

Self portraits

Children have a strong sense of identity*

Activity

Using either a fixed or hand held mirror, set children up so they have a good view of their faces and enough space for their paper and pencils. Simply tell them to draw what they see and try to include some of the language and questions detailed below.



Age 2+ - Indoor



Your child will discover

By spending time in front of the mirror and attempting to translate what they see through illustration, children start to understand the structure of their features and what makes them unique.



Language to use

Shape, colour, size, position, alignment, expression, detail, features, change, grow, future, unique, special.



Questions to ask

- What do you see?
What shape is your head?
- Are your eyes at the top or middle of your head?
- What parts of you look like Mum or Dad?



Equipment you'll need

Paper, pencils and a mirror.

*Learning outcome from Early Years Learning Framework