



Kia ora koutou

- Come along and support this kaupapa and enjoy some Waka Ama paddling. The kaupapa is to raise awareness on breast cancer and to "TEST your BREAST".
- Remember to wear pink and "PINK YOUR WAKA" to win prizes.
- Enjoy a free sausage sizzle (for paddlers) after your race and meet some of the amazing people who will be here to offer support and advice.
- Listen to our very own Diva, Krissie Knapp who will stun you with her musical talent.
- Hear some stories from our Breast Cancer Champions; Some of our best paddlers will talk about their journey.
- Go to the Facebook page for updates from paddlers: "100% of Kaiwaka Screened". Post your pics here
- All proceeds will go to Aratika Cancer Trust. Webpage: www.aratikatrust.co.nz

Contact Hellen on hellzup@gmail.com or 021567692

Keep calm, paddle and get checked

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VENUE:	Lakefront, Rotorua – Far end of the Lakefront, by the Te Arawa Waka.		
W6 TRAILERS/VEHICLES	A designated area has been set aside for unloading and rigging. You will		
	be guided by our volunteers when you arrive.		
ALL OTHER VEHICLES	You will be directed to designated parking areas. As it is a public area,		
	parking will be shared with others.		
W1 WAKA (RUDDERED	An area is designated for W1 Waka		
AND RUDDERLESS)			
	PROGRAMME		
7.30am	Registrations Open – Register on the day or use the online registrations		
	– Pay on the day.		
	Safety Checks		
8.30am	Karakia/Race Briefing		
9am	W6 Women, J16 Women, J19 Women and Mixed (7Km)		
10.15am	W6 Men, J16 Men, J19 Men and Mixed (7km)		
11.30am	W1 All paddlers, ruddered and rudderless (7km)		
12.30pm	Whanau Race (2km)		
1.15pm	Prizegiving		
	THINGS TO KNOW		
J16 and up	Paddlers must be J16 and up. Must be a minimum of 12 years of age and		
·	have an experienced steerer. Intermediate crews will not be eligible.		
Register on-line	Put your registrations through the on-line registrations. It will enable us		
	to organise your race for maximum enjoyment and fun!		
Registrations	10.00 per paddler. Pay on the day at registration.		
Lakefront	Toilets are available in the reserve, a playground for the kids and a café.		
Kai	Other healthy kai options will be available for purchase.		
Coffee!	The coffee guy will be there to give you your fix!		
Health Services	Local Health services will also be available for you to talk with.		
Lifejackets Compulsory	J16 paddlers must wear approved and fitted lifejackets.		
	Whanau Race paddlers must also wear approved and fitted lifejackets.		
Waka Checks	• W6 canoes must have 2 bailers and 6 lifejackets and 1 spare paddle.		





	• W1/W2 canoes must have 1 bailer (for sit in canoes), 1 x lifejacket
	per person and 1 spare paddle.
	All waka will have to pass a safety check and be marked before
	racing. Any boats not marked will not be permitted to race. (Refer to
	NKOA Rules for safety equipment requirements).
Spray Skirts	All waka must have spray skirts available on the day. The Race Director
	may make spray skirts compulsory if the conditions warrant it.
Race Cancellation	The race organisers have the right to cancel the race or refuse entry if
	safety of the paddlers is at risk.
Race Briefing	The Steerer and waka captain must attend the race briefing.
Waka Assistance	If a waka needs assistance, the paddler in seat 3 is to raise their paddle.
	Support boats will assist as required.
Right of way	The lead waka will have the right of way. Give way to waka on the turn
	buoy if they are ahead of you. No intentional collisions will be tolerated.
	Respect the Waka.
Clothing	Make sure all paddlers are wearing appropriate clothing for the water
	and weather conditions.
Event control	The Race Director and his/her officials have absolute control of the
	event.
Whanau Race	This race is for members of the same whanau to paddle together.
	Younger members can also participate. An experienced steerer is
	required. Lifejackets are compulsory and must be worn. Please make
	sure there are enough lifejackets for each paddler. Lifejackets are the
	responsibility of the paddler.
Novice Paddlers	These are paddlers who are first time paddlers and should paddle with
	experienced paddlers also in their waka.
W1 Rudderless	Paddlers doing W1 rudderless must be experienced.
Paddles and Lifejackets	You must provide your own paddles and lifejackets.
Gear for Sale	Lynora has offered gear for sale with proceeds going to Aratika Cancer
	Trust. Email: Lynora@lwear.co.nz







