



YMCA South Australia

20/21





Annual Report



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OUR IMPACT

	OSHC
	Recreation Centres
	Outdoor Pools
	Community Centres

NORTHERN REGION



SOUTHERN REGION





Barossa

Port Gawler

Munno Para West

Craigmore

One Tree Hill

Salisbury East

Para Hills West

Para Hills

Angle Park

Woodville

ADELAIDE
HEAD
OFFICE

Adelaide
Hills

Unley

Westbourne Park

Mitcham

Glengowrie

Morphettville

Hove

West
Aberfoyle
Park

Reynella

Morphett Vale

Onkaparinga

Seaford

CEO / President's Report

Despite the uncertain outlook facing us at the start of the year due to COVID, the Board and team at YMCA South Australia were determined to press on with our 2021-2025 Strategic Plan – and seize every opportunity to both deliver on our mission and build the strength of the association.

We are pleased to report outstanding progress on both fronts.

Association income increased by around \$4.5 million, representing 27% growth on the previous year. Moreover, a surplus of more than \$1.5m was generated. A very pleasing result in an otherwise tumultuous operating environment – including a further operational shutdown due to the pandemic. This result will allow us to invest further in both community impact and organisational strengthening going forward.

There is a strong foundation to build on. For example, independent modelling on the social value of our recreation activities estimated some \$12.9m of community impact in 2020-21 in the form of improvements in mental health outcomes,

cardiovascular disease, dementia, drowning risk, work productivity and educational outcomes, amongst others. This represents a 19% increase on social value on the prior year.

A number of awards were received during the year. For example, The Valleys Lifestyle Centre in Clare received the Parks & Leisure Association Award for Best Region/Rural Contribution. The cross-functional team that pulled together the emergency Vacation Care program for vulnerable children during the first COVID shutdown received a national YMCA “Hero Award” for their efforts. The LEAP Online program, delivering disability support virtually from Whyalla, was a national finalist in the HESTA Awards.

We welcomed several new sites to the YMCA South Australia family over the course of the year, including a new gymnastics centre at Seaford, and new OSHCs at Rosary School (Prospect), St Francis of Assisi (Newton) and St Anthony's School (Millicent). Contracts were renewed

at many other centres, both in the recreation and children's services portfolios.

YMCA staff continued their exemplary service, recording an average Net Promoter Score (NPS) of 63 – knocking on the door of the customer satisfaction levels of some of the world's most famous brands, such as Apple (65) and Amazon (69).

“

We are all faced with a series of great opportunities brilliantly disguised as impossible situations.

– CHARLES R SWINDOLL

”



DAVID PATERSON
CEO, YMCA South Australia



ROBERT PRIME
President, YMCA South Australia

Our Board was further strengthened with the appointment of Paul Madden AM and Vadis Rodato, both of whom are highly-regarded leaders in their respective fields of social services and enterprise. Our sincere thanks go to the retiring Board members, Trevor Thiele (former President) and Liz Cohen (former Vice President), whose tireless efforts over many years provided a foundation for successes now being realised.

And finally, our thanks go to our continuing Board members, staff and volunteers, partners and supporters. As it has been since 1850, what we do is a whole-of-community effort. None of this would be possible without the goodwill, commitment and talent of those who comprise the immediate and extended members of the YMCA South Australia family.

