

# BUPRENORPHINE QUICK START - Harbor-UCLA 2022

More Info?  
ED-Bridge.org



## OPIOID WITHDRAWAL Sx?

At least one: myalgia; n/v/d, abd pain, restlessness, sweating, dilated pupil or watery eyes, tachycardia, yawning, goose bumps

Pregnant?

### PREGNANT PATIENTS:

If you have a pregnant patient in withdrawal:  
1. If they are medically clear, send to OB Triage  
2. If they are not medically clear, clear them and send to OB Triage

YES

NO

Offer buprenorphine home initiation and provide prescription and education (see separate algorithm)

DOCUMENT:  
1. Which opioid used  
2. Time of last use  
3. Pattern of use

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1. Which opioid used  
2. Time of last use  
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4. Refer to Bup Bridge  
5. If home initiation prescribed  
6. Rx Naloxone Kit

ADMINISTER  
buprenorphine  
8-16mg SL

1  
HOUR

REASSESS

SYMPTOMS IMPROVED?

YES

NO

Can repeat dose 4-8mg Q1-2 hr until withdrawal resolved.

Usual ED dose: 16mg SL Bup  
Max effective dose: 32mg SL Bup/24hr

CONSIDER: Bup can cause unexpected withdrawal if a large dose is given too soon after the patient's last opioid use

NON-RESPONDER:  
May need more Bup, or recheck diagnosis

Rx: Bup-Nx 8/2mg  
2 tab SL daily  
Dispense 60

**Bup Bridge**

## Provider Questions about Buprenorphine?

- Severe illness or non-opioid intoxication
- Opioid overdose s/p naloxone reversal
- Symptoms not resolved after 24mg SL Bup
- Long Acting Agents (Methadone)
- Concurrent Mind-altering (benzos, EtOH)

**Consider Consult to:**  
**DHS MAT Consult Line**  
**(213) 288-9090**  
(8a-12a 7 days per week)  
OR  
**Poison Control**  
**(800) 222-1222**

## Bup Bridge Follow Up (2 Steps)

1. All Patients: **Social Work Consult:** Reason for consult (Substance Use – MAT). Social work will provide education to all patients.

### AND ONE OF THE FOLLOWING

- A. **DHS DHS Eligible:**  
Can walk into:

**Adult PC Clinic<sup>1</sup>** PCDC Basement Clinic C  
Mon & Thu 1000 W Carson St  
7:30a-10a Torrance, CA 90502  
**(424) 306-4546**

OR

**Lomita Clinic<sup>2</sup>** 1430 W Lomita Blvd, 2nd Fl  
Tue & Fri 8a-10a Harbor City, CA 90710  
**(310) 602-2600**

<sup>1</sup>For questions, message Chris Brown, MD via ORCHID  
<sup>2</sup>For questions, message Gloria Sanchez, MD via ORCHID

- B. **DHS, DHS Eligible, MyHealth LA:**  
**LAC+USC Urgent Care D/T Building**  
Tue-Thu & Sat 8a-7p (No appt needed)

2051 Marengo St., 2nd Floor  
Los Angeles, CA 90033  
**(323) 409-1000**

- C. **All Patients (MyHealthLA or OOP and also DHS if they can't wait for the other days):**  
Tarzana Treatment Center 24/7 (No appt needed)

5190 Atlantic Ave  
Long Beach, CA 90805  
**(562) 428-4111**

## UPON DISCHARGE:

1. Confirm Patient Contact Information
2. Provide OVERDOSE Education
3. Prescribe Naloxone 4mg/0.1mL intranasal spray
4. Add Discharge Diagnosis: Opiate Use Disorder and/or Opioid Withdrawal
5. D/C Instructions: Bup Start (custom)
6. All patients - f/u PMD in 1-2 weeks