

## St Clair Explorers Day - 23rd of September 2023 – Recap

The Y had the privilege of running our latest Explorers Day at St Clair Recreation Centre. The kids were able to participate in Icebreakers, Group Games, Dodgeball, Roller Skating and Team Trivia.

The Day Started with Ice Breaker Games where they were able to get to know the other children attending. We even learnt what one thing they would take with them on a Deserted Island. Some of the things they would take were a flashlight, blanket, alpaca, video games, gaming snacks and a helicopter!

The group loved participating in Dodgeball. They got to play 3 different dodgeball games. During Poison Ball they had to run from one side of the court to the other without getting hit. A few kids got caught off guard in Jail Ball as not only could they get hit by the team on the other side they also could get hit by the “out” players in the Jail behind them.

They got to test their teamwork skills with a game of Capture of The Flag and our Team Rock, Paper, Scissors challenge. We even played Gorilla, Man & Net, which is a fun variation of Rock, Paper, Scissors.

Roller Skating was the favourite activity of the day, with some kids skating for the first time as well as some seasoned skaters. They even got to play limbo... on Roller Skates! Our Coach Andy even gave Skating a go!

It was great to see the kids use their talents and knowledge to work together in Team Trivia. They tested their knowledge in the following categories: Movies, Science, Animals, Geography, Music and Sport. The knowledge of the group was very impressive with them answering some very difficult questions. They even knew the answer to the question name of a person who studies Rocks.... A Geologist.

The groups were evenly matched with each team winning one of the categories. We finished the day with a game of Musical Cones and were able to learn about what they enjoyed most during the day.

Thank you to everyone who attended. We will be running our next Explorers Day on the 4th of November at Tree Climb. Defence Communities | YMCA SA

If you have any questions or feedback, please email [youth@ymcasa.org.au](mailto:youth@ymcasa.org.au)

