

BUPRENORPHINE QUICK START - Harbor-UCLA 2021

More Info?
ED-Bridge.org



OPIOID WITHDRAWAL Sx?

At least one: myalgia; n/v/d, abd pain, restlessness, sweating, dilated pupil or watery eyes, tachycardia, yawning, goose bumps

Pregnant?

PREGNANT PATIENTS:

If you have a pregnant patient in withdrawal:
1. If they are medically clear, send to OB Triage
2. If they are not medically clear, clear them and send to OB Triage

YES

NO

Offer buprenorphine home initiation and provide prescription and education (see separate algorithm)

DOCUMENT:
1. Which opioid used
2. Time of last use
3. Pattern of use

ADMINISTER
buprenorphine
8mg SL

1
HOUR

REASSESS

SYMPTOMS IMPROVED?

YES

Can repeat dose 4-8mg Q1-2 hr until withdrawal resolved.

Usual ED dose: 16mg SL Bup
Max effective dose: 32mg SL Bup/24hr

On discharge, is there an X-waivered provider available?

YES

NO

Rx: Bup-Nx 8/2mg
1-2 tab SL daily
Dispense 14

**Bup
Bridge**

DOCUMENT:
1. Which opioid used
2. Time of last use
3. Pattern of use
4. Refer to Bup Bridge
5. If home initiation prescribed
6. Rx Naloxone Kit

Supportive Care +
Consider Calling
Poison Control OR
UCSF Warmline

CONSIDER: Bup can
cause unexpected
withdrawal if a large
dose is given too
soon after the
patient's last opioid
use

NON-RESPONDER:
May need more
Bup, or recheck
diagnosis

Provider Questions about Buprenorphine?

- Severe illness or non-opioid intoxication
- Opioid overdose s/p naloxone reversal
- Symptoms not resolved after 24mg SL Bup
- Long Acting Agents (Methadone)
- Concurrent Mind-altering (benzos, EtOH)

Consider Consult to:
DHS MAT Consult Line
(213) 288-9090
(8a-12a 7 days per week)
OR
Poison Control
(800) 222-1222

Bup Bridge Follow Up (2 Steps)

1. All Patients: **Social Work Consult:** Reason for consult (Substance Use – MAT). Social work will provide education to all patients.

AND ONE OF THE FOLLOWING

- A. **DHS DHS Eligible:**
Can walk into:

Adult PC Clinic¹ PCDC Basement Clinic C
Mon & Thu 1000 W Carson St
7:30a-10a Torrance, CA 90502
(424) 306-4546

OR

Lomita Clinic² 1430 W Lomita Blvd, 2nd Fl
Tue & Fri 8a-10a Harbor City, CA 90710
(310) 602-2600

¹For questions, message Chris Brown, MD via ORCHID
²For questions, message Gloria Sanchez, MD via ORCHID

- B. **DHS, DHS Eligible, MyHealth LA:**
LAC+USC Urgent Care D/T Building
Tue-Thu & Sat 8a-7p (No appt needed)

2051 Marengo St., 2nd Floor
Los Angeles, CA 90033
(323) 409-1000

- C. **All Patients (MyHealthLA or OOP and also DHS if they can't wait for the other days):**
Tarzana Treatment Center 24/7 (No appt needed)

5190 Atlantic Ave
Long Beach, CA 90805
(562) 428-4111

UPON DISCHARGE:

1. Confirm Patient Contact Information
2. Provide OVERDOSE Education
3. Prescribe Naloxone 4mg/0.1mL intranasal spray
4. Add Discharge Diagnosis: Opiate Use Disorder and/or Opioid Withdrawal
5. D/C Instructions: Bup Start (custom)
6. All patients - f/u PMD in 1-2 weeks