

COVID-19

HOW TO COLLECT an Anterior Nasal (Nares) SWAB

PROVIDERS: PROTECT YOURSELF IF YOU PERFORM THE SWAB

For **SYMPTOMATIC** patients, please wear: gloves, eye protection, gown, and an N95.



Gloves



Eye Protection



Isolation Gown



N95 Mask

For **ASYMPTOMATIC** patients use standard precautions (gloves, surgical mask).



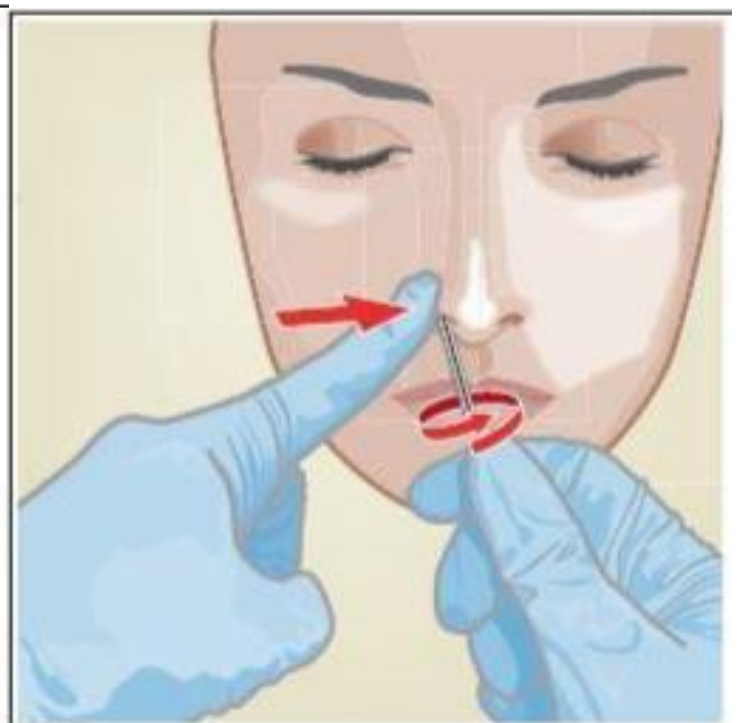
Gloves



Surgical Mask

HOW TO PERFORM THE SWAB:

1. Insert a nasal swab 1.0-1.5 cm into a nostril 1 (either right or left)
2. Rotate the swab against the inside of the nostril for 10 seconds while applying pressure with a finger to the outside of the nostril
3. Repeat on nostril 2 (other side) with the SAME swab



THE SELF-PERFORMED NASAL SWAB TECHNIQUE:

1. Insert a nasal swab 1.0-1.5 cm into a nostril 1 (either right or left)
2. Rotate the swab against the inside of the nostril for 10 seconds while applying pressure with a finger to the outside of the nostril
3. Repeat on nostril 2 (other side) with the SAME swab

