## YOUTH EMPOWERMENT



## Tree Climb Explores Day – 4<sup>th</sup> of November 2023 – Recap

YMCA's last Explores Day for the year was a blast! We visited Haigh's Chocolate Factory, played kickball and took on the challenge of Tree Climb -Adelaide!

We started the day with some get to know you games before heading over to Haigh's Chocolate Factory. We learnt about how chocolate was made, the history of Haigh's and more. The factory workers even put on a funny show and pretended to eat the chocolate and did some overdramatic demonstrate gestures what to happening. Did you know they hand make their truffles? Our tour guide was wonderful and taught us so many new things, including that Haigh's was founded by the Haigh's family, which is how they got their name. This is what the kids had to say about it "My favourite part was eating all of the yummy chocolate" and "I really enjoyed learning about how chocolate is made".

The Blue Group then ventured back to the oval for Kickball while the Orange Group visited Haigh's. The kids enjoyed working together to play the popular game of Kickball which combines, soccer and baseball into one fun game.

Both groups then joined together for a group lunch. The kids had sandwiches and enjoyed some free time on the oval. We then played some fun games including Pirates Gold.







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Just like that it was time to take on the challenge of Tree Climb. There were two different options to pick from: The Kids Course & The Grand Course. The Team at Tree Climb took the group through some safety instructions and got them suited up in their harness.

After they were briefed, it was time to take on the Tree Climb challenge! There were different tracks the kids could choose from. They faced ziplines, flying into a giant net, walking over wooden planks, climbing through nets and much more.... all whilst up high above in the trees! They showed great bravery and resilience. There were many challenges along the course with some overcoming their fear of heights and giving it a go even when they didn't think they could. Everyone showed amazing teamwork and support. Here is what the kids thought: "The funniest moment was when my shoe flew off on the zip line" and 'I loved screaming on the zip line".

After the tree climb, we had some afternoon tea and feedback time. We finished with a few games before saying our final goodbyes.

Thank you to everyone who attended the day. YMCA will be running more Explores Activities next year! We also have spaces left in our Family Fun Day on the 2<sup>nd</sup> of December @ Shanx Mini Golf, followed by an Aqua Inflatable at The Parks Recreation Centre.

If you have any questions or feedback, please email: youth@ymcasa.org.au







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