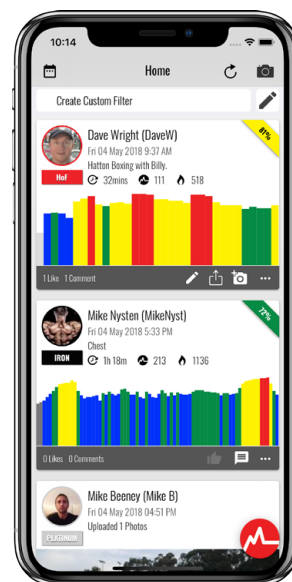
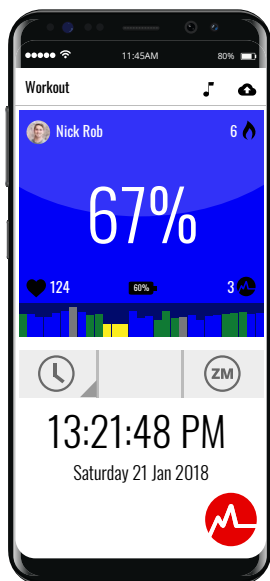


TILE BASED NAVIGATION

The grid based tile navigation is the main screen of the Myzone app that lets you navigate through various features and aspects of the app. The tile structure is a simple and easy-to-understand facet, specially designed for a quick go-through to your needs before and after working out.



DID YOU KNOW
You can now listen to your favorite songs within your Myzone app while working out.

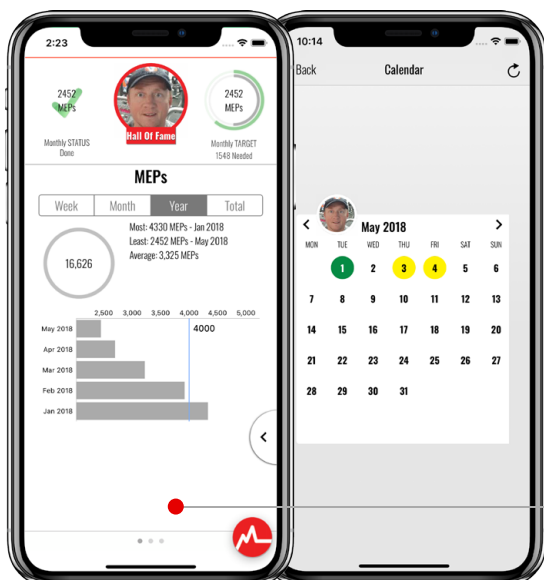


LIVE WORKOUT STATS

View your live effort on your smartphone using the bluetooth connectivity of the MZ-3 or MZ-1 belt. Your live tile displays your nickname, calories burnt, heart rate in beats per minute, MEP earnings, and at the center is your percentage of maximum effort. In the gym or on the go, your accurate effort readings are right at your fingertips.

WORKOUT FEED

View your most recent workout, MEP count, KCal count, average effort percentage and personal goals on your homepage feed. This is where you will receive a direct feed of your social connections' recent workouts. Like them and post comments to support each other along your fitness journeys!

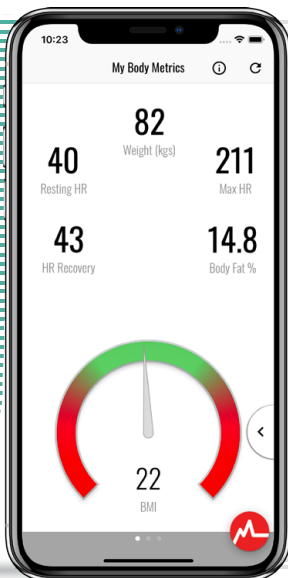


ACTIVITY CALENDAR

The activity calendar is where you can view your effort over time, as well as a minute-by-minute breakdown of your past workouts. Three years of your daily exercise data will be stored here so that you can look back to see how you've progressed.

EFFORT OVERTIME

The activity graph will show your MEPs for the week, month, year, as well as effort over time. You can see if you've hit your goals or how much work you still need to put in.