Board Members

listed alphabetically



SIMON CAMPBELL
Treasurer



WARREN HALL
Director



TIM LOOKER OAM
Director



PAUL MADDEN AM
Director



DYLAN NOACK
Director



MATTHEW PEARS
Director



VADIS RODATO
Director



MARIE SKRODZKI
Director



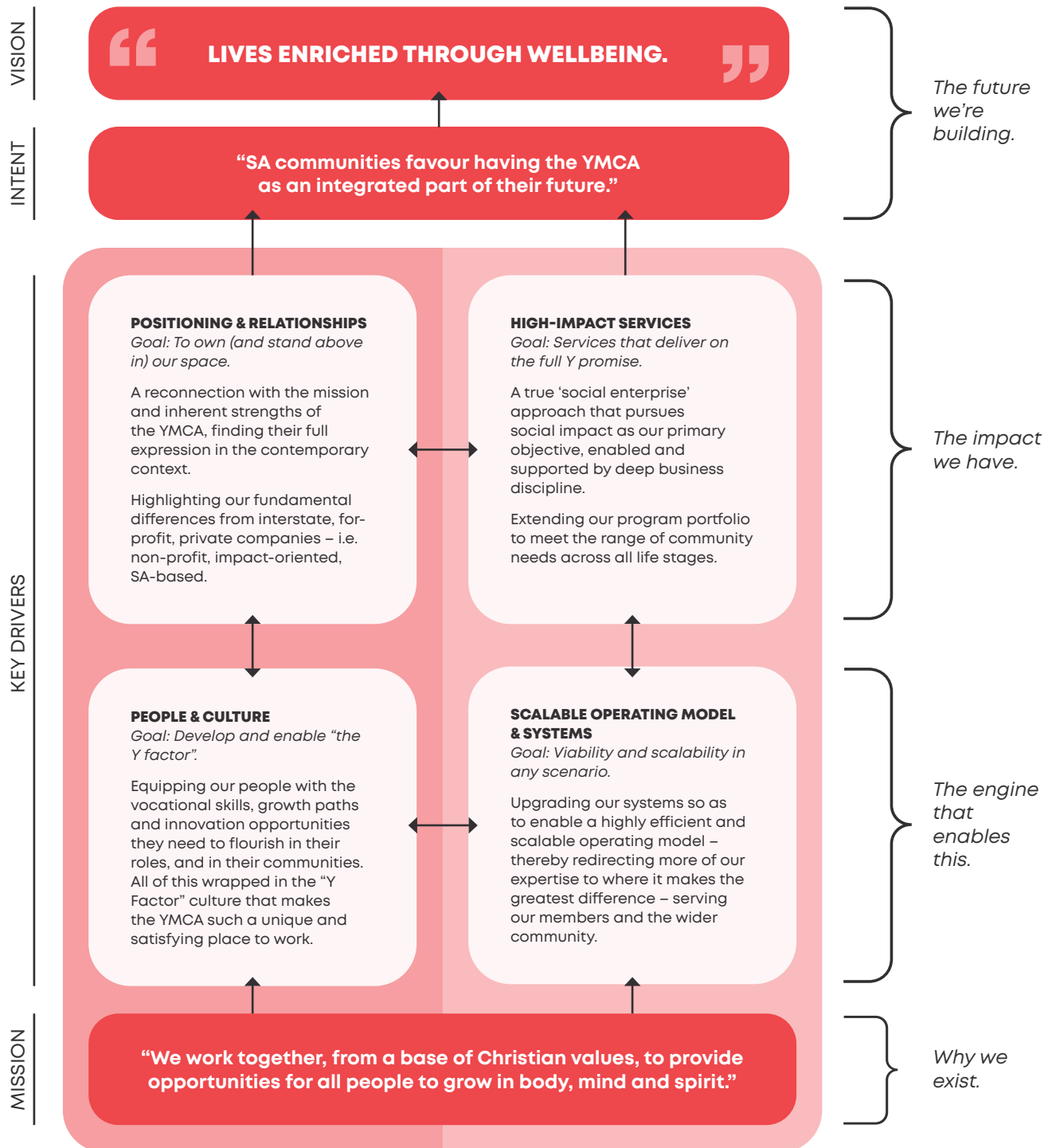
**VIVIENNE
ST. JOHN ROBB**
Director



YMCA SOUTH AUSTRALIA
STRATEGY
21/25
UPDATE

THIS PAST YEAR
(2020-21) HAS BEEN
THE FIRST IN THE
FIVE-YEAR JOURNEY
OF OUR NEW
STRATEGIC PLAN.

Important foundations have been laid in each of the four key domains.



WHO WE ARE

WHAT WE DO

Positioning & Relationships

During the course of the year a number of key decision-makers and advisers in our sector have commented on the apparent 'rise' of the YMCA as a clear community leader in South Australia. We enjoy an outstanding reputation for quality, principally due to the efforts of managers and staff in their day-to-day interactions with those we serve.

Increasingly we are being invited to speak in various forums as communities seek ways of lifting their personal and collective wellbeing. Over the year we have spoken to such diverse audiences as the sports sector, the school system, the business community, local government and civil society.

High-Impact Services

Gymnastics has been a key focus this year. Not only have we experienced healthy growth at our existing Glengowrie centre, but we have also added a new centre at Seaford. A new gymnastics strategy has been prepared which will inform future growth opportunities.

