

OPENING TIMES

OFF PEAK SEASON OPENING TIMES

12 Oct - 30 Nov 2020 | 1 Mar - 11 Apr 2021

Monday to Friday

6:00am - 8:30am Lap Swimming

3:00pm - 7:00pm General Admission*

Weekends & Public Holidays

7:00am - 9:00am Lap Swimming

9:00am - 5:00pm General Admission*

PEAK SEASON OPENING TIMES

1 Dec 2020 - 28 Feb 2021

Monday to Friday

6:00am - 8:30am Lap Swimming

8:30am - 7:00pm General Admission*

Weekends

7:00am - 9:00am Lap Swimming

9:00am - 5:00pm General Admission*

CLOSED DAYS

- Closed on Christmas and New Year's Day
- Opening times may vary according to attendance or weather.

Opening Temperature

23 degrees BOM Strathalbyn as per the 6pm forecast the day prior.

*Extended Opening

32 degrees and over in Strathalbyn at 5.30pm on the day and at the discretion of management.

TO BOOK:

Contact our Swimming Lesson Coordinator

P: (08) 8536 2559

E: strathpool@ymca.org.au



Child Safety is our Highest Priority

Our Safeguarding Children accreditation means the YMCA are continually audited by the Australian Childhood Foundation on our adherence to the strictest practices to ensure the safest environment possible.



Pool Supervision

Parents are required to be present and actively supervise their children under the age of 10.



STRATHALBYN

COMMUNITY SWIMMING POOL

Proudly managed by



Coleman Terrace, Strathalbyn, SA 5255

P: 08 8536 2559

f /strathalbynpool

sa.ymca.org.au/strathalbyn-pool

YMCA SWIMMING LESSONS



LESSONS FOR ALL AGES & ABILITIES

AUGUST 2020



WHY CHOOSE THE YMCA

Swimming and water safety skills are just part of what your child will gain in YMCA Swimming Lessons.

YMCA SA swimming lessons are provided by nationally accredited swimming instructors and all YMCA instructors complete working with children checks.

Our infant aquatics and disability instructors hold additional specialised qualifications.

Lessons work towards all four competitive strokes – freestyle, backstroke, breaststroke and butterfly – as well as personal survival skills that will keep your child safe in the water.

Our program makes it easy for you to follow how your child is going with regular feedback on their progress, coupled with a recognition certificate after your child completes each level.

Each level of the YMCA SA swimming lessons program is designed to incorporate appropriate safety skills while improving stroke technique and encouraging competitive skills.

THE DETAILS

\$68.00
per term

- Unlimited swims during the term outside of lesson times
- Swimming lesson members receive one 30 minute lesson a week
- Students are encouraged to 'stay and play' after lessons in our various aquatic recreation areas and continue to build their confidence
- Lessons run during school terms from Nov - Mar
- Your child will progress through the levels as their skills develop
- You will be given regular feedback on your child's progression
- New enrolments are welcome at any stage subject to availability
- No lock in contracts
- Lesson fee is paid upfront at the beginning of each term or at the time of booking

Swimming Term Dates

Term 1	16th November – 13th December
Term 2	4th January – 31st January
Term 3	1st February – 28th February
Term 4	1st March – 28th March

*** Please note:** No swimming lessons on days when the pool is closed due to temp being below 23 degrees.

THE LESSONS

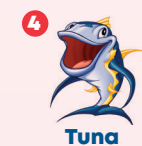
Preschool Program (3 years to school age)

Focus on water confidence and basic foundation skills in swimming and water safety, building upon their breathing, floating and movement skills.



School Aged (5+ years)

Teaches a range of skills to develop swimming, water safety, survival and basic rescue skills. Focusing on stroke development and technique, the lessons create a solid foundation for a range of aquatic recreation, fitness and sporting activities.



Lesson Times

Wednesday

3:45pm	Tadpole
4:15pm	Octopus
4:45pm	Sardine
5:15pm	Salmon

Thursday

3:45pm	Tuna/Dolphin
4:15pm	Shark