

# VAGLAHS PPE DONNING AND DOFFING WITH N-95 RESPIRATOR

03/23/2020

## **DONNING**

### **PPE Equipment List**

1. One pair nitrile gloves
2. One N-95 Respirator
3. One Full-face shield
4. One surgical or bouffant cap
5. One disposable Isolation gown
6. Alcohol-based hand rub (hand sanitizer)

**Note: All PPE will be stored in isolation cart outside the isolation room. Don all PPE prior to entering the isolation room.**

### **PPE Donning Procedures:**

1. Remove all personal belongings (jewelry, watches, phones, etc.). Tie back hair.	
2. Inspect PPE prior to donning- look for any tears or physical damage.	
3. Secure long hair and put on surgical/bouffant cap.	
4. Don Isolation gown. Tie neck and waist strings in the back.	
5. Don N95 Respirator <ul style="list-style-type: none"><li>• Ensure bottom strap is below your ears and the upper strap is towards the crown of your head.</li><li>• Secure respirator around bridge of nose and chin</li><li>• Fit-check the respirator to ensure there is a good seal by exhaling into the respirator and check for leaks</li></ul>	
6. Don full-face shield.	
7. Don nitrile gloves; gloves should go over isolation gown sleeves.	
8. Perform final safety check--look for any tears on PPE. Check to see all of PPE is on.	
9. Enter Isolation Room.	

# DOFFING

## PPE Doffing Procedures:

### Equipment:

1. One extra-large red biohazard bag
2. GLA approved Germicidal Wipe (Clorox Healthcare Germicidal Wipe, Dispatch Hospital Cleaner Disinfectant Towels with Bleach, Sani-Cloth AF3 Wipes) or Alcohol Based Hand Rub (ABHR)- hand sanitizer

1. Inspect PPE prior to leaving isolation room to assess for visible contamination, cuts, or tears. If you see any obvious soil or contaminant, wipe off with germicidal wipe before exiting.	
2. Doff gloves and gown (inside out). Do this slowly and carefully to avoid tearing or contaminating the hands.	
3. Put on new pair of gloves.	
4. Doff face-shield. Tilt head forward slightly and holding the face-shield at your temples, pull the face shield up and forward. Place on Chuck for later cleaning (these are reusable).	
5. Perform hand hygiene. Take off surgical cap.	
6. Exit isolation room.	
7. Perform hand hygiene.	
8. Doff N-95 Respirator. <ul style="list-style-type: none"><li>• Lean forward towards the red biohazard bag which you hold in one hand. With the other hand, pull lower strap up and over your head without touching the front of the respirator. Then grab the upper strap and remove in the same manner. Allow mask to fall forward into red bag.</li></ul>	
9. Perform hand hygiene with GLA approved germicidal wipe or hand sanitizer.	