Children's Services is a vitally-important and growing area of the Y. Aside from the addition of three new OSHC services, contracts were also entered into for two new early learning centres to be established in Aldinga and Angle Vale (due to open in January, 2022). Our already strong reputation for quality and child safety is set to be further enhanced through our participation in new National Safeguarding Standards, with compliance to be independently assessed

by the Australian Childhood Foundation.

Scalable Operating Model & Systems

With an eye to a more digital and cloud-based future, we have developed a new systems architecture roadmap which will guide information technology investment over the 2021-25 period. Substantial progress is already being made in areas such as cyber security, a new staff time and attendance (rostering) system and the selection of a new finance system.

People & Culture

Perhaps our greatest focus over this past year has been on our greatest asset – our people. A new online platform has been implemented, allowing us to measure and track staff engagement and identify continuous improvement opportunities. New investments are being made in learning and development.

Examples include:

- ▶ The senior leadership team completing 360 degree assessments and receiving expert coaching in order to inform their professional development plans
- ▶ Design of a new Leadership Development Program for emerging young leaders in the Y and the inaugural cohort selected
- ▶ Launch of the Young CEO program in South Australia, with Jordan Manansala (a basketball coach, community worker and youth worker-in-training) appointed for the year



A SNAPSHOT OF 2020/21

CONNECTED, ENGAGED,
SUPPORTED COMMUNITY



7,194

Members at the YMCA



106,529

Older South Australians
participated at the YMCA



443,577

Participants in YMCA
sporting competitions



635

Children had a camping
experience with the YMCA



1,546,910

Visits to YMCAs in
South Australia

221,217

Children in a YMCA
OSHC program



2,845

Families supported in
YMCA OSHC programs



31,634

Children in a YMCA
Gymnastics class

68,151

Children in a YMCA
Swimming Lesson



769

Staff and
Volunteers
at the YMCA

15,508

Volunteer hours
at the YMCA



LEAP Inclusion Services

During the 2020-21 year, LEAP Inclusion Services continued to oversee a suite of programs including LEAP Aquatics, LEAP Discovery and LEAP and Play.

Youth Konnections and Konnections Plus were again well attended by young people and young adults at Holdfast Bay Community Centre and St Clair Recreation Centre. Over 20 individuals participated weekly in various activities to build social skills and community connections.

The flagship program, LEAP Takers, was coordinated at three locations – Holdfast Bay Community Centre, St Clair Recreation Centre and Whyalla Recreation Centre – with over 40 people per week supported to build independent living skills, social skills and their own personal goals.

Highlights during the year included overnight camps, maintaining the community vegetable garden, health and wellness activities and connecting with the community – a great example being the painting of the set for the Whyalla Players yearly performance.

LEAP Inclusion Services was the recipient of a Morialta Trust grant, which enabled the purchase of VR (Virtual Reality) sets that became extremely popular. Just as popular was the 3D printing machine that not only allowed participants to explore technology, but also facilitated fundraising efforts i.e. Poppy broaches for ANZAC Day and ‘dart-holders’ for the local darts community.



In an extension of LEAP Takers, an existing group for people with an Acquired Brain Injury was welcomed and now meets weekly to socialise and explore the community. Outings included Dolphin Cruises along with visits to The Planetarium, Botanic Gardens and museums.

LEAP Online continued to be delivered, highlighting the importance of the need for ongoing connection during the COVID-19 pandemic. While South Australians were able to return to daily life with limited restrictions, this program was able to continue to support the most vulnerable in the community. The innovative program was recognised by nomination as a finalist in the 2021 Hesta Excellence Awards.

Support Coordination continued to play a critical role in assisting individuals to understand and implement their NDIS Plans. During the year, there was a strong focus on supporting individuals to build their capacity and skills to exercise choice and control, and access local community supports.

Exercise Physiology is a favoured service within Inclusion Services. The team specialised in clinical exercise, supporting a broad client base reach their goals. The Exercise Physiologist also focuses on education and linking with other supports for optimal outcomes.

Throughout the year student placements continued within Inclusion Services, offering an extensive learning experience for students from allied health and community sector disciplines. YMCA South Australia looks forward to continuing its relationship with Universities and other tertiary educators.

In June 2021, Community Strengthening Manager, Marion Modra, left YMCA South Australia after five years as a valued team member and staunch advocate for people with a disability. Marion leaves a strong legacy, embedding a strong foundation for community inclusion across the organisation.

Recreation Management

Similar to most organisations, YMCA South Australia was, and remains, impacted by the unfolding COVID-19 pandemic in many ways.

