.

Entry fees are **non-refundable** but may be transferable to another paddler from that team.

Registrations:

On-line entries via www.wakaama.co.nz - close Monday 12th June 2017

Register early to avoid disappointment. **No entries will be received after registration closes**. Our priority is your safety. To ensure we comply with the *Waka Ama Event Sanctioning* process of support boat vs. waka ratio, priority of entries will be given in order of registration.

All race participants must register and attend race briefing.

Novice Paddlers:

The Novice Race is open to all paddlers J16 and above. **Novice teams must have an experienced steerer and be able to complete 8km within one hour.** Novice paddlers are those who have either not competed in a national regatta and/or have been paddling for less than 12 months and/or do not have suitable ocean paddling experienced.

Waiver Forms:

All race participants are required to read and sign the race waiver form provided on race day. Any paddlers 18years or under must have a parent or guardian read and sign on their behalf. No liability will be taken for those paddlers who do not comply with the organizers instructions.

Race Course:

A map will be provided on race day, or prior where is possible. Any changes to the course due to weather conditions will be notified at the race briefing.

Race Distance and Divisions:

8-10km	W6	J16's & J19's - Boys / Girls / Mixed
	W6	Novice – Men / Women / Mixed (no age divisions)
18km	W6	Senior Division – Men / Women / Mixed

Paddler capability / skills:

Any paddler competing must:

- Unless a Novice be capable of competing in Senior races
- Be trained in and capable of self-rescue techniques (e.g. right a capsized waka)
- Be able to swim and be comfortable in conditions relative to their skill level
- Have an adequate degree of skill and fitness to finish the race in conditions that might be expected
- Be dressed for the expected conditions
- Carry / Have access to adequate food and drink for the race

Supporter Kai:

Additional kai for supporters will be available when pre-ordered

Cost: \$10 per meal

Please email parihakawakaama@gmail.com if you would like to place an order for an additional meal. We have limited meals available so these will be allocated on a first in first serve basis, based on emails received.

Support Boats:

All requests for the approval of individual support boats must be made in writing to Parihaka Waka Ama by the close of on-line registrations being Monday 12th June 2017.

Waka Hire:

If your club has waka available for hire for one or more of the races please let us know We will do what we can to connect clubs / teams requesting waka.

*** IMPORTANT PLEASE NOTE ***

Should wind conditions exceed or be forecast to exceed 25 knots (46km+) MSA approved PFD's must be worn by all participants

AND – all participants, coaches and officials must be made aware of the conditions – paddling may only occur after all the risks have been assessed; the zone and local maritime rules have been considered, and the potential risks are deemed to be minimal.

In all races and events, should there be extreme wind warning or gale force marine warnings in place OR should the wind conditions exceed or be forecast to exceed 34 knots (277km+) (according to local official marine weather radio or Met Service website http://www.metservice.com/national/home) spray skirts must be used on W6.