

# BUPRENORPHINE QUICK START - Harbor-UCLA 2019

More Info?  
ED-Bridge.org



## OPIOID WITHDRAWAL SX?

At least one: myalgia; n/vd, abd pain, restlessness, sweating; dilated pupil or watery eyes, tachycardia, yawning, goose bumps

Pregnant?

### PREGNANT PATIENTS:

If you have a pregnant patient in withdrawal:  
1. If they are medically clear, send to OB Triage  
2. If they are not medically clear, clear them and send to OB Triage

YES

NO

Offer buprenorphine home initiation and provide prescription and education (see NIH algorithm)

### DOCUMENT:

1. Which opioid used
2. Time of last use
3. Pattern of use

ADMINISTER  
buprenorphine  
8mg SL

1  
HOUR

REASSESS

## SYMPTOMS IMPROVED?

YES

NO

Can repeat dose 4-8mg Q1-2 hr until withdrawal resolved.

Usual ED dose: 16mg SL Bup  
Max effective dose: 32mg SL Bup/24hr

On discharge, is there an X-waivered provider available?

YES

NO

Rx: Bup-Nx 8/2mg  
1-2 tab SL daily  
Dispense 14

**Bup  
Bridge**

**Supportive Care +  
Consider Calling  
Poison Control OR  
UCSF Warmline**

CONSIDER: Bup can  
cause unexpected  
withdrawal if a large  
dose is given too  
soon after the  
patient's last opioid  
use

NON-RESPONDER:  
May need more  
Bup, or recheck  
diagnosis

## Provider Questions about Buprenorphine?

- Severe illness or non-opioid intoxication
- Opioid overdose s/p naloxone reversal
- Symptoms not resolved after 24mg SL Bup
- Long Acting Agents (Methadone)
- Concurrent Mind Altering (benzos, etoh)

### Consider Consult to:

1. Poison Control (1-800-222-1222)  
OR
2. UCSF Substance Use Warmline  
(1-855-300-3595): M-F 6am-5pm

Addiction certified MD, RN, clinical pharmacists

## Bup Bridge Follow Up (2 Steps)

1. All Patients: Social Work Consult: Reason for consult (Substance Abuse – MAT). Social work will provide education to all patients.

### AND ONE OF THE FOLLOWING

#### A. DHS DHS Eligible:

Can walk into:  
Adult Medicine Primary Care Clinic in PCDC Basement  
**Monday and Thursday 7:30a-10AM. No apt needed.**

OR

Lomita Clinic  
**Tuesday and Friday AM 8a-10a**

Primary Care & Diagnostic Center (PCDC) Basement Clinic C  
1000 W. Carson Street  
Torrance, CA 90502  
(310) 222-8221

Lomita Clinic  
1430 West Lomita Blvd. 2<sup>nd</sup> Floor  
Harbor City, CA 90710  
(310) 534-7600

#### B. DHS, DHS Eligible, MyHealth LA:

Can walk into LAC+USC Urgent Care  
**Tuesday-Thursday & Saturday 8a-7p. No apt needed.**

LAC+USC Medical Center Urgent Care  
2051 Marengo St., 2nd Floor D/T Building  
Los Angeles, CA 90033  
(323) 409-1000

#### C. All Patients (MyHealthLA or OOP and also DHS if they can't wait for the other days):

Tarzana Treatment Center. 24/7. No apt needed.

TARZANA Treatment Center  
5190 Atlantic Avenue  
Long Beach, CA 90805  
(562) 428-4111

## UPON DISCHARGE:

1. Confirm Patient Contact Information
2. Provide OVERDOSE Education
3. Prescribe Naloxone 4mg/0.1mL intranasal spray
4. Add Discharge Diagnosis: Opiate Use Disorder and/or Opioid Withdrawal
5. D/C Instructions: Bup Start (custom)
6. All patients - f/u PMD in 1-2 weeks