W6 REGISTRATION FORM

Club Name:		.Team Name:					
Contact Person:		Phone number:					
Please circle your race categor	y:						
W6 J16 Women	W6 J19 Women	W6 Open Women	W6 Master Women	W6 Senior Master Women			
W6 J16 Men	W6 J19 Men	W6 Open Men	W6 Master Men	W6 Senior Master Men			
W6 J16 Mixed (Race 1)	W6 J19 (Mixed Race 1)	W6 Open Mixed (Race 1)	W6 Master Mixed (Race 1)	W6 Senior Master Mixed (Race 1)			
W6 j16 Mixed (Race 2)	W6 J19 (Mixed Race 2	W6 Open Mixed (Race 2)	W6 Master Mixed (Race 2)	W6 Senior Master Mixed (Race 2)			
W1 J16 Women Rudderless	W1 J16 Men Rudderless	W1 Open Men Rudderless	W1 Master Men Rudderless	W1 Senior Master Men Rudderless			
W1 J16 Women Ruddered	W1 J16 Men Ruddered	W1 Open Men Ruddered	W1 Master Men Ruddered	W1 Senior Master Men Ruddered			
Paddlers' Names:							
1							
2							
3							
4							
5							
6							
Signed: Team Captain	Club Of	ficial	Date:				
Team Captain Date:							





W1/W2 REGISTRATION FORM

Club Name:Team Name:						
Contact Person:	Phone number:					
Please circle your race category:						
W1 J16 Women Rudderless	W1 J16 Men Rudderless	W1 Open Men Rudderless	W1 Master Men Rudderless	W1 Senior Master Men Rudderless		
W1 J16 Women Ruddered	W1 J16 Men Ruddered	W1 Open Men Ruddered	W1 Master Men Ruddered	W1 Senior Master Men Ruddered		
Paddlers' Names:						
1						
2						
Signed:						
Team Captain Date:						









WAKA AMA NEW ZEALAND EVENT WAIVER and AUTHORITY FORM

I declare that:

- 1. My accepted entry will not be transferred to another entrant.
- 2. In the event of any "act of God" conditions causing a cancellation of the event, my total entry fee is not transferable or refundable.
- 3. I acknowledge that there are risks involved with Waka Ama and fully realise the dangers of participating in an event such as this and fully assume the risks associated with such participation and my wellbeing during the event.
- 4. I understand and agree that situations may arise during the event, which may be beyond the immediate control of officials or organisers, and I must continually participate in a manner that does not endanger either myself or others.
- 5. Neither the organisers, the sponsors nor other parties associated with the event shall have any responsibility, financial or otherwise, for any risk incident that might arise, whether or not by negligence, from any direct or indirect loss, injury or death that might be sustained by me or any other party directly or indirectly associated with me, from my intended or actual participation in the event or its related activities.
- 6. I authorise my name, voice, picture and information on this entry form to be used without payment to me in any broadcast, telecast, promotion, advertising, or any other way pursuant to the Privacy Act 1993.
- 7. I agree to comply with the rules, regulations and event instructions of the Pink Hoe event.
- 8. I consent to receiving medical treatment which may be advisable in the event of illness or injuries suffered during the event.
- 9. I confirm that I can swim 50 Metres/OR if I cannot swim 50 Metres I will wear a PFD during the race.

• 3 extra columns have been added to raise further awareness amongst our paddling whanau around breast cancer. They are optional to complete. **All information is confidential.**

Full Name	ate of Birth	Signature r 18 the Waiver must be signed by Parent or guardian	Have you been checked?	^		