

BUPRENORPHINE QUICK START - Harbor-UCLA 2019

More Info?
ED-Bridge.org



OPIOID WITHDRAWAL SX?

At least one: myalgia; n/vd, abd pain, restlessness, sweating; dilated pupil or watery eyes, tachycardia, yawning, goose bumps

Pregnant?

PREGNANT PATIENTS:

If you have a pregnant patient in withdrawal:
1. If they are medically clear, send to OB Triage
2. If they are not medically clear, clear them and send to OB Triage

YES

NO

DOCUMENT:
1. Which opioid used
2. Time of last use
3. Pattern of use

ADMINISTER
buprenorphine
8mg SL

1
HOUR

REASSESS

SYMPTOMS IMPROVED?

YES

Can repeat dose 4-8mg Q1-2 hr until withdrawal resolved.

Usual ED dose: 16mg SL Bup
Max effective dose: 32mg SL Bup/24hr

On discharge, is there an X-waivered provider available?

YES

NO

Rx: Bup-Nx 8/2mg
1-2 tab SL daily
Dispense 14

Bup Bridge

Offer buprenorphine home initiation and provide prescription and education (see separate algorithm)

DOCUMENT:
1. Which opioid used
2. Time of last use
3. Pattern of use
4. Refer to Bup Bridge
5. If home initiation prescribed
6. Rx Naloxone Kit

Supportive Care + Consider Calling Poison Control OR UCSF Warmline

CONSIDER: Bup can cause unexpected withdrawal if a large dose is given too soon after the patient's last opioid use

NO

NON-RESPONDER:
May need more Bup, or recheck diagnosis

Provider Questions about Buprenorphine?

- Severe illness or non-opioid intoxication
- Opioid overdose s/p naloxone reversal
- Symptoms not resolved after 24mg SL Bup
- Long Acting Agents (Methadone)
- Concurrent Mind Altering (benzos, etoh)

Consider Consult to:

1. **Poison Control (1-800-222-1222)**
OR
2. **UCSF Substance Use Warmline (1-855-300-3595): M-F 6am-5pm**

Addiction certified MD, RN, clinical pharmacists

Bup Bridge Follow Up (2 Steps)

1. **All Patients: Social Work Consult:** Reason for consult (Substance Abuse – MAT). Social work will provide education to all patients.

AND ONE OF THE FOLLOWING

A. DHS DHS Eligible:

Can walk into:
Adult Medicine Primary Care Clinic in PCDC Basement
Monday and Thursday 7:30a-10AM. No apt needed.

OR

Lomita Clinic
Tuesday and Friday AM 8a-10a

Primary Care & Diagnostic Center (PCDC) Basement Clinic C
1000 W. Carson Street
Torrance, CA 90502
(310) 222-8221

Lomita Clinic
1430 West Lomita Blvd. 2nd Floor
Harbor City, CA 90710
(310) 534-7600

B. DHS, DHS Eligible, MyHealth LA:

Can walk into LAC+USC Urgent Care
Tuesday-Thursday & Saturday 8a-7p. No apt needed.

LAC+USC Medical Center Urgent Care
2051 Marengo St., 2nd Floor D/T Building
Los Angeles, CA 90033
(323) 409-1000

C. All Patients (MyHealthLA or OOP and also DHS if they can't wait for the other days):

Tarzana Treatment Center. 24/7. No apt needed.

TARZANA Treatment Center
5190 Atlantic Avenue
Long Beach, CA 90805
(562) 428-4111

UPON DISCHARGE:

1. Confirm Patient Contact Information
2. Provide OVERDOSE Education
3. Prescribe Naloxone 4mg/0.1mL intranasal spray
4. Add Discharge Diagnosis: Opiate Use Disorder and/or Opioid Withdrawal
5. D/C Instructions: Bup Start (custom)
6. All patients - f/u PMD in 1-2 weeks