Throughout 2020-21, we have remained relevant, responsive and ready to pivot when facility closures have been required, or capacity restrictions impacted our ability to provide the full suite of recreation programs and services. We have continued to reinvent and innovate, which resulted in the organisation having the strength and ability to grow in the midst of the pandemic.

Part of this growth, was the implementation of a stand-alone gymnastics facility in Seaford that now has more than 300 children participating on a weekly basis. This was the first step in our aim to position YMCA Gymnastics into a more significant stream within our own right - the goal is to be recognised as the clear South Australian leader in gymnastics by 2025.

Another innovation saw the Y pilot a community fitness program in partnership with Alexandrina Council. This focussed on the delivery of group fitness programs at Council facilities such as libraries and community halls. Offering health and wellbeing services in non-traditional environments has enhanced our potential to expand our reach across the state.

The year saw the Y cement its position as one of the leading aquatic, leisure and recreation facility managers in South Australia, signing extension agreements with the City of Marion, Regional Council of Goyder, Whyalla City Council and the City of Port Lincoln.

In addition, our excellence across the recreation and leisure industry was acknowledged with the Whyalla Recreation Centre winning the SA Parks and Leisure Association Award for Best Regional / Rural Contribution. The award recognised the significant contribution made by the YMCA to the local and regional community. The Valleys Lifestyle Centre was also a worthy finalist for Community Facility of the Year.

YMCA South Australia manages a portfolio of 13 recreation sites, and our programs – including swimming, gymnastics, indoor sports and fitness – are designed for people of all ages and abilities, with the aim of promoting community health and wellbeing.

We remain committed to working in partnership with government, Councils and communities across South Australia to create collaborative spaces that inspire people in body, mind and spirit.



Children's Services

YMCA CHILDREN'S SERVICES CONTINUES TO GROW AND DEVELOP WITHIN SOUTH AUSTRALIA. THIS IS DUE TO OUR COMMITMENT TO PROVIDE SAFE, HAPPY PLACES IN WHICH YOUNG PEOPLE ARE STRENGTHENED THROUGH CONNECTIONS, LEARNING, PHYSICAL EXERCISE AND FUN/PLAY.

The YMCA OSHC program has increased its brand recognition and reputation as a high-quality provider within South Australia and this was highlighted by the number of schools contacting us in 2020-21 to provide a service within their communities.

This year we have increased the number of OSHC services to 23 including the addition of Rosary School in Prospect, St Anthony's Catholic Primary School in Millicent and St Francis of Assisi School in Newton. We were also pleased to confirm the continuation

of services at Westbourne Park, Unley and Reynella and Our Saviour Lutheran School after successful retention of all contracts throughout the year.

The quality of our OSHC services was reviewed against the National Quality Framework by the Educations Standards Board at Woodville Gardens B-12 School and Our Saviour Lutheran School during the year. Both services demonstrated a high quality of work and met all the National Quality Standards.

The year's key highlights and achievements included our involvement in a pilot SA Circus Online OSHC Project with Circkidz, Andrew McDonough presenting his Fringe Show - The Lost Sheep - free of charge for our families and commencing a mentoring program for our group of OSHC leadership prospects.

The OSHC Support Team also trialled a new Child Care Management software system called Xplor. This will be rolled out to all our sites next year to increase support and communication to our staff and OSHC families.

Over the 2020/2021 year we had:

218,012

children in a YMCA OSHC program

118,325

visits for After School Care



61,542

visits for Before School Care

36,423

visits across Vacation Care

2,986

families supported in YMCA OSHC programs



Construction underway at Aldinga Payinthe College.
Image Source: Sarah Constructions

Planning and preparation for the launch of our first two Early Learning and Care Centres, scheduled to open in January 2022, has also been a significant focus for our team this year. The flourishing partnerships with the Aldinga Payinthe College and Riverbanks College B-12 communities will start a new service line in our Children's Services and allow us to expand our reach from birth through to Year 6.

“

I'm always greeted with a smile and staff are always so friendly and welcoming when I drop Jayden off. When I pick him up they always tell me about his day.

– Nicole, parent from
Adelaide North Special School

”



Youth Empowerment

WHILE THE COVID-19 PANDEMIC CONTINUED TO PRESENT CHALLENGES, THE YOUTH EMPOWERMENT TEAM REMAINED COMMITTED TO ADVOCATING FOR YOUNG PEOPLE, PROVIDING SAFE AND ENRICHING SPACES AND PROGRAMMING, AND ENSURING OUR YOUTH SERVICES WERE DIVERSE AND ACCESSIBLE.