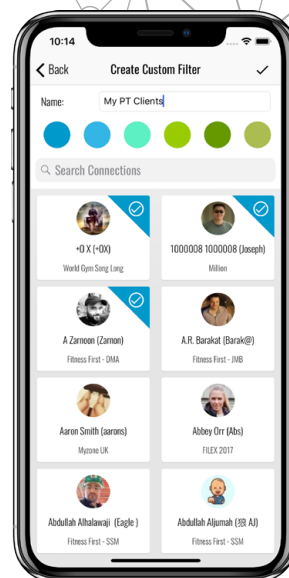
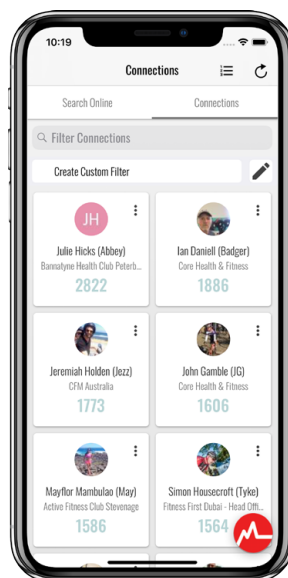


BODY METRICS

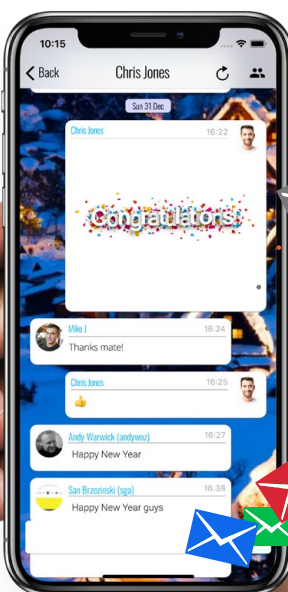
Myzone tracks your body metrics over time so you can visually see how the process of earning MEPs drives your health and fitness results.

SOCIAL PLATFORM

Stay up-to-date on how your friends are performing. The ability to add new connections straight from the app makes adding new friends and staying accountable easier than ever.

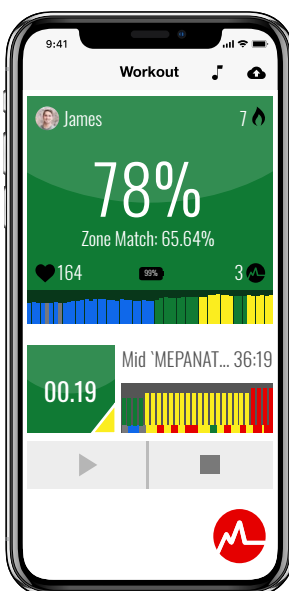


By setting colored custom filter's you can easily navigate through other social connections.



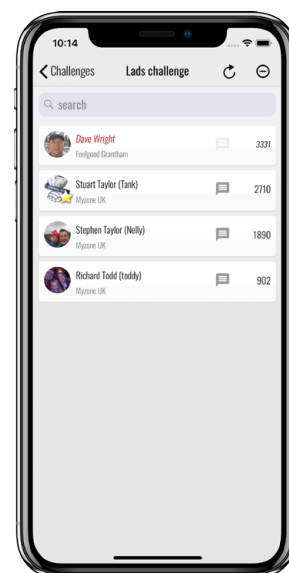
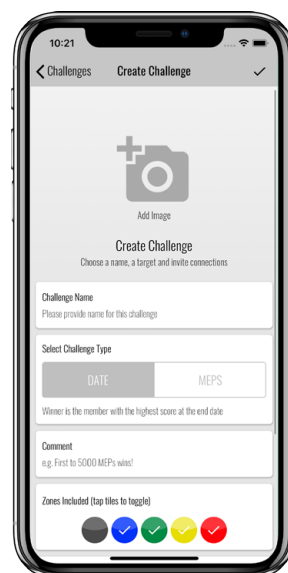
MZ-CHAT

The MZ-Chat is a key feature of the Myzone app that adds a socializing aspect to your workout where you can chat directly or in group, share and motivate your friends. MZ-Chat also allows you to share pictures and make your chat more visually engaging.



ZONE MATCH

Zone Match is a feature within the App in the Workout tile. It is selected by pressing the **ZM** symbol. Here you will find 44 different Zone Match challenges to keep your workouts fresh and engaging.



MZ-CHALLENGES

Enter into group challenges or start one of your own. Challenges and goal setting are the best ways to stay motivated while connecting and competing with friends in the gym, or around the world.

Learn more about Myzone features at myzone.org or info@myzone.org