

TECHNOGYM APP

DOWNLOAD APP AND BOOKING INSTRUCTIONS

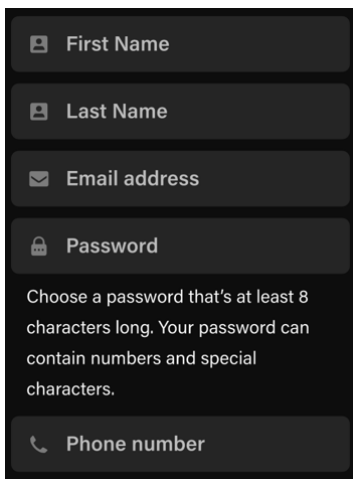
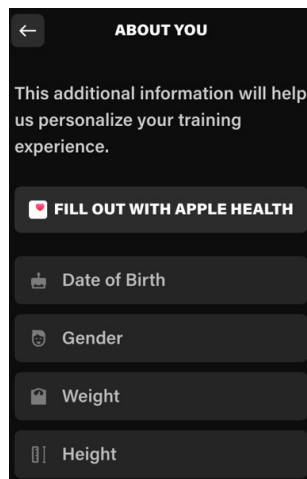
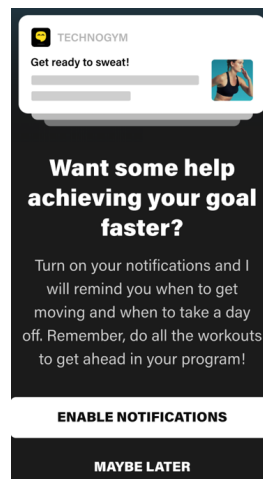
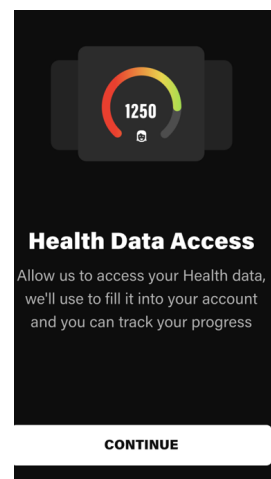
1. Download the **Technogym** app from the **Apple App Store** or **Google Play Store**.



2. Select **Create Account**.

CREATE ACCOUNT

3. Enter your information and select **Next**. Enter your details and select **Next**. You can choose to **Enable Notification** or select **Maybe Later**. At Health Data, select **Continue**.

The image shows a registration form with the following fields: First Name, Last Name, Email address, Password, and Phone number. Below the Password field, there is a note: "Choose a password that's at least 8 characters long. Your password can contain numbers and special characters." The form has a dark background with light-colored text and icons.The image shows an "ABOUT YOU" form. It starts with a back arrow and the title "ABOUT YOU". Below the title, it says: "This additional information will help us personalize your training experience." There is a button labeled "FILL OUT WITH APPLE HEALTH". Below this, there are fields for Date of Birth, Gender, Weight, and Height. The form has a dark background with light-colored text and icons.The image shows a notification screen. At the top, it says "TECHNOGYM" and "Get ready to sweat!". Below this, there is a progress bar and a small image of a person working out. The main text says: "Want some help achieving your goal faster?". Below this, it says: "Turn on your notifications and I will remind you when to get moving and when to take a day off. Remember, do all the workouts to get ahead in your program!". At the bottom, there are two buttons: "ENABLE NOTIFICATIONS" and "MAYBE LATER". The screen has a dark background with light-colored text and icons.The image shows a "Health Data Access" screen. At the top, there is a circular progress indicator with the number "1250" and a small icon of a person. Below this, the title "Health Data Access" is displayed. The main text says: "Allow us to access your Health data, we'll use to fill it into your account and you can track your progress". At the bottom, there is a button labeled "CONTINUE". The screen has a dark background with light-colored text and icons.

4. Select profile icon (top right). Scroll down and select **Your Facilities**. Then select the plus (+) button (top right), then select the keyboard icon on the bottom right.



5. Enter access code for relevant program, Strength for Life: **ac2308400** or Holdfast Pilates: **ac2022816**. Then scroll down, select **Required** and **Join Facility**.

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Enter your facility's code

Start accessing your facility's content and services

Insert code

Ask your facility for the code if you don't know it

51 King George Avenue

Having read and understood the Privacy Policy and having accepted the Terms and Conditions

I hereby consent to the use of my data concerning health for the purposes of delivering the Service

REQUIRED ☒

By continuing, you accept that your data will be shared with HOLDFAST STRENGTH FOR LIFE

JOIN FACILITY

6. Select **Classes**. Select your desired date and class time and select **Book**.

Classes

2

Start time

Trainer

MON	TUE	WED	THU	FRI	SAT	SUN
21	22	23	24	25	26	27

BOOK

7. You can choose to purchase a single classes or packs, or use your existing passes, then select **Confirm Booking**.

←

OUR SERVICES

It seems that you do not have any packages or subscriptions to book this class. Purchase one now.

PACKAGES

STRENGTH FOR LIFE 10 CLASS PACK
10 Classes
\$108.00

STRENGTH FOR LIFE 1 CLASS
1 Class
\$12.00

LUNGS IN ACTION 10 CLASS PACK
10 Classes
\$108.00

LUNGS IN ACTION 1 CLASS
1 Class
\$12.00

Use 1 Class

CONFIRM BOOKING

If you need additional support, please feel free to contact customer service. A