The Youth Zone located at the Marion Leisure & Fitness Centre, continued to flourish, activated by school holiday programs where young people could engage in sports, arts, theatre and outdoor activities. YMCA SA also opened the Youth Zone to other youth organisations, including two organisations that re-engage at-risk young people with schooling. The team also arranged and participated in training for a world-leading, evidence-based, therapeutic drumming program at the Youth Zone. The DRUMBEAT program aims to build relationship skills and resilience through rhythm.

YMCA SA Camping continued to provide positive community, social, and personal outcomes for participants. In partnership with The Valleys Lifestyle Centre and other local providers, the Y managed a camp in Halbury where young people from challenging backgrounds (many connected with the Department for Child Protection) socialised, developed new skills and had fun in a safe and supportive environment. Another camp saw young carers participate in an aquatic adventure at Port



Adelaide, which included raft building, a dolphin cruise and a visit to the Maritime Museum. This program provided a vital respite for young people with caring responsibilities and a rare opportunity to feel like a kid again. 2020-21 also saw the delivery of camps for defence families, including two programs at Monarto Zoological Park, a weekend adventure in Clare and an environmental conservation and awareness camp at Woodhouse. Various activities and short stays were also offered for people living with disabilities, with participants venturing to Normanville, Murray Bridge, Clare Valley and Cleland Wildlife Park.

In collaboration with YMCA Australia, YMCA SA participated in a National Youth Advocate Project. The project sought to capture insights on the challenges and barriers young people face around unemployment, under-employment and social-economic participation. These insights will be compiled into a report provided to the Federal Government to inform the Youth Policy Framework.

The year saw the 26th sitting of the annual YMCA South Australia Youth Parliament, supported by a dedicated team of volunteers. The program was able to return to Parliament House after a year's absence due to COVID-19. Eighty-eight participants debated law reform in portfolios such as Environment and Energy, Indigenous Affairs and Reconciliation, and Innovation and Investment in the chambers of Parliament House. Participants refined their skills in debating, public speaking, writing and leadership, while acquiring knowledge of our democratic and parliamentary processes.

Community engagement with the Youth Parliament program increased this year via the introduction of a Committee Advisor Initiative. Each Youth Parliament Committee was paired with a community member specialising in a field relevant to their bill topic. By the end of the 2020-21 Youth Parliament program, nine youth bills had passed in both houses. These bills are to be presented to the Honorable Michelle Lensink MLC, the South Australian Minister for Human Services.

YMCA South Australia 2020/21 Highlights

Staff commitment recognised



The year's YMCA annual awards presentation was different due to COVID-19 restrictions. However the extraordinary effort of our staff and volunteer teams over a year that provided, arguably, the greatest

challenges in our organisation's history, was celebrated in an event attended online by many Centre teams.

Highlights included The Valleys Lifestyle Centre taking out the new YMCA Team of the Year Award, along with recognition of the dedication of Whyalla Leap Takers Coordinator David Agius who was announced as the George Williams Employee of the Year and also the Excellence in Innovation award recipient for the Leap Online program.

LEAPing into technology

Participants of the YMCA's LEAP Inclusion Services entered the world of technology after the funds from the Morialta Trust grant enabled the purchase of VR (Virtual Reality) sets that quickly became very popular.

Another innovation was the installation of a 3D printing machine that not only allowed participants to explore technology, but also facilitated community fundraising efforts through production and sale of Poppy broaches for ANZAC Day and 'dart-holders' for the local darts community.

LEAP Online also continued to grow its impact in delivering virtual disability support and was recognised as a national finalist in the 2021 HESTA Awards.



Children's Service expands reach

While OSHC services grew to a new high of 23 in 2020-21, it was the confirmation of new partnerships and services that highlighted Children's Services.

The year saw a major focus on planning and preparation for the launch of our first two Early Learning and Care Centres, scheduled to open in January 2022. The new Centres are the result of a new and flourishing partnerships with the Aldinga Payinthe College and Riverbanks College B-12 communities.

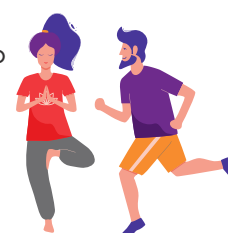
The launch of the Centres will start a new service line and allow the Y to expand our reach from birth through to Year 6.

