

# OUT OF SCHOOL HOURS CARE

## Vacation Care | 15 Dec–23 Jan

IN-HOUSE EXCURSION / INCURSION	FULL FEE	\$70.90	CCS REDUCED FEE*	\$10.20 - \$37.40
	FULL FEE	\$91.80	CCS REDUCED FEE*	\$13.20 - \$48.40

\*Estimation of fees after subsidy is applied

### WEEK 1

**Monday**  
15 December

In-House

#### Chill Out Day



Play exciting games, watch a movie on the big screen, join in on some dancing, enjoy colouring activities, and show off your amazing drawing skills!

Outcomes: 1, 2, 3, 4, 5

**Tuesday**  
16 December

In-House

#### Christmas Creations



Join us for a day of Christmas cheer! Help make decorations for the nursing home, create your own gingerbread person to take home, and enjoy fun festive crafts.

Outcomes: 1, 2, 4, 5

**Wednesday**  
17 December

In-House

#### Water Day



Bring a towel and change of clothes so you can participate in a fun filled day of water play. See who can win the water battle, the educators or the children? Then finish the day with a cold slushie.

Outcomes: 1, 3, 5

**Thursday**  
18 December

In-House

#### Surprise, Surprise



Surprise your families by making a Christmas gift for them. Play some games outside and then enjoy a Christmas lunch together.

Outcomes: 1, 3, 4, 5

**Friday**  
19 December

Excursion

#### Movies and Foreshore Park



Today we're off to the foreshore playground for some fun and recess, then we'll take a walk to the movie theatre!

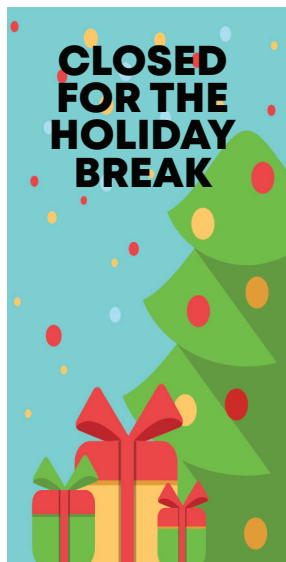
Return: 8:45am

Depart: 3:30pm

Transport: Private Bus

Outcomes: 2, 4, 5

**Monday**  
22 December



**Friday**  
2 January



Book your session via the Xplor Home App

Visit [sa.ymca.org.au/OSHC](https://sa.ymca.org.au/OSHC) for more information

Para Hills West OSHC  
21 Balkara Rd, Para Hills West, SA 5096  
Karen Hay  
0498 988 065

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### WEEK 2

Monday  
5 January

In-House

#### Pink Flamingo Beach party



Come dressed as a pink flamingo, the best costume wins a prize! Build sandcastles, enjoy food, crafts, music, and join in our fun flamingo games!

Outcomes: 1, 2, 3, 4, 5

Tuesday  
6 January

Incursion

#### Sports Day



Did you know that basketball was invented at the YMCA? Let's learn some new skills with a basketball clinic, then play different sporting games.  
Start: 10:00am  
Finish: 1:00pm

Outcomes: 1, 2, 4, 5

Wednesday  
7 January

Excursion

#### Marion Leisure Centre



Make sure you have a packed lunch, spare set of clothes, plenty of water to drink and your bathers and towel!  
Depart: 8:45am  
Return: 3:30pm  
Transport: Private Bus

Outcomes: 2, 4, 5

Thursday  
8 January

In-House

#### Discover Austria



Travel to Austria with us at OSHC! Enjoy cooking and tasting delicious Austrian foods, creating themed crafts, and playing fun outdoor games inspired by Austria.

Outcomes: 1, 3, 4, 5

Friday  
9 January

Excursion

#### Visit The Paddocks



Have fun with friends on the nature playground, play a game of soccer or cricket on the oval, and enjoy a sausage for afternoon tea!  
Depart: 9:00am  
Return: 1:00pm  
Transport: Staff driven bus

Outcomes: 2, 4, 5

### WEEK 3

Monday  
12 January

Excursion

#### Active Kids at The Parks



Engage in a range of physical group activities at The Parks Rec Centre.

Depart: 9:30am  
Return: 1:30pm  
Transport: Private Bus

Outcomes: 1, 2, 3, 4, 5

Tuesday  
13 January

In-House

#### YMCA Bake Off



Get creative in the kitchen! Work with your group to whip up something yummy from a mystery set of ingredients, then everyone gets to taste your delicious creations!

