

# BUPRENORPHINE QUICK START - Harbor-UCLA 2018

More Info?  
ED-Bridge.org



## OPIOID WITHDRAWAL SX?

At least one: myalgia; n/vd, abd pain, restlessness, sweating; dilated pupil or watery eyes, tachycardia, yawning, goose bumps

NO

YES

DOCUMENT:  
1. Which opioid used  
2. Time of last use  
3. Pattern of use

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4. Refer to Bup Bridge  
5. Rx Naloxone Kit

ADMINISTER  
buprenorphine  
8mg SL

1  
HOUR

REASSESS

SYMPTOMS IMPROVED?

YES

Can repeat dose 4-8mg Q1-2 hr until withdrawal resolved.

Usual ED dose: 16mg SL Bup  
Max effective dose: 32mg SL Bup/24hr

NO

CONSIDER: Bup can cause unexpected withdrawal if a large dose is given too soon after the patient's last opioid use

NON-RESPONDER:  
May need more Bup, or recheck diagnosis

NO

On discharge, is there an X-waivered provider available?

YES

Rx: Bup-Nx 8/2mg  
1-2 tab SL daily  
Dispense 14

**Bup Bridge**

## Provider Questions about Buprenorphine?

- Severe illness or non-opioid intoxication
- Opioid overdose s/p naloxone reversal
- Symptoms not resolved after 24mg SL Bup
- Long Acting Agents (Methadone)
- Concurrent Mind Altering (benzos, etoh)

### Consider Consult to:

1. Poison Control (1-800-222-1222)  
OR
2. UCSF Substance Use Warmline  
(1-855-300-3595): M-F 6am-5pm

Addiction certified MD, RN, clinical pharmacists

## Bup Bridge Follow Up (2 Steps)

1. All Patients: Social Work Consult: Reason for consult (Substance Abuse – MAT). Social work will provide education to all patients.

### AND ONE OF THE FOLLOWING

- A. DHS Harbor Family Medicine empaneled: Can walk into Lomita Clinic Tuesday and Friday AM as a last resort with no apt needed. (Phase 0).

Lomita Clinic  
1430 West Lomita Blvd. 2<sup>nd</sup> Floor  
Harbor City, CA 90710  
(310) 534-7600

- B. DHS, DHS Eligible (not Harbor family medicine): Can walk into Internal Medicine SUD Clinic Monday and Thursday AM. No apt needed.

Primary Care & Diagnostic Center (PCDC) Basement Clinic C  
1000 W. Carson Street  
Torrance, CA 90502  
(310) 222-8221

- C. DHS, DHS Eligible, MyHealth LA: Can walk into LAC+USC Urgent Care Tuesday-Thursday & Saturday 8a-7p. No apt needed.

LAC+USC Medical Center Urgent Care  
2051 Marengo St., 2nd Floor D/T Building  
Los Angeles, CA 90033  
(323) 409-1000

- D. All Patients (MyHealthLA or OOP and also DHS if they can't wait for the other days): Tarzana Treatment Center. 24/7. No apt needed.

TARZANA Treatment Center  
5190 Atlantic Avenue  
Long Beach, CA 90805  
(562) 428-4111

## UPON DISCHARGE:

1. Confirm Patient Contact Information
2. Provide OVERDOSE Education
3. Prescribe Naloxone 4mg/0.1mL intranasal spray
4. Add Discharge Diagnosis: Opiate Use Disorder and/or Opioid Withdrawal
5. D/C Instructions: Bup Start (custom)
6. All patients - f/u PMD in 1-2 weeks