YMCA extends community wellbeing

YMCA South Australia expanded its reach across the Alexandrina Council area with the delivery of community exercise programs in Strathalbyn and Goolwa.

The collaboration with Council is aimed at growing existing programs, with the YMCA committed to ensuring that community exercise continues to provide physical and mental wellbeing benefits to all. It focussed on the delivery of group fitness programs at Council facilities such as libraries and community halls.

The programs are the first to offer health and wellbeing services in non-traditional environments and created the potential to expand the Y's reach across the state.

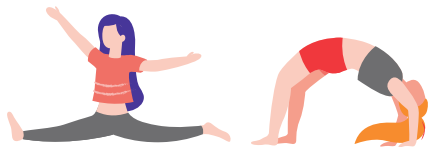




David Davies awarded Life Membership

The founder of the Youth Parliament program in Australia, David Davies, was awarded life membership of YMCA South Australia during at this year's sitting. Life membership is awarded to recognise and honour exceptional contributions by members that have advanced the YMCA's mission and profile.

The YMCA South Australia Board of Directors was honoured to present the award to David at the closing ceremony of the 26th Youth Parliament. After receiving the award, Mr Davies delivered an inspirational speech to the Youth Parliamentarians, reflecting on his experience with the YMCA Youth Parliament program and its enduring impact.



Seaford Gymnastics success

In its first year of operation, the YMCA's stand-alone gymnastics facility in Seaford grew from 0 to over 300 members participating on a weekly basis. The Y moved to take control of the 400 square metre, fully functional, purpose-built gymnastics centre in 2020 after its owners decided to sell the business and equipment.

With a new gymnastics strategy in place to inform future growth opportunities, this was the first step in our aim to position YMCA Gymnastics into a more significant stream. The goal is to be recognised as the clear South Australian leader in gymnastics by 2025.



YMCA at The Valleys Lifestyle Centre

YMCA South Australia was recognised as a leader in community recreation excellence when it won the South Australia Parks and Leisure Association award for Best Region/Rural Contribution at The Valleys Lifestyle Centre. The Centre was also acknowledged as the leading YMCA managed centre in the state at the organisation's annual awards.

The awards acknowledged the effort and commitment made by local staff and volunteers across a year that was among the most challenging encountered by the leading not-for-profit.

In a further victory, the Centre's Holistic Wellness program was also named as the YMCA Program of the Year.



YMCA Plays it On

YMCA South Australia partnered with a local social enterprise called Play it On in a bid to assist disadvantaged children participate in sport through the donation of used equipment.

Used stadium equipment from St Clair Recreation Centre was provided to kick off the YMCA's involvement in the venture, along with the set-up of a permanent collection box for public donations of used and new sporting items and apparel.

The aim is for the used items to remain in use rather than be discarded, thereby assisting children from families that are financially challenged, to participate in their chosen sport.

Financial Report

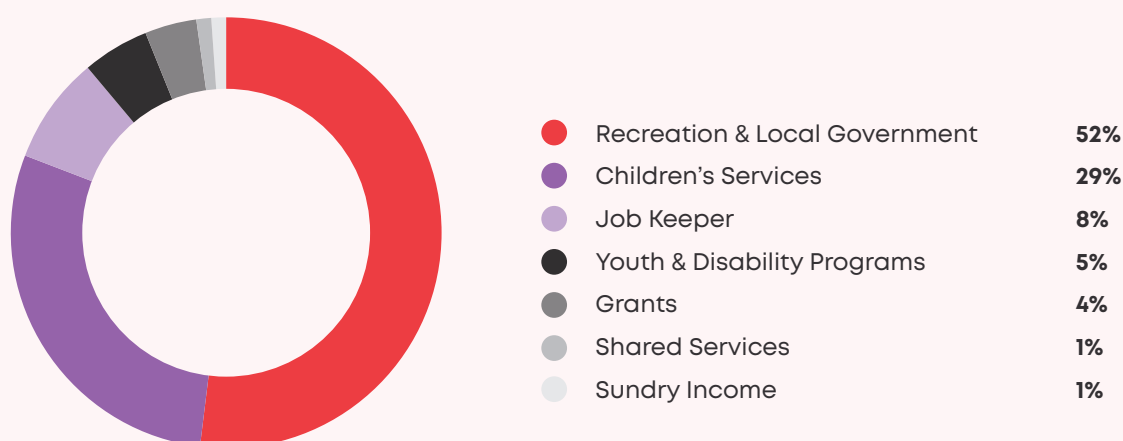
THE FINANCIAL YEAR ENDING 30 JUNE 2021
RETURNED A COMBINED SURPLUS OF **\$1,770,520**