Outcomes: 1, 2, 4, 5

Wednesday  
14 January

In-House

#### Teddy Bear Picnic



Bring your teddy bear with you and join us on the oval for a picnic. Help us make some sandwiches and small cakes to eat. Design and colour a teddy bear.

Outcomes: 1, 3, 5

Thursday  
15 January

In-House

#### Paint and Sip



Sip a smoothie while painting your own canvas to take home!

Then taste some yummy scones and see if you can guess the flavors correctly.

Outcomes: 1, 3, 4, 5

Friday  
16 January

Excursion

#### Mystery Small Bus Tour



Join us for a mystery trip, who knows where we'll end up! Finish the day with some hot chips for afternoon tea.

Depart: 9:00am  
Return: 1:30pm  
Transport: Staff driven mini bus

Outcomes: 1, 3, 5



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### WEEK 4

**Monday**  
19 January

Excursion

**Cars, Cars, Cars**



Have your photo taken in a hot rod. Design and make your own mode of transport and then walk across to McDonalds for an ice-cream. Small groups walking over at different times throughout the day. (10min walk)

Outcomes: 1, 2, 3, 4, 5

**Tuesday**  
20 January

In-House

**Messy Day**



Dig in and get your hands dirty making some play dough, cloud dough and some different textured paintings.

Wear old clothes that you don't mind getting messy.

Outcomes: 1, 2, 4, 5

**Wednesday**  
21 January

Excursion

**Bowling and Putt Putt**



See what you can score at bowling and putt putt. Play with your friends and have fun.

Depart: 9:15am  
Return: 1:00pm  
Transport: Private Bus

Outcomes: 1, 3, 5

**Thursday**  
22 January

In-House

**Gardening**



Get your hands dirty in the garden! Plant flowers, design your very own plant pot, add some seeds, and take it home to watch it grow.

Outcomes: 1, 3, 4, 5

**Friday**  
23 January

In-House

**Slumber Party**



Come in your PJs for a fun-filled day! Make your own ice cream at the ice-cream bar, sing your heart out in karaoke, and enjoy a sausage sizzle for afternoon tea.

Outcomes: 2, 4, 5



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# OUT OF SCHOOL HOURS CARE

## Para Hills West OSHC

### Important information

#### What is included

Breakfast and afternoon tea will be provided. Programmed activities including excursions, incursions and in-house activities.

#### What to bring

YMCA OSHC promotes a healthy eating environment and encourages families to provide their children with a healthy assortment of food to bring for recess, and lunch. As well as healthy brain food and a water bottle every day.

#### Fees and cancellations

All bookings must be received by Monday 1 December to avoid a \$3 casual fee. Cancellations must be made two weeks prior to the date of the requested care to avoid payment. By making a booking you are agreeing to pay the fees through your direct debit account in addition to normal OSHC bookings. Please review our terms and conditions online for our fee and policy information.

#### Excursions

Please make sure you arrive at the service at least 30 minutes before the bus departure. Please make sure you sign the Excursion Authorisation when you sign your children into OSHC for that day. While bus drivers in SA are exempt from ensuring passengers under 16 years are restrained. YMCA will make every effort to ensure the safety of all children by using seatbelts that are supplied and be guided by our policies and transport risk assessments.

#### Sun Smart Policy

Sun Smart guidelines are followed so please ensure children are in appropriate clothing and no singlets or thongs. Sunscreen is provided but if your child is sensitive to sunscreen, please bring your own.

#### Things to remember

Please note that we are a nut-aware service and ask that you do not bring food that contain nut products. Handheld electronics and smart watches are not permitted at the centre. We welcome feedback and suggestions at any time, please see your centre staff. Programmed activities are subject to change.

#### Operational hours

OSHC will be open from 6:30am - 6:00pm, please sign in and out between these times.

#### Daily fees

In-house: \$70.90

\*CCS Reduced fee: \$10.20 - \$37.40

Excursion and Incursion: \$91.80

\*CCS Reduced fee: \$13.20 - \$48.40

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#### Learning outcomes:



##### OUTCOME 1

Children and young people have a strong sense of identity



##### OUTCOME 2

Children and young people are connected and contribute to their world



##### OUTCOME 3

Children and young people have a strong sense of wellbeing



##### OUTCOME 4

Children and young people are confident and involved learners



##### OUTCOME 5

Children and young people are effective communicators



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