Our Entities	Net Income
The Young Men's Christian Association of South Australia Inc.	\$1,574,517
YMCA South Australia Youth and Family Services Inc.	\$196,003

Consolidated Results	2019 / 2020
Total Revenue	\$23,183,806
Total Expense	\$21,413,286
Total Surplus	\$1,770,520

Balance Sheet	Combined
Current Assets	\$6,164,563
Non-Current Assets	\$1,503,668
Total Assets	\$7,668,231
Current Liabilities	\$4,736,496
Non-Current Liabilities	\$1,110,887
Total Liabilities	\$5,847,383
Net Assets	\$1,820,848

INCOME



Thank You

YMCA South Australia could not do the work it does without support from generous contributors in the community. We would like to recognise and thank all those listed here for their support this year.

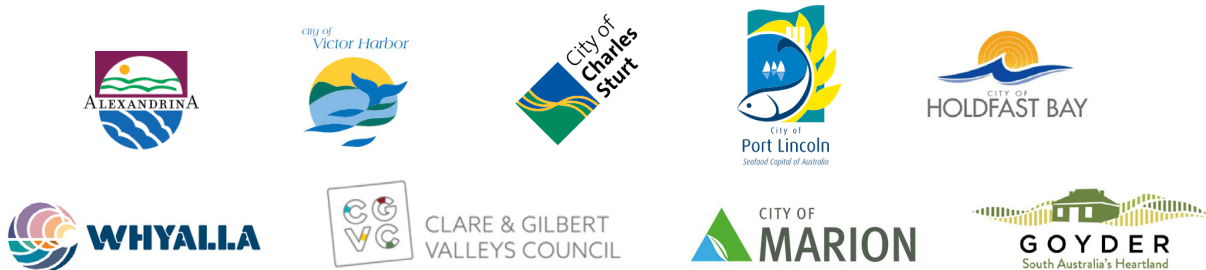
GRANTS

- Law Foundation of South Australia
- Electoral Commission of South Australia
- State Government – Dept of Human Services
- State Government – Office of Recreation & Sport
- Australian Government – Dept of Health
- Australian Government – Dept of Social Services
- National Disability Insurance Scheme

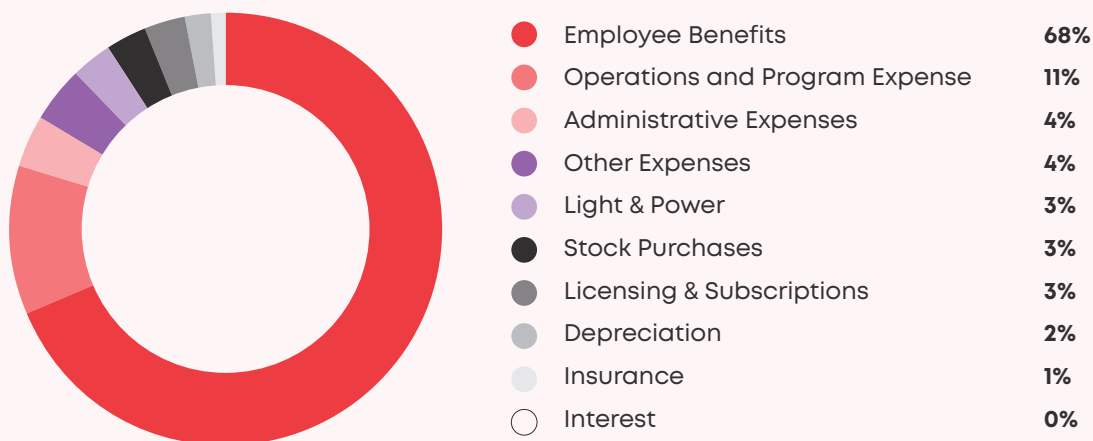
GOVERNMENT & INDUSTRY



LOCAL GOVERNMENT PARTNERS



EXPENSES



YMCA SOUTH AUSTRALIA

Level 10, 44 Waymouth Street
Adelaide SA 5000

p 08 8200 2500

e southaustralia@ymca.org.au

f [/ymcasa](https://www.facebook.com/ymcasa)

sa.ymca.org.au